

# METAMORPHOSIS

Vol.1, No.6 "THE NEWSLETTER EXCLUSIVELY FOR F-M MEN" December 1982

## METAMORPHOSIS MEDICAL RESEARCH FOUNDATION

(For Gender-Dysphoric And Genitally-Deficient Men)

After operating METAMORPHOSIS: Gender Counselling--Educational Services as a business concern for one year (1982-1983), its Director, Rupert Raj, has decided to alter its status to a nonprofit corporation and to change its name to the one above. The legal documents for its incorporation have been filed with the Ontario Ministry of Consumer and Commercial Relations, Toronto, Canada, as of Dec. 6, 1982. The entire process takes 6 to 8 weeks. So, the completed incorporation will be somewhere between Jan. 17 to Jan. 31, 1983.

The Foundation officers are: Rupert Raj, President; Eric Bishop, Secretary; Francis Wong, Treasurer. Several health care professionals have already joined our Board of Advisors. We now need Area Reps.

The Foundation's aims and objectives (in brief) are as follows:

- \*Counselling: F-M members, families
- \*Education: Professionals, laymen
- \*Research: Phalloplasty, Prosthesis
- \*Peer-Support: F-M members
- \*Support/Co-operation: gender clinics, prof. assoc., TS organs.

Membership is open to pre- and post operative female-to-male transsexuals, genetic males with genital deficiencies, their families, professionals, students, interested others. Membership dues and benefits are listed in the ad on p. 8. Support the Foundation--join today!

## Calendar Notes (1982)

The following list comprises the activities undertaken throughout the past year (1982) by METAMORPHOSIS Director, Rupert Raj.

- April 3: visit with Kathy Johnson (pre-op M-F inmate/METAMORPHOSIS Newsletter cartoonist) in federal penitentiary, Millhaven, Ont.
- June 12-June 27: trip to NYC--to visit F-M client & wife, and to Baltimore--to visit F-M friend and to confer with Dr. John Money at Johns Hopkins Hospital.
- Sept. 17-19: visit/conference with Susan Huxford, Exec. Sec. of Foundation For Advancement Of Canadian Transsexuals, in Hamilton, Ontario.
- Oct. 8: guest-host of FACT pot-luck rap-social in Toronto, Ont.
- Oct. 9: consultation with 2 Toronto playwrights on (F-M) TSism for info' for forthcoming musical comedy-drama on TSs.
- Oct. 21: guest-appearance on live TV program: TEMPO ONTARIO, CKCO, Kitchener, Ontario.
- Nov. 17: talk on (F-M) TSism to classmates in Christopher Leadership Course in Toronto; distribution of articles on F-M TSism to same.
- Jan.-Dec.: editing/publication of METAMORPHOSIS Newsletter (6 issues); counselling 21 TSs (18 F-Ms, 3M-Fs); research on phalloplasty & penile prostheses, etc.

## MY MASCULINITY

To me, looking upon recognized manhood is like looking upon a valuable prize. To the average male reading this, it would probably seem to him as if I am making a mountain out of a molehill. But that is because when anyone has something--is born with it--is used to it and regards it as common, they take it for granted. The average man takes masculinity for granted. I am a female-to-male man; a transsexual man, and a transsexual man is not an average man. He is exceptional. Extraordinary. (That is the light in which we should see ourselves, instead of as freaks or biological mistakes. Negativity is an evil thing).

Being transsexual for me has been like a prism...there are so many various aspects to live. I am a proud man. But even proud men have been broken and there have been times when I thought I would be. But I believe the true transsexual f-m man will never be completely broken because the goal of living their lives as total men is forever with them, as persistently as the very blood running through their veins...to pursue the physical maleness that matches the mental and emotional is inevitable...is essential.

I am unlucky in the aspect that I have a family who is determined to alienate themselves from me (so as to punish me into reverting from my "evil ways" of supposed homosexuality). I personally have nothing against homosexuality--to me, it is yet another way of loving, but I myself, for the most part, am not homosexual. I do not like my circumstances being misconstrued by my family into what it's really not. The fact that they dismiss my need to uncover my masculine self--which hides beneath this camouflage exterior--as an absurdity--ehrases me and saddens me at the same time.

I am lucky in the aspect that I have someone in my life who is behind me a hundred percent. Someone who loves me and shows me--a woman whom, someday, I intend to make my wife. I am also lucky to have beautiful friends who are caring and understanding...people who are like priceless gifts in this unique celebration of life.

I enjoy being a man. It is marvelous. I like working up a sweat--lifting weights, jogging, beating on a punching bag. I enjoy simple pleasures, like shaving, with the soft and lazy sound of jazz in the distance. I like the feel of my brush so close to my scalp while I brush my wavy hair (after so long having to wear "pny tails" as a child!) I enjoy sitting around my home in briefs, a T-shirt and a robe, smoking my pipe and reading GQ or THE TIMES DISPATCH. I like the feel of hard muscle where there used to be soft flesh, and the sight of hair where there once was a bare upper lip...and I like my woman's hands massaging the tension from my back and shoulders. I like talking with the guys about the superbowl and the pool game that was lost yesterday and the car's carburetor, and I like the sound of my masculine voice.

I love the feelings that only a man can have...special feelings of masculinity for an f-m man.

--Khalil [redacted] transsexual man



## STEVE DAIN, M.A.

THERAPIST, CONSULTANT, SEXOLOGIST

EXPRESSION OF SEXUALITY  
GENDER IDENTITY

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Santa Ana, California 92706

(714) [REDACTED] / (714) [REDACTED]

TRANSITION MIDWEST (a nonprofit organization) c/o Theodore Friedman, Ph.D., [REDACTED], Lisle, Illinois 60532, is offering: Gender Issues Newsletter (quarterly) for \$12.50 per year. A packet of information about gender related issues is available for \$5.00.

THE TRANSSEXUAL VOICE--A NEWSLETTER WRITTEN BY AND ABOUT TRANSSEXUALS (CONTAINS ADS) \$2 PER COPY; \$12 PER YEAR. PAYABLE TO: PHOEBE [REDACTED] [REDACTED] [REDACTED] HAPEVILLE, GEORGIA, UNITED STATES 30354.

### Bi-News For Today

There is a magazine designed specifically by and for Female-to-Male Transsexuals which is published in Canada; it is available in the U.S.A. by subscription; the name of the magazine is *Metamorphosis*, and the cost of subscription is \$15.00 (U.S.A.) per year; if you are interested, write to *Metamorphosis*, P. O. Box 5963, Station A, Toronto, Ontario, Canada M5W 1P4, and enclose a check or money order.



## DEAR RUPERT

I find it a real comfort to know that a newsletter such as yours exists. Keep up the spirit.

Thank you very much for the information on "passing". It was just what I was looking for. The other articles you enclosed are also greatly appreciated, in particular the article entitled "Information On Transsexualism"\*. Although my parents are aware of my feelings and support me a hundred percent in my attempt to have a sex change operation, my brother and sister (and other relatives and friends) are not aware of the problem. My reason for not telling them was simply my ineptness with the English language. You manage to put many of the feelings I would try to express to them in a very succinct fashion. Therefore you've solved one of my greater problems. Thank you very much.

I do have some information on where to purchase men's small/narrow size shoes--any Army Surplus Store or Regular Forces Canex or Clothing Store. They carry men's black dress shoes, work boots, overshoes and overboots. They are good quality, good looking, inexpensive shoes. I have small wide feet (size 5EEE) and found the Canadian Armed Forces the only ones that made shoes that fit. As for shirt sizes, I found although most manufacturers make men's size 13-13½ (neck) few stores stock them; however, Eaton's or Simpson's should order them if so requested (at least on the East Coast).

--John [REDACTED] Nova Scotia

(\*This excellent article was written in May 1977 by Gillian Cox, then Director of Transformation--now defunct--in Levin, New Zealand; revised by myself for the North American reader; and used with her permission. The subtitle is: "FOR THE FEMALE-TO-MALE TRANSSEXUAL AND FAMILY AND FRIENDS"--Ed.).

(cont'd. on p.4)

## PASSING IN PUBLIC

(FEMALES-TO-MALES)

- 1) Wear clothing (suits, etc.) tailored to size; don't wear too large a size.
- 2) Don't wear your hair too short (you will look too young) or too long (you will look feminine or gay); comb your hair alongside your ears to resemble sideburns.
- 3) Shave your face daily to induce coarser, thicker beard growth.
- 4) If pre-op (with breasts) wear a home-made breast binder or a man's rib supporter (sold in pharmacies).
- 5) If pre-op (without a penis) wear a padded jock-strap (BULGER UNDERGEAR --see METAMORPHOSIS Vol.1, No.1, P. 6 for ad) or pin a rolled-up sock or a foam rubber neck brace inside your athletic supporter or directly inside your briefs for the male bulge.
- 6) If short, walk tall, hold your head up high and look 'em in the eye; remember: many oriental and occidental men are short; physical stature is not the true measure of a man.
- 7) If your voice is feminine, practice daily speaking and singing into a tape recorder, before a mirror, and listen carefully to the play back, and adjust your voice accordingly.
- 8) Wear a little good-quality jewelry: a gold watch or a diamond stick-pin.
- 9) Don't act "butch", "dykey" or "macho"; don't swagger, spit or swear (at least in mixed company!) Be a gentleman with the ladies and one of the guys with the "boys".

The key to "passing in public" is: think positively, project a confident image of yourself as a man. Think, feel, act, and be the person you know yourself to be--the person you wish the public to see, to acknowledge, and to accept. Don't fret or fuss, just be YOU.

Copyright 1982 by Rupert Raj (first published in THE TRANSSEXUAL VOICE, April 1982)

DEAR RUPERT (cont'd. from p.3)

Thank you for your helpful and informative newsletter and your genuine concern as a fellow-sufferer of this affliction.

And, thank you for your prompt reply to my recent letter of request for information on the Urinary Assist Device. I have received the information from Gateway Gender Alliance and have constructed one. I was all prepared for it not to work but it worked great the first time and will be extremely helpful. I thank the Lord for breaking this major (to me anyway) barrier.

As to the success of my phalloplasty, it is pretty much what I expected--a little better than a pair of socks pinned to my shorts. I have to use hair remover to keep the inside free of hair. It is too high and club-shaped so it needs more work which isn't cheap so it will be awhile before I can afford it. I plan to get the testes implant at the same time. With the U.A.D. I probably won't get a urinary hook-up until and if the procedure can be improved. As for sexual intercourse--I haven't had the opportunity and need a stiffening device. Do you know where I can get such a device or instructions to make one?\*

By the way, I am a born-again Christian and would like to fellowship with other Christian TSs. Is it possible to have an ad in your next issue? "I will talk to my brothers about God our Father and together we will sing him praises!" (Hebrews2:12).

God bless you in your effort to help your brothers.

--J.B., California

(\*GGA sells a reprint of their article: MAKING AND MAINTAINING A BACULUM for \$3--see ad on p.5.-Ed.)

(cont'd. on p.5)

# Gender Serve

COUNSELLING, EDUCATIONAL  
AND RESEARCH SERVICES

Susan C. Huxford, B.A., B.Ed.  
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For information, write to:  
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Telephone:  
(416) [REDACTED]

## REPRINT ARTICLES AVAILABLE!

Reprints of the following PM-I articles are  
available at \$3.00 each or \$10.00 for the  
complete set.

How to Make and Use a Urinary Assist  
Device (UAD).

Making and Maintaining a Baculum.

Male Hormones (includes how to properly  
give yourself injections).

Female-to-male Surgery.

To: Gateway Gender Alliance  
POB 62283, Sunnyvale, CA 94088.

UAD Article.  Male Hormones  
 FTM Surgery  Baculum  
 Complete Set

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP \_\_\_\_\_

coupon void after 12-31-82

DEAR RUPERT (cont'd. from p.4)

Your excellent publications have  
been received. I will alert all F-  
Ms I know of that they might bene-  
fit from subscribing to METAMORPHO-  
SIS.

I am enclosing copies of our GENDER  
ISSUES NEWSLETTER and our packet  
of gender-related information.

We are a very small operation in a  
large metropolitan area. There is  
presently no identity clinic here  
and getting any information to  
potential clients and the general  
public is very hard due to our  
lack of funding. We hope to gain  
more solid ground through better  
distribution of our newsletter and  
then eventually grow into more  
encompassing services.

Thank you for your interest in our  
organization. We welcome any com-  
ments or criticisms on our publi-  
cations and look forward to hear-  
ing from you again.

--Theodore I. Friedman, Ph.D.,  
Director, TRANSITION MIDWEST

Thanks for sending the leaflet on  
METAMORPHOSIS. I think I'll send  
the address to a few people I know.  
Perhaps they will want to subscribe  
too. I think your new paper is su-  
perb although I am rather late in  
subscribing; enclosed is a check  
for \$12. I also would enjoy receiv-  
ing any issues of the paper that I  
have missed. I do think it's a  
great idea for us. I'm impressed  
with it and what it stands for so  
I'll support the trend.

A good book I've read is THE WELL  
OF LONELINESS by Radclyffe Hall.  
The cover says it is lesbian por-  
trayed but it is no doubt transsex-  
ual.\*It is sad and beautiful too.  
This female was a transsexual long  
before its time. It is a greatly  
written book and I strongly urge  
all people like us to invest some  
time in reading it.\*\*

(\*Indubitably! \*\*Highly recommended!)

(cont'd. on p.6)

## IN THE NEWS...

'HUSBAND' A WOMAN; MARRIAGE ANNULLED, Kitchener-Waterloo Record, 19-79. (Memphis, Tenn.). A 19-year-old F-M husband (on male hormones) was sued by his 17-year-old wife for annulment because she testified that he turned out to be a woman.

SUCCESS CLAIMED IN PENIS SURGERY, source/date unknown. (Los Angeles, CA). Dr. Alexander Vargas, assistant professor of urology at County-USC Medical Center, reattached the severed penis (cut off and flushed down the toilet by the boy's father and later recovered from the sewer, contaminated) of an 8-year-old boy.

NEW FINDINGS ON IMPOTENCE, Times Herald Record, February 16, 1982. (Middletown, NY). A diagram and discussion of the Small-Carrion and the Scott-Bradley inflatable penile prostheses.

HORMONAL DRUG OKAYED FOR INFERTILE MEN, New York Times News Service, February 16, 1982. PERGONAL (hormonal drug, human menopausal gonadotropins) manufactured by Serono Laboratories in Braintree, Mass., is effective in treating men suffering from a pituitary deficiency that prevents them from fathering children.

THE VITTITOW TWINS FACE THE TAUNTS AND TRAUMA OF A SEX CHANGE TO BECOME MALES (MEDICS), People Magazine, May 1982. The life stories of 25-year-old, F-M twins, Marcus and Michael, both nursing home workers.

MAN GIVES BIRTH TO A BABY, National Enquirer, June 29, 1982. The story of Jason Cope, a F-M warehouse worker, who bore his gay male lover (Myles Swain)'s baby daughter before the final procedure in his sex-change made motherhood impossible.

NEW PENIS FOR BOY: Skin From Stomach And Foot, Toronto Sun, June 11, 1982 (Norfolk, Va.). Dr. Charles Horton and Dr. Charles Devine, at Eastern Virginia Medical School, used skin..

(cont'd. on p.7)

DEAR RUPERT (cont'd. from p.5)

I'm just starting to save up money for my phalloplasty. I know it is rough in this day and age to pay for surgery yourself but I just don't feel complete without it. From everything Dr. Hartwell stated some of the work can be done on an out-patient basis once the construction is final. Seems that since there is so little feeling in it anyway, that's how some of the work can be done without the aid of the hospital. And in the long run, it saves the patient a bundle of money too! Now just to get the dollars. Have you decided what clinic you are going to for your penile surgery or are you still waiting for awhile?\*\*\*

I enjoy hearing from you and want to keep in touch too. There actually isn't many of us around you know. I think sometimes that we are just like a species that becomes extinct at some time in life. I will try to phone you perhaps this weekend.

--Jo [redacted] Ohio

(\*\*\*I'm planning to speak with Dr. Lindsay, a plastic surgeon here in Toronto, about the possibility of performing the phalloplasty for me.)

I was fortunate enough to see your introductory issue of METAMORPHOSIS. I am enclosing \$10 for the 5 remaining issues. Currently, I'm in the process of saving the needed bucks for my own sex-change surgery, and know your newsletter will keep my spirits up until my time comes.

--Reid [redacted] Indiana


I am enclosing \$12 for a subscription to METAMORPHOSIS as well as several articles of interest. Please do not hesitate to contact me if I can be of any possible service to you in any way. Thanks.\*

--Steve Dain, M.A., Union City, CA

(\*Many thanks for your submissions).

MAILED  
23110

**A HANDBOOK FOR TRANSEXUALS**,  
by Paula [redacted] 70 pp., published  
privately. This book is the blueprint!  
Eight years in the making. Tells what  
to do, how, why, where, and even  
whom! An absolute must for all who  
contemplate a sex-reassignment.  
\$5.95 ppd., [redacted]  
[redacted] Plainfield, N. J. 07060.



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International support organization  
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transsexual and crossdresser

PO Box 62283 (408) [redacted]  
Sunnyvale, CA 94088 (6 pm to 12 pm PST)

**WANTED!!!**

Poems, limericks, free verse on  
themes related to: transsexualism,  
transvestism, and androgyny for  
inclusion in forthcoming book: AN  
ANTHOLOGY OF TS, TV, AND ANDROGY-  
NOUS VERSE. Send submissions to:  
Rupert Raj, METAMORPHOSIS, P.O.  
Box 5963, Station A, Toronto,  
Ontario, Canada M5W 1P4.

**ACLU TRANSEXUAL RIGHTS COMMITTEE**  
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633 South Shatto Place  
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Membership: \$20 per year. Limited  
Income Membership: \$5 per year.

**IN THE NEWS (cont'd. from p.6)**  
from an 11-year-old Argentine boy  
(Claudio [redacted])'s abdomen and  
foot to fashion a new penis to re-  
place the one that was torn away  
under a truck tire rim. Doctors  
believe the boy could lead a near-  
normal sex life but they will not  
know how much sexual response he  
will have for 6 to 12 months.

**SEX CHANGE COP SUING OVER OUSTER**,  
New York Post, August 28, 1982.  
(Orlando, Fla.). Scott [redacted],  
a former policewoman who underwent  
a sex change to become a man, filed  
a \$100,000 federal discrimination  
suit against the city of Cocoa, Fla.  
claiming he was fired after offici-  
als learned of the impending surgery.

**SEX CHANGE CON MUST STAY IN SLAMMER**,  
Toronto Sun, November 26, 1982.  
(Miami, Fla.). Robert [redacted], a  
female prisoner who has undergone  
partial sex-change surgery has been  
ordered by U.S. District Judge James  
Kehoe, to remain at a federal pri-  
son in Lexington, Ky., where she  
contends other female inmates have  
harrassed her. She was convicted of  
selling 200,000 methaqualone pills,  
which, she said, was to help pay  
for the sex-change operations.

**LIVE ON TELEVISION...**

**JUDE PATTON**, Director of RENAISSANCE  
and his wife, guest-appeared with  
Dr. Alfred Koonin, a plastic surgeon  
who performs transsexual surgery,  
on the program, HUMAN SEXUALITY,  
on Cable Health Network, on August  
18, 1982. Jude related his own life  
story and answered questions about  
their sex life--before and after.

**RUPERT RAJ**, Director of METAMORPHO-  
SIS, guest-appeared with Susan Hux-  
ford, Executive Secretary of FACT  
and Dr. Kenuckchuck, a plastic sur-  
geon who performs phalloplasty, on  
the program, TEMPO ONTARIO, CKCO-TV,  
Channel 13, on October 21, 1982.  
Rupert and Susan spoke about their  
respective sex reassignments. View-  
ers telephoned in their questions.

# New Newsletter

The Foundation Newsletter for 1983 will be expanded to 10 pages and will cost \$15 per year (free to paid-up members). There will be 6 issues: February, April, June, August, October and December. Such columns as the following will be featured: Dear Rupert, Personal Profiles, Original and Research Articles, Book/Film Reviews, Poems, Cartoons, Bibliographies, Personal and Commercial Ads, as well as these new columns: Consumer Review, Upcoming Events, Question of the Month, and Problems. Please support the newsletter by renewing your subscription and please participate by sending in your submissions for publication. Advertisers please note new ad rates for 1983. Reciprocal advertising is requested.

Next issue:- "MY MALE METAMORPHOSIS"  
(Rupert Raj's lifestory)  
-TWO PENILE SURGERIES

## Thank You!

Appreciative acknowledgements to the following readers/subscribers for their submissions (most of which were published in the newsletter): J.B. (CA), Jeremy [redacted], Erik [redacted], John [redacted], Jo A. [redacted], Dr. Reed Erickson, Reid [redacted], Dr. Theodore I. Friedman, Nicholas C. Ghosh, Paula [redacted], Kathy A. Johnson, Khalil [redacted], Ariadne [redacted], David and Maura [redacted], Dr. Leslie M. Lothstein, Miki [redacted], David [redacted], Jude Patton, Louis Sullivan, Emmon [redacted], and, especially to: Steve Dain, Dr. John Money, and Dr. Leo Wollman--for the various/numerous newspaper/magazine articles and research papers they have submitted. Thanks also to our advertisers. And, last but not least, grateful thanks to our subscribers.

\*\*\*\*\*  
\*SEASON'S GREETINGS TO ONE AND ALL!\*  
\*PEACE AND PROSPERITY FOR 1983!\*  
\*SEE YOU ALL AGAIN NEXT YEAR!\*  
\*\*\*\*\*

## METAMORPHOSIS MEDICAL RESEARCH FOUNDATION

(For Gender-Dysphoric And  
Genitally-Deficient Men)

### ANNUAL MEMBERSHIP

Regular: \$25                  Couple: \$40  
Supporting: \$100              Life: \$500

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- . . . . .
- +Crisis Telephone Line
- +Temporary Telephone Line
- (+future possibilities)

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\$15 per year (6 issues)

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Personals: \$3    Business Cards: \$5  
Quarter Page: \$10    Half Page: \$20  
Full Page: \$40    Camera-ready Copy

METAMORPHOSIS MEDICAL RESEARCH  
FOUNDATION, P.O. Box 5963, Station  
A, Toronto, Ontario, Canada M5W1P4  
(Founding President: Rupert Raj)