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TRACEY'S POISON BREW, BY A QC

● SEX-CHANGE seaman Tracey Stamp cooked up a witch's brew to poison her lover, a court heard yesterday.

● Stamp, a friend of nude round-the-world sailor Rosie Swale, boiled up laburnum seeds, muttering: "Hubble, bubbly, toil and trouble," Winchester Crown Court was told.

● Keith Vincent, Stamp's boyfriend, was violently ill after his food was laced with the brew, said prosecutor Roger Titheridge, QC.

● After Stamp moved out to live with Rosie, Mr Vincent's stomach pains stopped, the cour heard.

Stamp, 45, of Penffordd, Dyfed, South Wales, denies trying to injure Mr Vincent, 36.

The case continues.

Tracey Stamp . . . she denies poisoning