

metamorphosis magazine

Vol. 6, No. 4 *THE INT'L MAGAZINE OF TRANSSEXUALISM* July-August 1987

Feature Article:

SEXUAL DESTINIES (Biological
Basis For Homosexuality?)

Special Bonus:

GENDER IDENTITY CLINIC
(Toronto, Canada)

Patient Perspective:

PHALLOPLASTY (Sequel 1)

Personal Profile:

THE REAL ME

Rupert's Check Lists:

COMMUNITY INVOLVEMENT
PHALLOPLASTY

Book Review:

A BIOGRAPHY OF JACK BEE
GARLAND (A.K.A. BABE BEAN)

MOTTO: "When the going gets tough, the tough get going."

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significant others, helping professionals and para-professionals.

Editorial Policy: Other publications may reprint material provid-
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containing the reprinted material is submitted to the Editor.

RUPERT RAPS...



Happy days are here again, gang.

July 4 was a great day for us as it marks the turning point in the history of our organization - and is the dawn of a new beginning for the Metamorphosis Foundation. For, on that memorable day, we welcomed our "sisters" into our fold. Now, we can truly start to grow and in time, become one of the strongest, most far-reaching and longest-enduring TS facilities ever - we are already one of the more widely-known and well-respected services, not only in North America, but in several other countries as well. We've come a long way since our inception 6 years ago, and what's more, we've prevailed in the face of overwhelming odds (largely due to the stamina of one person) and are still intact (alive and well) today - even though many other similar groups in Canada and the U.S. have since folded or are more or less inactive. Thus, we certainly have an operation we can be justly proud of. The transition to our new direction will be completed by the start of the new year, so please bear with us till then good people.

The Editor wishes to apologize for the darkness of the last issue but our photocopier wouldn't rerun it free of charge so, we're trying a new instant printer, who'll also

do the stapling, at a lower price! I'd like to express my regrets to Merissa Sherrill Lynn for omitting the credit line to Khalil Jordache's article (in the last issue). It should read: "The TV-TS Tapestry Journal, Issue 59, 1986." Too, I'd like to thank Dr. David Gilbert et al (in the last issue) and also Dr. Betty Steiner (in this issue) for providing updates on their respective gender clinics. My thanks also go out to Ms. Ariadne Kane (in the issue before last) and to Lou Sullivan (in this issue) for letting me publish their book reviews. Finally we need 12 life stories or personal profiles (6 F-M, 6 M-F), 6+ updates on gender programs, 6+ book or film reviews, 6+ F-M poems (we already have many M-F), and 6+ cartoons for next year's magazine.

The Executive Director expresses his sincere gratitude to Pasteur Joseph Douc  - for sending a complimentary copy of his new book, LA QUESTION TRANSSEXUELLE (to be reviewed in a future issue), to Joanna Clark - for submitting her pamphlet, "TRANSEXUALISM: Identity And Identification", and to Chris Ross - for donating a filing cabinet. Of course, my especial thanks extends to our new Board of Directors and our Honorary Life Members (listed overleaf). Finally, kudos go to Karen Aldrich, Frank Ashford, Danielle Bluestone, Ren e Chevalier, Dee Dailey, Frances Dare, Kim Hellman, Michelle Hunt, Ariadne Kane, Merissa Lynn, David Maxwell, Vanassa Meriwether, Jerry & Lynn Montgomery, Steve Parent, Roger Peo, Gloria Peters, Lynn Scribner, Yvonne Sinclair, Phoebe Smith, Jana Thompson and Justina Williams for their very fine efforts (group leadership, newsletter production and/or counselling) on behalf of the transgender community. Merci.

Ciaou till the next issue comes out around mid-October. Be good...

METAMORPHOSIS FOUNDATION NOTES

May 30: Board of Directors Meeting
Tomas Remington resigned; proposed constitutional amendments and affiliation with Transition Support approved; membership benefits and non-member fee schedule discussed.

July 4: Annual General Meeting:
New directors/officers elected; 10 new honorary life memberships bestowed; proposed constitutional amendments & affiliation with Transition Support acclaimed; 1988 membership-fee increase(\$35) approved.

July 4: Board of Directors Meeting
Vice-president elected; new signing officers appointed; magazine to be published bimonthly in 1988 and contents to include M-F TSism.

July 4: Social: President Rupert Raj hosted mixed rap-social for 17 members & guests at his apartment.

July 13: Newsletter: Facilitator Rupert Raj reproduced & posted Issue #6 of "Transsexuals In Prison".

July 20: Applications: Applied to Ontario Ministry of Consumer & Commercial Relations to change name to "Metamorphosis Foundation"; applied to Revenue Canada Taxation for registration as a charity.

HONORARY LIFE MEMBERS

Dr. Harry Benjamin (died 1986)
Joan M. Bridgman
Joanna M. Clark
Judith V. Cousins
Pasteur Joseph Douc e
Dr. Roberto Farina
Susan C. Huxford
Canon Clinton R. Jones
Dr. John Money
Jude F. Patton
Louis G. Sullivan
Strathie (surname withheld)
Dr. Leo Wollman

NEW BOARD OF DIRECTORS

Rupert Raj (President/Exec. Dir.)
Connie Radbone (Vice-Pres./Chair)
Chris Ross (Treasurer)
Judy Dupuis (Recording Secretary)
Patricia Fisher
Micheline Johnson

[The Board of Professional Consultants will be listed next issue.]

BALANCE SHEET (Jan.1-Dec.31, 1986)

INCOME:

Balance Forward:	\$ 681.02
Memberships:	1287.99
Subscriptions:	326.22
Sample/Back Issues:	69.61
TSs In Prison News:	100.77
Advertising:	34.90
Contributions -	
-General Fund:	81.22
-Computer Fund:	582.08
AGM/Convention:	277.10
Books -	
-Uninvited Dilemma:	869.74
-Info' For F-M TS:	24.74
Bank Interest:	52.63
Bank Credit Memo:	24.37
Miscellaneous:	12.73
Total:	\$4413.99

EXPENDITURE:

Post Box Rental:	\$ 25.44
Postage:	425.71
Photocopying -	
-Magazine:	292.79
-TSs In Prison News:	80.17
-Miscellaneous:	102.94
Office Supplies:	357.74
Telephone:	230.21
Personal Computer:	732.45
AGM/Convention:	428.34
Books -	
-Uninvited Dilemma:	501.79
-Info' For F-M TS:	50.40
Petty Cash:	1.20
Bank Debit Memo:	16.83
Total:	3246.05
Credit Balance:	\$1167.94

COMMUNITY INVOLVEMENT-Things To Do

Here are some suggested strategies for getting actively involved in the TS community without sacrificing one's identity or anonymity.

- *Firstly, get a post office box and perhaps an unlisted number; use discretion when giving out your home/work address/number; use an alias, first name only or be anonymous when writing, calling, etc.
- *Be a "Big Brother" or "Big Sister" to other TSs through correspondence, telephone, or face-to-face peer-support, dressing/makeup sessions, shopping trips, hospital visits.
- *Be a TS Peer-Counselor (beyond a peer-supporter) - but only if your altruistic outweigh your ulterior motives, and only after being screened and trained by a professional therapist or a credible peer-counselor in the field.
- *Be a Leader or Committee Member of a TS support group - but only if your concern for the welfare of the membership overshadows any political ambitions or personal conflicts, and be careful not to over-commit yourself or you will "burn-out" very quickly.
- *Be a Member or Supporter of a TS group or service organization - attend the meetings regularly, vote for the officers of your choice, communicate with your Executive, give your input into the proposed programs, promote your group/organization to others and pay your dues on time.
- *Be an Editor of a TS newsletter or magazine - but only if you are willing to give your readership equal space, you are going to check the facts first and you are able to meet regular deadlines.
- *Be a Subscriber to (inter)national publications like: "Metamorphosis Magazine", "The Transsexual Voice", "SHAFT Newsletter" (all exclusively TS) and "The TV-TS Tapestry".
- *Be a Contributor to TS magazines/newsletters (eg. news items, life stories, surgical reports, poems, articles, letters, book reviews, personal experiences, problems).
- *Be a Contributor to TS groups and organizations (eg. newsclippings, magazine articles, journal papers, audio/video tapes, medical/psychological/legal/related referrals).
- *Be a Reader, Buyer & Promoter of TS books - especially those written for the "significant other" and the lay public (eg. "The Uninvited Dilemma") and also, sub-specialty books (eg. "Info' for the F-M TS", "An Anthology of TS & TV Verse").
- *Be a Researcher, Research Assistant or Participant in TS studies involving survey questionnaires or interviews - especially follow-up information on psychological, sociological, hormonal, surgical, sexual and relationship aspects).
- *Be an Educator in the TS phenomenon - teach the lay public and the professional community, by means of television, radio and newspaper outreach, and workshops, seminars and presentations at universities, colleges, hospitals and clinics. (These need not necessarily be in one's own hometown for IFGE will be setting up speakers' bureaus throughout the U.S.A. and Canada).
- *Be a Lobbyist in defense of TSs' human/civil rights - by writing to politicians, civil liberties unions, human rights commissions, and also, in reaction to irresponsible journalism - by writing to newspaper/magazine reporters, editors, publishers. --Rupert Raj

EXECUTIVE DIRECTOR'S REPORT (1986)

ANNUAL GENERAL MEETING: April 26, Bond Palace Hotel, Toronto; 17 members and guests attended; special guest speakers: Dr. Lenard Hughes, Denise Hudson and Sam Wagar; trolley tour of Toronto on April 27.

BOARD OF DIRECTORS MEETINGS: held Apr. 5 and Nov. 8; meetings scheduled for June, Sept., Oct. and Dec cancelled due to lack of a quorum.

BOARD RESIGNATIONS: Susan Huxford resigned Apr. 5, John Daniel Jun. 24

NEW BOARD MEMBERS: Tomas Remington Tom Hall & Peter Allison joined Board Nov. 8.

NEW PROFESSIONAL CONSULTANTS: Prof. S.S. Ratnam M.D. (Singapore) Dr. David A Gilbert M.D. & Deborah M. Gilbert, R.N. (Norfolk, Va.), Joanna M. Clark, H.S.W. (San Juan Capistrano, Ca.), Prof. Prakash Kothari, Ph.D. (Bombay, India) and Rev. Canon Clinton R. Jones, D.D. (Hartford, Conn.).

Appointment: Rupert Raj was appointed Facilitator of "Transsexuals In Prison" newsletter by then TIP President Frank Ashford of Ohio.

AWARD: Rupert was presented "Man-Of-The-Year Award" by then Gateway Gender Alliance Windy City Chapter President Sharon Hart at May "Spring Fling" in Chicago Illinois

PROPOSALS: Rupert drafted & submitted 1 "A Preliminary Investigation Towards A Formal Proposal For A Comprehensive Program For The Rehabilitation And Social Integration Of Transsexual Inmates And Parolees" to Canadian Association Of Elizabeth Fry Societies in Ottawa; 2) grant proposal for \$1500 to Gay Community Appeal, Toronto for compilation of TS manual (rejected).

PRESENTATIONS: 1) Rupert and Susan co-sponsored workshop on TSs involved in criminal justice system for Provincial Council of Elizabeth Fry Societies of Ontario at April conference in Alliston, Ontario; 2) Rupert gave talk on highlights of his 15-year service to TS community at GGA-WCC's May "Spring Fling" in Chicago, Illinois; 3) Rupert spoke about his on-going work with TSs at FACT-Niagara's May meeting in Hamilton, Ontario.

MEDIA OUTREACH: 1) Rupert, Joanna Clark, Nancy Ledins & Tomye Kelley appeared on "Sally Jessy Raphael" (WTNH-TV) New Haven, Conn., Nov. 3; 2) Rupert and Susan were on "Lifetime" (CFTO-TV), Toronto, Nov. 6; 3) Rupert & Susan were on "Shirley" (Life Channel) Toronto, Nov. 19; 4) Rupert, Susan et al were featured in "Altered States" (Globe and Mail), Toronto, Ontario, Nov. 15.

RAP-SOCIALS: Rupert hosted socials for F-M members & mates in February & December and one for M-F members guests & professionals in November

ACCOMODATION: Rupert offered his hospitality to 3 F-M members & 3 mates and 6 M-F members/guests as houseguests on separate occasions.

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Executive Director's Report (cont)

MAGAZINE: Metamorphosis newsletter (12 pages) changed to magazine format (16 pages); Rupert produced & posted two single and one double issue of "Metamorphosis Magazine".

NEWSLETTER: Rupert reproduced and posted four issues of "Transsexuals In Prison" newsletter.

PERSONAL COMPUTER: Comterm computer (1 disk drive, IBM-compatible, 256K, \$732.45) purchased with contributions to computer fund.

PENILE PROSTHESIS: Second experimental model shipped by Dr. Gosnell Duncan & tested by Rupert (failed)

THE UNINVITED DILEMMA: Sold 40 copies and 11 Research Supplements.

BOOKS/VIDEO DONATED: "Taber's Cyclopedic Medical Dictionary" and "Campbell's Urology" (Vols. 1-3) donated by Dr. Lenard Hughes; "Legal Aspects Of Transsexualism" (Vol.1) and a videotape of several TV talk shows and a documentary on TSism donated by Joanna Clark.

CONTRIBUTIONS: Computer Fund - 25 contributions, including \$200 from "Sisters Of Perpetual Indulgence"; General Fund - 5 contributions.

MEMBERS/SUBSCRIBERS/CONTRIBUTORS: 51 members, 15 subscribers, 2 contributors = 68 financial supporters.

ANNUAL GENERAL MEETING

The fourth Annual General Meeting was held at the 519 Church St Community Centre in Toronto on July 4. Seventeen people attended from Toronto, Kitchener, Barrie, Kingston, Ottawa, Ohio and Springfield, Mass. Transcend Counseling Service Director/Professional Consultant Steve Parent and his wife were Rupert's

houseguests. Mr. Parent served on the Board as an ex-officio member. The proposed amendments to the Constitution and By-Laws were carried unanimously - thus formalizing the expansion of the Foundation's aims, membership, benefits, services and publications to include the M-F TS. The president thanks all who attended and those who submitted their postal ballots. (A social followed at Rupert's residence where his fiancée's birthday and their seven-year anniversary were celebrated).

ONE OF THE BEST TS BOOKS EVER!

We have sold 95 copies of Kim E. Stuart's THE UNINVITED DILEMMA: A Question Of Gender (\$12 U.S. paper \$20 U.S. cloth) and 21 Research Supplements (\$10.50 U.S.). Order a copy for your therapist/counsellor from: Metamorphosis, P.O. Box 5963 Station A, Toronto, Ontario M5W1P4.

A NEW NEWSLETTER FOR TS PRISONERS:

We need supporting subscribers for TRANSSEXUALS IN PRISON - an international newsletter network for imprisoned TSs. Regular subscription: \$9. Supporting subscriptions: \$18, \$27, \$36. Single issue: \$1.50 Order from: Facilitator, TIP, Box 5963, Station A, Toronto, Ontario M5W1P4.

Please complete and return outstanding research questionnaires. Ta'.

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STEPHEN E. PARENT, M.A., DIRECTOR

SEXUAL DESTINIES

[The following is a precis of an article in OMNI, April 1987. Though it speaks of homosexuality, it may have relevance to transsexualism.]

Gunter Doerner, director of the Institute of Experimental Endocrinology at Humboldt University in East Berlin, claims to have found proof that male homosexuals are born, not made. He cites maternal androgen deficiency (a lack of masculinizing hormones) during a critical period of brain development as the cause. He says this hormone imbalance results, in some cases, from stress in the pregnant mother.

Dorner claims, based on amniotic fluid samples, he can tell if the fetus is at risk for being born gay and can "correct the abnormal" condition in the uterus by injecting supplementary androgens. He says he may soon be able to turn adult gays into straights with lissuride, an experimental drug tested on rats. When injected into adult male homosexual rats, Dorner found a significant increase in malelike sexual behaviour and a significant decrease in femalelike behaviour.

To prove his theory that homosexuality is biologically controlled, Dorner cites the LH (luteinizing hormone) positive feedback effect: estrogen in a pubescent girl triggers a brain hormone called LHRH (luteinizing hormone-releasing hormone), which in turn causes the release of LH, which instructs the ovaries to begin ovulation. Both hormones can be artificially set off by an estrogen injection. When a group of gay men were tested their LH levels rose as if the estrogen was signalling a phantom ovary. Dorner contends this proves sexual orientation is decided in the womb.

Brian Gladue, assistant professor of psychology and director of the Program in Human Sexuality at North Dakota State University, is chief investigator of an American team that has confirmed Dorner's results. Gladue agrees there's a biological basis to sexual orientation but is not sure if it's prenatal hormones or something else altogether.

Dorner believes that when a male embryo is deprived of high levels of testosterone and is influenced by ovarian estrogen, the brain becomes feminized and the boy becomes homosexual and when a female embryo is exposed to high levels of testosterone, the brain becomes masculinized and the girl becomes lesbian. In one experiment he observed that in pregnant rats, stress inhibited testosterone in the male fetus and produced permanent neurochemical changes in the hypothalamus of the brain. In the female embryo, stress stimulated the adrenals to produce an overabundance of androgens.

Because stress in pregnant rats is not necessarily comparable to the human psychological experience, Dorner devised a study linking emotional strain during pregnancy with human homosexuality. He hypothesized that more gay males were born in the stressful periods of World War II than either before or after. He asked 60 gay and 40 bisexual war babies to ask their parents about stressful events during the mother's pregnancy. One third reported severe stress (23% of which was due to unwanted pregnancies) and 1/3 reported moderate stress. Among 100 straight male war babies, no severe stress was found and only 10% of the mothers had moderate strain.

Based on Dorner's theory, there should be a "gay war bubble" in all the nations affected by WW II, but no such phenomenon has been documented. In 1982, the German (cont)

Sexual Destinies (cont'd.)

Society for Sex Research in West Germany found fault with Dorner's study, stating his arguments were irrational and also condemned him for advocating "endocrinological euthanasia of homosexuality".

Undeterred, Dorner tested his stress theory on 55 lesbians and 150 straight women (though these subjects were not war babies). He collected case histories from them and concluded lesbians are born as undesired children significantly more often than heterosexual women.

Louis Gooren, a Dutch endocrinologist at the department of internal medicine at Amsterdam's Hospital of the Vrije Universiteit, has challenged Dorner's theory: His efforts to replicate Dorner's work on luteinizing hormones in gay and transsexual men has failed and his results directly contradict Dorner's, and amazingly, he did find the response in some heterosexual men. Gooren says Dorner has overlooked a key variable if differences are found in LH response among men - testicular function - but doubts there's a major difference between the testes of gay and straight men.

Gooren hypothesizes a hormone or some other substance in the testes (and not the brain itself) determines the type of LH response, and that the hypothalamus is not sex-differentiated in the human brain, but that it is in the rat.

Heino Meyer-Bahlburg, an American scientist and associate professor of clinical psychology at Columbia University College of Physicians and Surgeons in New York, proposes a resolution: He will impartially review all the raw data from the three studies (Dorner, Gooren and Gladue accept) and hopes to have some results this spring. He says

there are discrepancies as each used somewhat different procedures.

Roger Gorski, chairman of the UCLA School of Medicine's anatomy department, says there are agents other than prenatal hormones or testicular function differences that may be responsible. Still, he has observed hormonal effects on the human brain, but does not know what they mean for adult behaviour.

Dorner's critics accuse him on three counts: that he draws hasty conclusions from rat research (bypassing the traditional route of experimentation with primates), he relies on anecdotal evidence and recall, and he's politically biased against homosexuality.

It is suspected that Dorner may have begun an unethical experiment (although he denies the charge) involving a group of pregnant women whose offspring might develop homosexuality, based on his prenatal test, and giving half androgens and half nothing, then having to prove the latter produced gay offspring. John Money, director of the psychohormonal research unit at Johns Hopkins University, warns the androgens would induce deep voices and facial hair in the mothers.

June Reinisch, psychobiologist and director of the Kinsey Institute in Bloomington, Indiana, says Dorner's interpretations need to be seen in the context of his Iron Curtain political milieu, and his proposal for endocrine intervention in the womb may be a stance he assumes for complex political reasons.

Ronald Hellman, a gay psychiatrist in New York and the third researcher who replicated Dorner's results on the LH effect, says it may be a good idea for some parents to pick a straight baby over a gay one, in cases where they would have (cont)

GENDER IDENTITY CLINIC

Clarke Institute of Psychiatry
Gender Clinic, Toronto, Ontario

The aims and functions of the clinic are as follows: 1) **Clinical Services:** the evaluation, management and/or treatment of referred patients, and a consultation service to other professionals throughout the province; 2) **Education:** programmes aimed at mental health professionals (psychiatrists, social workers, public health nurses); numerous interviews with print, radio and television journalists; talks give to interested groups (Family Service Associations, Metropolitan police); 3) **Research:** numerous publications in nationally/internationally-recognized journals and numerous presentations at national/international meetings.

All patients must be referred by a physician. The patient then completes an information questionnaire and submits his/her life story and photographs (dressed and cross-dressed). A series of interviews follows with two psychiatrists, the clinic co-ordinator, an internist and/or an endocrinologist. Next, a battery of psychological and lab tests are carried out, over four days, on an out-patient basis. At times, chromosomal, electroencephalograph, etc. tests are also administered. If possible, the patients partner/spouse and family are interviewed for a social history.

Following this, a conference is arranged with the patient and the clinic staff, to which the referring physician and the patient's partner and/or family is invited to attend. After an extensive discussion, the clinic members inform the patient of their diagnosis and make recommendations for the future management of the case. An annual

re-evaluation of the patient and a revised psychological test battery is completed every year for at least 10 years. Surgical sex reassignment is not performed on any patient who is married at the time because of possible legal complications, nor anyone under 21 years.

Upon the diagnosis of transsexualism, expectations are placed on the patient. The biological male (who believes he is a female must; a) establish "her" cross-gender identity and live and function in society as a woman; b) find work or enrol as a full-time student or in a job-retraining programme as a female; c) begin to alter documentation to the female name (social security card, health insurance card, driver's licence, credit cards, etc.); proof of employment or student status or any other document changes is required; d) establish her crossgender identity for one year, to be followed by a re-evaluation; if she has shown sufficient emotional stability, she is placed on female hormone therapy (estrogen); e) establish her cross-gender identity for a minimum two-year period, she is re-evaluated for possible surgical sex-reassignment (bilateral orchiectomy, penectomy, vaginoplasty).

The biological female patient (who believes she is a male) is expected to do the same (substitute "his" for "her", "man" for "woman", "male" for "female"), and after he has established his cross-gender identity for one year and shown sufficient emotional stability, is placed on monthly or bimonthly injections of male hormones (testosterone). When he has established his cross-gender identity for one more year he is considered for sex-reassignment surgery (bilateral mastectomy, total pan-hysterectomy bilateral salpingo-oophorectomy).

(cont'd.)

Gender Identity Clinic (cont'd.)

One of the main difficulties in the management of the transsexual patient is the length of time involved from the initial assessment to the final surgical sex-reassignment. All patients are anxious to rush through this period, but the clinic urges a slow but steady and prolonged progress over a minimum two-year period so that the patient adapt to living in his/her chosen gender before undergoing irrevocable surgery. This "real-life" experience is the most important and most meaningful part of establishing his/her chosen role in society.

All patients agree however, that once having established their cross-gender identity, sex-reassignment surgery is an anti-climax! The time is vital too, for those patients who are not really sure of their cross-gender desire, allowing those who feel they are not transsexual to resume their biologically normal sex-role without having undergone an irreversible surgical procedure. All the changes of feminization brought about by estrogen therapy, and of masculinization caused by testosterone therapy are reversible except for the deeper voice in the biological female, which may remain permanently.

Patients are encouraged to change their documentation to their chosen gender once they have been diagnosed as transsexual. This presents no problem but those patients who encounter obstacles may be given a note by the clinic, stating they must establish their cross-gender identity and live in their chosen role. This enables some patients to undergo rehabilitation training where necessary so their documents are in the appropriate sex. It is recommended the patient maintain the same initials so as to avoid possible future complications.

Sexual Destinies (cont'd.)

much trouble accepting a gay or lesbian child. Yet, he adds it may place responsibility on gay people for raising the next generation.

Richard Green, director of the Program in Psychiatry, Law and Human Sexuality at the University of California, Los Angeles (UCLA) and a member of the American team that verified Dorner's research, says it is simplistic to ignore inborn, constitutional, early experiential or later sociological influences. He says some kids are born interested in "sex-typed" activities (a boy who plays with dolls, a girl who likes rough-and-tumble play), and they will relate differently to their peer group, each parent, and the larger society as they develop. Green's 15-year study shows there is a complex developmental root to male homosexuality.

But Gladue says Dorner's work on the LH effect demonstrates sexual orientation isn't simply a learned cultural phenomenon, and there is definitely something biological going on. And Gorski believes Dorner may be correct. He says it's possible that hormones alter the neural substrate that is then acted on by environmental factors, and thinks if just the right critical period and level of androgens could be pin-pointed, the incidence of homosexuality could likely be reduced.

COLLIER M. COLE, Ph.D.

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PHALLOPLASTY: Patient Perspective

(Sequel 1) by C.E.

I'm out of the hospital, staying at a hotel, recovering from surgery. My wife is with me as I need help changing bandages and dressing. She had a hard time getting off work and has to bring back a doctor's letter, stating she was needed to learn to care for me and help me.

All has gone as expected so far. I've had no problems with surgery but my old back and arm injuries acted up. They stretched out my right arm too long and I couldn't use it very well after surgery as it was very painful. They X-rayed it and said it was pulled and would take time to return to normal.

For some reason I've very little feeling in my right leg, so I was put on therapy to learn to walk with a walker but I now use crutches. They said there was no permanent damage and it just needed time to heal. I still don't have feeling in the leg from which they cut one of the nerves and it hurts to touch.

The left arm looks bad to me. They took a lot of skin, a main blood vessel, a nerve and split a piece of bone to form the penis. They say it'll look better once the open wounds heal.

I had the best of nursing care. All the nurses treated me very well. One nurse said I was her first sex change patient and asked me some questions. Another always joked and treated me really nice.

I was in the Intensive Care Unit for 2 1/2 days 'cause of the length of surgery (12 hours). My blood pressure dropped way down and my heart rate went way up so they put me back on my medication and my heart rate returned to normal.

I can't "pee" through my penis now. It leaks some but I'll have to return later to get it repaired. And I still don't have feeling in it, and still bleeds some from the opening above and from the area where my scrotum will be. That will be taken care of, I hope, in the upcoming surgery on July 14.

I'd been feeling something sharp under my penis for a few weeks and thought it was a stitch. So I went to the doctor who took over my G.P.'s practice. He said it was a hair follicle and charged me \$30 but my wife finally got a good look, and sure enough it was a stitch - which she was able to remove. So, I've decided to look for a new doctor.

I got some bad news. The hospital insurance that covered my surgery was dropped so I don't have medical coverage now. We are borrowing on our house so I can complete my surgery. It was quite a shock to us!

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PHALLOPLASTY-Things To Think About

- *There are 10 or more surgical teams performing phalloplasty in the U.S.A. (several no longer do this procedure), as well as some in England, continental Europe, Singapore, China and Brazil, but none (any longer) in Canada.
- *The creation of male genitalia is so much more involved and complex than that of female genitalia. (As a surgeon quipped, "It's easier to make a hole than a pole.")
- *This surgery is still relatively experimental, (even though great improvements have been made over the past few years) and there are no guarantees as to the final results re: cosmetic appearance and urinary and/or sexual function.
- *Many surgeons cannot create a dual functional penis (capable of both urination and penetration) because of surgical contraindications and most cannot provide erotic sensation to the new male organ.
- *The overall time to complete the penile construction can take as long as up to 5 years, although generally it takes from 1 1/2 - 3 years, depending upon whether the "urinary hook-up" is included and upon individual patient variables.
- *The total cost of this procedure ranges between \$15-\$50,000 (depending again on whether the urethroplasty and scrotoplasty are done, and on individual patient factors but generally averages (in the U.S.A.) between \$25-\$30,000.
- *The genitoplasty consists of multiple operations (mostly booked 3-6 months apart to allow for proper healing) and surgical repairs (usually done by the same team) are also frequently required.
- *The complications arising from this surgery might include any or all of the following: necrosis (death of tissue), infection, fistulas (openings), strictures (closures), hairballs, rejection, loss of sensation and pain.
- *One patient's neo-penis fell off, another's "died" (but the second skin graft "lived") two others had their organs amputated and several others' testes were ejected from their bodies (or were too painful) and had to be re-positioned. Some patients could not walk on the leg bearing the donor site without the use of a crutch or a cane for some time after surgery.
- *Ideally, the hysterectomy should be performed at the same time as the construction of the phallus, and the incision/scar should be vertical (to prevent interference with the blood supply to the neo-penis). A few patients have had a vaginal hysterectomy (precluding scarring on the abdomen) but some surgeons will not use this method because it involves greater risk.
- *The ability to cause an erection is not spontaneous and is brought about by inserting a baculum (stiffening rod) through the base of the penile shaft prior to sexual intercourse. (The hydraulic pump used for impotent genetic males has not been successful in the few F-M patients who once had the device implanted in the past).
- *The inner phallic tube must be cleansed regularly (to remove the often malodorous substance secreted and the occasional hairball growing inside) with a "cue-tip".
- *Prior to surgery, the pubic hair should be removed by electrolysis or lazer beam (to prevent hair from growing inside the penis).

--Rupert Raj

March 25, 1987 The Orange County Register



Jebb Harris/The Register

Danny Watson, shown in court Tuesday, alleges that a Newport Beach doctor bungled a sex-change operation.

(Reprinted by permission)

'I looked awful,' transsexual says of first operation

By Gregg Zoroya
The Register

As a Mission Viejo transsexual took the witness stand Tuesday to testify about his life and his frustration with a sex-altering operation that he contends was botched, the judge interrupted to ask his own questions.

"The fact that you were not a boy (at birth), did that make you unhappy?" Orange County Superior Court Judge Jerrold S. Oliver asked Danny (formerly Danielle) Watson during the trial of Watson's medical malpractice lawsuit against a doctor.

Watson, who is 48 and deaf, gave his reply through sign language and with the help of interpreter John Issler.

"Yes. It made me unhappy and I cried often," he said. "I hated myself. ... I was alone and afraid. I didn't understand very much about the world."

Watson decided five years ago to undergo surgery that would change his sex from female to male. In 1983, he hired Newport Beach Dr. Martin P. Elliott to perform a full mastectomy, the first in a series of sex-change operations.

Today, Watson contends Elliott bungled the operation, leaving Watson with a chest that was ugly and unmanly.

"I thought the doctor said he would make me look like a

man," Watson testified Tuesday. "I looked awful."

The 1985 lawsuit he filed in Orange County Superior Court accuses Elliott of medical malpractice. The case went to a non-jury trial before Oliver on Monday.

Elliott's attorney, Robert Wills, maintains that his client did no wrong. He said Elliott tried to leave enough tissue during the mastectomy to correspond with Watson's body shape, which Wills described as being portly at that time.

Dissatisfied with the results of the operation, Watson underwent a second mastectomy by a Palo Alto physician in 1984. In his lawsuit against Elliott, Watson is seeking damages for lost wages for the time spent away from work to undergo what proved to be two operations for breast removal. In addition, Watson wants to be compensated for medical expenses and he wants money for what he says was his emotional and physical suffering.

Tuesday, Farnell called to the witness stand a Los Angeles urologist, Dr. William Casey, who has witnessed or participated in dozens of sex-change operations, most of them from male to female. Casey testified that in his opinion the operation conducted by Elliott was substandard.

IN THE NEWS...

LIGHTNING TURNS WOMAN INTO MAN; Electrical Bolt Destroys Her Chromosomes, The Sun, July 21, 1987. Sabel Kelgerst, 35, of Dortmund, West Germany, was struck and knocked unconscious by a lightning bolt that disrupted her entire genetic structure, overloading her body with male hormones and turning her into a man. She was rushed to hospital where doctors injected her with estrogens but Dr. Rudolph Lerner says it will be difficult, if not impossible, to bring the devastated wife and mother back to normal because the transformation was so rapid. He said her voice began to deepen, hair grew on her face and legs, and her breasts began to disappear. She still has female sex organs but they are changing also.

DAD OF THE YEAR EXPOSED AS A WOMAN, The Sun, June 30, 1987 (photo) F-M bookkeeper Geno Musetti, 35, of Altavilla, Italy, and a self-professed widower and father of three boys, was honored as "Dad-of-the-Year" for his volunteer work with local youths. But a week later, he announced he was really Gina-former housewife turned transexual. Councilman Guiseppe Speara said the town was angry at first, but decided to let Geno keep the award because he had become one of the well-respected pillars of society.

PLANNED TO DIE IN CHURCH BLAZE. ORGANIST SAYS, Kitchener-Waterloo Record, June 27, 1987. Post-op M-F organist Wilhelmina Tiemersma, 36, of Montreal, Quebec, set a church fire that caused the death of two firefighters, but says she planned to die in the fire and never intended to harm anyone else. She pleaded guilty to reduced charges of criminal negligence causing death, and is taking psychiatric tests at the women's prison while awaiting sentence in the fall. Bill Barnes,

the church's former director, said Unitarians are known for helping the underdog and some church members have sent letters of encouragement to Wilhelmina - whose history includes a dozen suicide attempts.

RULING COULD AFFECT INMATES GENDER Transsexual's Case Ordered Reheard, Indianapolis Star, June 11, 1987 (photo). The 7th U.S. Circuit Court of Appeals decision orders U.S. District Court Judge James Noland to rehear the case of pre-op M-F inmate Lavarita Meriwether, 27-who claims officials at Indiana State Prison in Michigan City and at the Pendleton Reformatory violated her constitutional rights by refusing to treat her psychological disorder. The court ruled gender dysphoria was a legitimate medical problem that required some kind of medical care, including testosterone and estrogen therapy - and Meriwether did not have the right to choose treatment. Gary Price, her attorney, warned if the court prescribes male hormones, he'd ask for a restraining order charging cruel and blatant medical malpractice.

TRANSEXUALS ARE UNHAPPY WITH NEW LIVES, Weekly World News, June 9, 1987. Researchers in Stockholm, Sweden recently studied transsexuals 6-25 years after their surgery and found their new lifestyles had not made them much happier. A good portion said if they had to do it over they wouldn't get the surgery.

SEX-CHANGE SURGERY MAKES HIM WORLD'S FIRST FEMALE PRIEST, The Sun, June 2, 1987 (photos). Post-op M-F electrolysis institute administrator Nancy Ledins (formerly Father William Griglak) 49, is technically the world's first female priest. As a novice, he struggled with his female feelings and later left the Church to marry. After 8 years of wedlock, he became a woman but got some angry calls from the clergy.

(cont'd.)

In The News... (cont'd.)

TRANSSEXUAL SAYS ARREST LEFT HIM FLAT BUSTED, Weekly World News, June 2, 1987. M-F prostitute Ronnie Young, 30, of Tuscon, Arizona, had her two silicone breast implants broken in a struggle with police officers when they threw her down on the ground after a fight with a client who wouldn't pay. She was jailed for six weeks and every day her breasts deflated more and more. Anita Royal, her attorney, appealed to a judge to transfer Young to a hospital where she could get new breast implants. She was released after being charged with assault.

UNTITLED, The Sun, May 19, 1987. The Iowa Supreme Court has refused to hear the appeal of post-op M-F prostitute Stephanie Lawrence, of Nevada - who is fighting for visiting rights to her eight-year-old son in Iowa. She has only been allowed to see him once, just after his birth, prior to her sex-change. But the Scott County, Iowa judge decided it would harm the boy to meet his father at this time.

EX-NAVY MAN SETS SAIL FOR LIFE AS A WOMAN, Weekly World News, May 19, 1987 (photos). Post-op M-F educational consultant Maria Masters, 42, 6'2", of Cupertino, California, used to be a sailor before her sex-change a year ago. Her two sons and family adjusted well to her change and now she's a whole person.

FEMALE POP STAR USED TO BE A MAN! The Examiner, Apr. 21, 1987 (photo). Post-op M-F singer Adele Anderson, 34 - star of the all-girl, British feminist band "Fascinating Aida" - revealed she used to be a man before sex-reassignment 10 years ago while working as a civil servant.

MACHO COP IS NOW A GAL!, Weekly World News, Apr. 21, 1987 (photos). Post-op M-F sheriff's deputy Paula

DePauw, 40, of Rockford, Illinois, is at peace at last, even though her sex-change ended a happy 22-year marriage. The father of two is respected by the sheriff's department the same as always.

A GUIDING LIGHT FOR TRANSSEXUALS: Blind Psychiatrist Senses Needs Of Sex-Change Hopefuls, Chicago Tribune, Apr. 6, 1987 (photo). Dr. Jack Berger of Chicago, a former plastic surgeon who used to perform genital construction and breast enlargement, turned to psychiatry when he went blind 20 years ago. A founding director of the Harry Benjamin International Gender Dysphoria Association, his transsexual clients number about 10% of his practice - of which about 60% undergo surgery. Berger says the cause of TSism is biological in 90% of the cases.

GAL TURNS GUY AND WILL WED CHILDHOOD GIRLFRIEND, Weekly World News, Mar. 3, 1987 (photos). Post-op F-M real estate agent Angelo Polacci, 39, of Lucca, Italy, can now marry his longtime sweetheart, Gloria - and raise a big family - since the Italian government legalized sex-conversion operations (and transsexual marriages) a few months ago. Prior to the new law, Angelo had to go to Switzerland to have surgery.

TWINS CHANGE SEXES, The Sun, Feb. 17, 1987 (photos). Fraternal twins Burt and Teresa Flemington, 21, of London, England, changed places - and jobs - as they both underwent sex-changes in Sweden. Now the ex-brother works as a florist and the ex-sister as a butcher. Yet, their parents feel no one has the right to change what God chose for them.

WOMAN WHO LIVED AS A MARRIED MAN GIVES BIRTH, The Sun, Jan. 27, 1987 (photos). José Joana, a happily-married man and one of the toughest cowboys in a tiny village in Brazil, shocked his wife by bearing (cont.)

In The News... (cont'd.)

a baby after a brief affair with Neudo Gilo, another ranch hand. The last of seven daughters, José was raised as a boy from his birth because his mother wanted at least one son. He has no plans of leaving his wife to live as a female.

BODY-BUILDING CHAMP GETS SEX-CHANGE TO WED WRESTLER, The Sun, Dec. 30, 1986 (photos). Bulgarian, middleweight bodybuilding champion, Kral Vladimir, 34, changed sex to marry "Bruno the Beast", a professional wrestler he met in Warsaw, Poland - who said Kral would have to be a girl if he wanted to wed.

SULTRY MODEL TURNS GUY FOR \$5 MILLION!, Weekly World News, Nov. 4, 1986. West German model Gretta Sommer 25, changed sex to become Kurt so as to stake a claim on the \$5 million estate left by grand-uncle Franz Puder - who willed his inheritance to the most manly of his 7 heirs. So, Kurt became a martial arts expert and enlisted in the French Foreign Legion. He is now, according to Munich lawyer Warner Mertens, the toughest guy in the family and deserves every cent.

BLOW ON HEAD TURNS MAN INTO WOMAN, The Sun, Oct. 28, 1986 (photo). Australian stockboy Clark Young, 26, changed into a woman in one week, after being hit on the head and knocked out by a box of nails in a Brisbane department store, according to Dr. Nicholas Bentley. He said the blow to Clark's head altered his brain, causing his body to secrete an overabundance of female hormones. After being rushed to hospital, his breasts began to swell while he was still comatose, and by morning, his beard had begun to fall out and his face to become smoother and softer. Within a week, his voice heightened and his sex organs withered and disappeared in-

side his body, he adds. Yet, other doctors call the weird case a hoax.

RUNAWAY SON GETS SEX-CHANGE AND RE-TURNS HOME AS A GIRL, The Sun, Oct. 21, 1986 (photos). Post-op M-F TS Wilma Flaming (née Billy Bunting), 23, of Liverpool, England - formerly a highschool dropout - returned home after six years - as a woman, courtesy of a doctor in Strasbourg, France, where she graduated with honors from fashion design school. Her father, Bob, stunned at first, now totally supports her, but her mother, Betty, tried to kill herself by swallowing sleeping pills.

SEX-CHANGE NUN IS NOW TV WRESTLER, The Examiner, Oct. 21, 1987 (photo). Post-op F-M wrestler Sister Sumo (née Althea Depew), 32, 6'6", 300 lbs., (originally of New York, now the toast of Bangkok, Thailand), served as an American missionary in China for 10 years as Sister Thomas Aquinas before he fell in love with another nun, quit the convent and had a sex-conversion. Called Al in his private life, he uses the cross, rosary and habit as part of his wrestling image.

MACHO MAN'S BIG SECRET: He Was A She!, The Examiner, Oct. 14, 1987. Liliias Irma Valerie lived as a man for nearly 40 years - passing at different times as an army officer, actor, athlete, husband and even a father to her own children! Her British father desperately wanted a son and taught her to box, fence and play cricket. As a woman, she had wed two men but by 1923, changed her name to Captain Barker, began dressing as a man and married a woman whom she told she couldn't make love to due to war wounds. In 1928, she married an actress. In 1934, she worked at a kennel as John Hill. In 1937, she worked as a butler. During WW II, she became Geoffrey Norton, and served in the Home Guard with another wife Eva, who died in 1957.

THE REAL ME: Personal Profile

by Nicholas Cody

People seem surprised but pleased that I'm going through the change without any trouble. Yet, it's because I'm not really changing - the world is seeing me now, that's the difference.

I've "passed" my whole life. I've lived as a male assuming the world realized I was really male, but on the surface it required of me some things (like wearing dresses) that suggested it thought I was a girl. I knew the world had to realize I was male though, so it was bizarre torture - sending a boy out into the world dressed that way - intolerable humiliation.

I grew up in Houston, but moved to Mexico City for two years, and at 16, met a Canadian girl there and fell in love for the first time. I made a weak suicide attempt as an unconscious attentionseeking ploy. My parents sent me back to Texas for psychotherapy, and unbeknownst to me, I was diagnosed schizophrenic after a battery of tests.

I had other girlfriends/lovers over the next few years but at 20, all social contacts ceased. It was near the end of my sophomore year when I had some special experiences - unfortunately, people thought I was crazy and I got threatened with commitment to the state hospital if I refused to take drugs. It was a couple of years before I was able to get switched from injections to pills, which allowed me to quit them altogether. (I could successfully fake taking pills). The situation forced me into isolation. I couldn't trust anyone, had no friends, my family were my jailers. I worked for the family business because presumably

no one else would hire me. The drugs were an unspeakable horror, ineffable nightmare. When I secretly "went off" them (at 23), no one could tell the difference.

At 27, I read in OMNI magazine about a place called Burch House in New Hampshire that was opposed to drugs, so I managed to convince my parents to let me go live there for two-and-a-half years. (They didn't know it was against drugs).

It was this last November my therapist there told me there was female-to-male surgery. I hadn't realized it was possible, and had never heard of hormone therapy. I immediately started researching transsexualism - and for the first time ever, acknowledged that was my problem.

I have to be very careful about it though because it can't really be true. I could never survive being in a female body, but people occasionally suggest to me that is the case. I am male and I just have to go through the motion of these surgeries so people will stop trying to say I am female - and then my legal documents will reflect my true gender. The more TSs I meet, the better I understand why everyone tells me to go slowly but I am not like most TSs. For me, survival depends on my getting all the surgery as soon as possible* The only way I've survived is by not looking at my situation. Now that I am working towards remedying the situation, I have to move fast because it's too horrible to tolerate. I can talk about my situation to a certain extent but only by not actually thinking about it. I can't deal with it. It's impossible that I could need surgery - incomprehensible to think of a hysterectomy in terms of myself because that is something that females have.

(cont'd.)

The Real Me: Profile (cont'd.)

I moved out of Burch House specifically to save money for surgery and Steve Parent (the Director of Transcend Counseling Service) has been enormously helpful. He has done everything imaginable for me, from letting a room for a pittance to accompanying me to doctors-which I'm sure is why they are being so quick to help me. They must figure if Steve is supporting me in this, it must be okay, even if I've only been on hormones four months and officially living as a male about two months.

He is also helping me learn how to be out in the world again. I was isolated from 20 on because of the drugs. My therapist said that when I came to Burch House I was a "social invalid". I'm still learning how to live in the world, what is considered appropriate behavior. Living at Burch House was far from normal so this is my first time to really be out in the world since.

I have two older brothers (who both support me in this), and a very good job (working with the mentally retarded) which hopefully I won't lose if I do get to have the hysterectomy soon. My appointment is tomorrow, and if all goes well, I'll have the surgery in a week or two. I'm afraid to think about it in a way because I am afraid something will come up and it won't happen. This is the most dangerous part of the change for me because of what it means psychologically. I can't think about it or I will be destroyed. Once it is all past, then I'll be safe...

* * *

[*Editor's Note: It's so vital not to cut corners on the one-two-year "real-life test", and as most TS patients agree, the surgery is the final "frosting on the cake."]

GAMES

Endless games, masks, roles, lies, long painted nails, high heels, face bathed in color.
This is a mannequin to dress daily a Hallowe'en costume to wear, a canvas to toss watercolors upon. This is a sad game, the actor playing dress-up like a child, lying to the world, an ironic joke but no longer lying to myself. Outside is a game, a mask, a role, outside is a lie, a shell, a trap; Inside is reality, truth, life, inside is joy, peace, freedom. Outside I lie, inside I cry, I beg for release, for reality. No more games, masks, roles, lies, I need to be free, to be myself, to be who and what I am inside - for I am not as I appear to be, I am not this shell, I am not woman.

--Steven Wells

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J2CP Information Services

J2CP Information Services provides information/referral services formerly provided by the Erickson Educational Foundation and JANUS Information Facility. J2CP Information Services is a separate entity and is not affiliated with either of its predecessors.

J2CP Information Services provides an information package consisting of pamphlets and literature concerning gender dysphoria syndrome, transsexualism and transvestism. This information package is available at a cost of \$25.00 to cover research, printing, postage and secretarial services. Additionally, J2CP Information Services will attempt to provide referrals to reputable counselors, psychotherapists, or gender programs, and peer groups near your home.

Certified checks or Money Orders should be made payable to J2CP Information Services. Please specify whether you are male-to-female, female-to-male, or transvestite when writing. If transsexual, please provide your place of birth.

A BIOGRAPHY OF JACK BEE GARLAND
(A.K.A. BABE BEAN)

by Louis G. Sullivan

On June 21, 1979, I first saw Allan Berube present "Lesbian Masquerade", his presentation on women who cross-dressed as men in 19th century San Francisco (later released as a slide/tape entitled "She Even Chewed Tobacco").

I wrote my reaction in "The Gateway": "...Allan Berube explained that in his search for the past history of gay people, he became especially intrigued by the self-confidence and ingenuity of the women who had dressed and passed as men, dealing with ridicule and violence from an unsympathetic society...[I] was deeply moved and found it hard to hold back tears as the screen flashed a photo collage of female-to-male crossdressing predecessors I had come to doubt existed. The recent 'Roots' movement has emphasized the importance of knowing who we are in the context of where we came from. A major stepping stone in accepting ourselves as TSs is realizing we aren't the only ones who felt that way, nor are we horrible monsters who have invented some unusual perversion. TSs have lived their lives through all phases of history...we have always been there...."

The flyer advertising Berube's presentation had a sketch of a cross-dressing F-M called "Babe Bean"...My gay sensibility told me Bean was a man-loving man, and I craved to know everything about him...It took five years before I had the free time to search for Babe Bean, spending untold hours in the library, squinting to read old microfilms of old newspapers. Slowly, I pieced together Bean's childhood as Elvira Virginia Mugarrieta, born in San Francisco in

1869, her father San Francisco's first Mexican consul, her mother a daughter of a Louisiana Supreme Court justice. I also discovered the tragic circumstances of the death of Bean's brother, an incident that deeply affected my subject...

In search of information, I even travelled to Stockton where Bean created quite a sensation in 1897. A police detective brought this "woman in male clothing" in for questioning...The Evening Mail reported: "She was on her way to church in her boy's attire just to hear the music when police told her they wanted some explanation of her strange freak and took her to see the Chief of Police...Miss Bean disclaimed any intention of violating any law."

"For a person wanting to see the world," explained Bean "who cannot afford to travel in a private car, this garb is certainly the most convenient...I am attired thusly for protection and convenience. I have had some very interesting and varied experiences during my life...visiting places where few if any women have entered. All this was done by curiosity to gain knowledge of men as they are in reality, and not as most women fancy them."

Promptly, The Evening Mail hired Bean as a reporter and three weeks later, she was made an honorary member of Stockton's Bachelor Club, of which Bean wrote: "...few homes if any can equal this one in cleanliness, taste and originality in its furnishings...the boys have a place for everything and everything in its place...."

Bean wrote of "Smudge"- a tramp who mistook her for a runaway boy, and they went to the hobo camp: "'Kid, you puts me in mind of a pal I had and if I can be yer friend I'll do it,' said Smudge and he meant it."

Biography of Jack Garland (cont'd)



Bean got into the men's keno joints: "...the aroma of very bad cigars, old pipes and cigarettes, the spillings of beer, tobacco juice, which was spat upon the floor...(I thanked fortune I had not on petticoats), and the oily, dirty working clothes worn by many was enough to make anyone turn away in disgust...but I had gone so far and I was determined to see it through...But what faces!...some of them would have raised fear in a more tender-hearted being."

She interviewed Governor James H. Budd of California, who told Bean: "You are the second person who has ever appeared in Stockton in boys' clothes...twenty years ago the authorities arrested a woman for going about in male attire. They locked her up, but as they could find nothing wrong..they [let] her go...There's nothing more daring in the fact you don pants because you can accomplish your work with more ease than the woman who first created and donned bloomers..."

One amusing article told of a duck-hunting trip on which Bean accompanied four male reporters, one exclaiming: "I'll not go if Bean is allowed to carry a shotgun!" In addition, she had written one of the most clear descriptions of the workings of the inside of a mine.

In 1899, Bean stowed away on an army transport to Manila to see the Spanish-American War. "...Bean had plenty of opportunity to study soldier life," one newspaper story read. "...She mingled with them all the time...playing cards...putting up as stiff a hand as the veterans ..no one ever suspected the happy-go-lucky cabin boy was a woman, so thoroughly was she disguised..." The San Francisco Examiner featured a lengthy article in which Bean, who was now using the name Jack, wrote: "I saw war and I lived it, just as the soldier [does] and for what I saw I do not feel I paid too much - even in the illness that came to me and the discomfort and terrors of that voyage...."

Bean returned to San Francisco, moved into an apartment alone and continued to write. Her older sister explained, "Finding that a woman could not prowl around alone at night, she preferred to be a man. I tried to get her to stop masquerading but she wanted to keep writing and gathering material."

Documentation showed that Jack worked in San Francisco as a male Red Cross nurse after the 1906 fire and earthquake. Although from 1906-36 Jack passed fulltime as a man, no evidence of his life or experiences survives, his writings gone.

In 1936, Jack Garland, a little old man of 66, collapsed on the pavement at Post and Franklin Sts. in San Francisco. Even though two days in General Hospital, (cont'd)

Biography of Jack Garland (cont'd)

his secret was secure, his masculine clothing and voice deceiving even his attendants until an autopsy betrayed him. His sister and friends sought burial with military honors in the Presidio but his war records couldn't be found. Per his sister's wishes and in a final rejection of his identity by his family and society, he was buried in the family plot at Cypress Lawn Cemetary in a white satin dress.

In 1897, Jack wrote: "I am in search of health and news. When my trip about the world shall have finished, I will give to the world through periodicals my experiences" After his death, his sister told reporters he "did fairly well as a journalist until a few years ago" and "from visits to the Barbary Coast and other places developed ideas for articles." But where was he published? under what name? and does any of it survive? Each lead has been dashed and I've run out of ideas of where to dig next.

I joined the San Francisco Bay Area Gay and Lesbian Historical Society primarily to learn about available sources...in an attempt to locate Jack during those missing 30 years...Our history must not be lost....Females have dressed and lived as men throughout the past and even in today's liberated society, approach sex-reassignment centers to ease their adjustment into the men's world in equal numbers to those seeking the male-to-female change. My research into Jack's 30 lost years continues, and I look forward to bringing this fascinating character back to life in a well-written and proud biography!

[Edited from the San Francisco Bay Area Gay & Lesbian Historical Society Newsletter, March 1987; reprinted here by permission.]

RECOMMENDED READING (Newsletters)

Chicago Gender Society Newsletter, P.O. Box 578005, Chicago, Illinois 60657, Attn: Editor

Gender Forum, P.O. Box 9238, North Dartmouth, Mass 02747, Attn: Karen Aldrich, Editor

Gender Review, P.O. Box 1149, Station F, Toronto, Ontario M4Y 2T8, Attn: Micheline Johnson, Editor

Metamorphosis Magazine, P.O. Box 5963, Station A, Toronto, Ontario M5W 1P4, Attn: Rupert Raj, Editor

Outreach Newsletter, P.O. Box 368, Kenmore Station, Boston, Mass. 02215, Attn: Ari Kane, Editor

Passages, P.O. Box 21052, Columbus Circle Station, New York, New York 10023, Attn: Jana Thompson, Editor

SHAFT Newsletter, 106 Barton Avenue, Keyham, Plymouth, England PL2 1NZ, Attn: Frances Dare, Editor

The Transsexual Voice, P.O. Box 16314, Atlanta, Georgia 30321, Attn: Phoebe Smith, Editor

The TV-TS Tapestry Journal, P.O. Box 19, Wayland, Mass. 01778, Attn: Merissa Sherrill Lynn, Editor

Transsexuals In Prison, Office of the Facilitator, P.O. Box 5963, Station A Toronto, Ontario M5W 1P4



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LETTERS TO THE EDITOR

Dear President and Friend!

Thanks alot for your nice letter and all the information you sent! I am sending you a copy of my book LA QUESTION TRANSSEXUELLE. There's no English translation available at the moment, so, if you could find someone to do it, it would be wonderful. I wish you all the best! I would certainly like to come and visit you...perhaps we could make arrangements for sometime in 1988. I have never been to Canada and would love to go. With all my warm Christian greetings, so long!

--Pasteur Joseph Doucé, Centre Du Christ Libérateur, Paris, France

[Pasteur Doucé was awarded an honorary life membership in the Metamorphosis Foundation at our AGM.]

* * *

Dear Rupert:

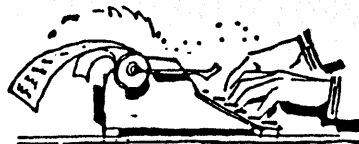
Your magazine "Metamorphosis" is certainly getting better and better. It is always most interesting to read and is quite professional-looking. I have enclosed a small donation and will make regular donations from now on to help your organization. Sincerely,

--Dan Herzog, M.S.W., Newark, N.J.

* * *

Dear Mr. Raj:

We wish to advertise with you in the three remaining issues [for this year]. We hope the response will be sufficient to justify running with your publication on a continuing basis....Thank you for your continuing dedication to F-M transsexuals. No, you are not unappreciated by your audience out



there. Think of yourself as operating a train service between say, New York and San Diego. While absolutely indispensable to travelers, you'll be on a friendly basis with very few because, once travelled, the route need not be travelled again. The rewards will have to remain internal unless you can overcome market size limitations. And including M-F in future issues will be precisely an attempt to overcome that limitation....Thanks again for your dedication. You are indispensable and you know it.

--Victor Li, President, Sani-fem Corporation, Downey, California

* * *

Dear Rupert:

I have had an on-going problem with my hormones which I wonder if any other readers can relate to. For 5 1/2 years I injected 1 cc (200 mg.) of Depo-Testosterone (Upjohn). After 2-3 years, my body seemed to need the hormone earlier and earlier. A week before the injection was due, I'd get cramps and bleed. Then the symptoms came 10 days before a shot was due. It got to the point where I bled all the time. This was horrible for me. I had a hysterectomy in Nov. 1986 and have since been injecting 1 cc every 3 weeks. I predictably get very irritable, aggressive, moody - even irrational before my injection is due. My wife refers to me as "Mr. Hyde" during those times. My temper gets out of hand over trivial things and I really feel out of control. After my injection I am okay again. Also, some recent tests by my endocrinologist show an elevated haemoglobin (red blood cells) count and liver dysfunction. Can any of you out there relate to these problems? (cont'd)

Letters To The Editor (cont'd.)

Also, I'd like to know what dosage (after hysterectomy) most others take? I was warned by a F-M nurse I should be taking 1 cc every 6, 8 or 10 weeks (10 weeks was best). As it is, my body demands that 1 cc every 3 weeks and I count the days till its relief "kicks in".

I am involved in litigation regarding my health insurance. A large international insurance company that does pay for gender reassignment surgery had approved mine. Then they said they should never have paid previous benefits for my wife because we weren't legally married and I was not a male. I am suing them for medical expenses and punitive damages. Has anyone had a similar problem with spouse coverage? And, for those readers who may have been forced to go public because of a lawsuit, or those who chose to go public, your insights, regrets, advice would be really appreciated. I am having nightmares of being front-page news. This insurance injustice has uprooted my life.

I have also heard frightening things about possibly losing custody of my son (whom my wife gave birth to by donor insemination). I have been told I should legally adopt him and find that to be a real slap in the face. I'm listed on his birth certificate as the father.

Help on any of the problems mentioned above is requested. As an older TS once warned me, "This will follow you to your grave." I'm now just finding out how true that is. I'm forever being surprised how bureaucracies and the general public need to be educated that transsexuals are human beings!

--"Trans, Troubled & Tired of It!"

* * *

Dear Rupert:

Having worked in the field now for a few years myself, I've been in the position you describe [in your article, "Burn-Out"] not only with my own counseling service but when working with the XX Club on projects in the past. As president of the group, I refused to run for another term for the very reasons you have cited. The minute we take on a little, everyone in the community expects it all to be done for them, and they sit back and wait for it all to happen.

My wife reads "Metamorphosis Magazine" regularly also. She and I think it would be a shame to ever lose the magazine and your input. I know it's not very rewarding to hear it after the fact, but you are doing a great job and the wealth of information you give in the publication is so worthwhile. It certainly is not overpriced and is very useful to most people in our situation. As far as opening the publication to M-F TSs, I'm not at all adverse to them receiving their share of column space in a good publication like yours. I know there are those who do not have much time for our sisters, but I'm not now nor was I ever really one of those people. I feel it is important you know that the magazine, the job you're doing and the efforts you put forth are appreciated by people. Probably by a lot more than will take the time to sit down and tell you so.

Let me know if there is anything at all that I can do to help you out. I am not suffering from the burn-out I once had with the XX Club, so maybe it's time for me to get back into the swing of things and commit myself to a cause for the sake of our brothers and sisters. How about an article on job-hunting in the new role (cont.)

Letters To The Editor (cont'd.)

and maybe a self-help job-interest test? Let me know. In brotherhood,

--Steve Parent, Transcend Counseling Service, Springfield, Mass.

* * *

Dear Rupert:

A belated note of congratulations on the new format of Metamorphosis Magazine. It is informative and nicely laid out. Kudos to you for the fine job you have been doing for these past years.

In all the time your magazine has been in existence, little mention has been made of the Outreach Institute, its programs and services. I wonder if you might inform your readers about the things we do.*

You might be interested to know I've started a counseling service for the cross-gender community of New England. I have several F-M clients. Perhaps you might print my calling card in your next issue.

The next time you're in Boston, perhaps we could get together and talk about gender education for the mainstream health care provider. Keep in touch. Cordially yours,

--Ari Kane, M.Ed, Human Outreach & Achievement Institute, Boston

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[*The Outreach Institute's 13th annual Fantasia Fair will be held Oct. 16-25 at Provincetown, Mass. Although primarily for cross-dressers, the program provides seminars and workshops of interest to M-F TSs, including speech modification, medical and health issues, social skills development, fashion and beauty. A descriptive brochure is available from the Institute.-Ed.]

* * *

Dear Mr. Raj:

HEDESTHIA co-existed with TRANSFORMATION since 1972, but the latter ceased operation...We now carry on its work, which is to serve the social and therapeutic needs of TVs and TSs. HEDESTHIA is now run almost single-handedly by National Co-ordinator Suzan Xtabay. We are similar to but not affiliated with the SEAHORSE CLUB and the BEAUMONT SOCIETY. We do however correspond closely and exchange magazines. Our official bimonthly bulletin is "Transcribe". Our members are mostly M-F TVs and TSs but there are a few F-Ms.

I found your letter and pamphlets extremely interesting and will make known via "Transcribe" the details of your group so other F-M members can write.

I'm definitely interested in receiving your magazine (also back issues). I'd also be grateful for updated literature on medical developments in F-M surgery so as to advise our other F-M members...

--Paul Johnson, Treasurer,
Hedesthia, Auckland, New Zealand

Letters To The Editor (cont'd.)

Dear Rupert:

Thanks for all the information and the "Metamorphosis Magazine" (very interesting stuff). Thanks especially for the review on Dr. Leslie Lothstein's book, FEMALE-TO-MALE TRANSSEXUALISM: Historical, Clinical and Theoretical Issues, Routledge & Kegan Paul, 1983. He came to the XX Club recently and mostly just listened. Since I was looking for a therapist in the area (he's just moved here), I called soon after and set up an appointment. When I read your book review, it clicked who the author was so I immediately cancelled my appointment. I gave --- a copy of the review, which he was going to show the psychologist for the New England Gender Identity Clinic cause Lothstein was supposed to be working with him. -- said he certainly didn't want Lothstein involved with the clinic if he really was against surgery in most cases.*

--Nicholas from Springfield, Mass.

[*Reviews of Lothstein's book by myself, Lou Sullivan, Vern Bullough and Paul Walker have appeared in the April and Dec. 1984, and Jan. 1985 issues of "Metamorphosis" and are available for \$1. We might also publish Eileen Higham's review in a future issue this or next year.]

* * *

Monsieur Raj:

In responding to your article "Burn-Out", permit me to present myself to you. I am a 33-year-old, TS woman working in the Community Mental Health System of San Francisco as a counselor with an agency in a ghetto which contains a number of transgendered individuals. I run a support group for same at

the Tenderloin Self-Help Center. I also work with a residential facility where we sometimes work with TGs in acute psychological crisis. For the past 3 years, I've worked at the Pacific Center for Human Growth in Berkeley, where I've facilitated the TV/TS Rap Group. I'm also engaged in private practice, counseling clients on sexual dysphoria. I'm a student in transpersonal psychology at John F. Kennedy University in Orinda and plan to receive my Master's by 1988 and my MFCC counseling licence by 1990.

I've seen your many articles in the various newsletters, journals and assorted periodicals of the gender community, and have noted with particular interest your call for networking and unity within the community. In your article, you called for people, resources and time. Money, unfortunately, like many of us, I have not much. However, I am a person of many resources and talents and am very well known in the area. I offer you any assistance I can give and I don't ask for money.

I wish to personally thank you, on behalf of the community here in the Bay Area and TG people everywhere, for all your work on our behalf. Thanks from the depths of my heart for a job well-done. Please be encouraged to keep up your most valuable and excellent work. As my own work continues and my money situation improves, I shall contribute more and more of my resources, time, money, and any people I can motivate. For I, too, am dedicated to the community and it's my "calling also - due to my having been in the clergy since I was ordained in the Old Catholic Church of Holland. I, for one, am appreciative of your article and I, too, have dedicated my life and career to the amelioration of our Brothers and Sisters.

-Christine Tayleur, Daly City, Ca.

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