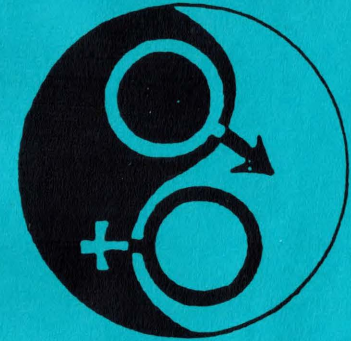


# Gender Awareness and Information Network (GAIN)



**GAIN** is an organization for health care professionals who serve clients that seek counseling and guidance on issues related to gender conflict, gender dysphoria, and conscious gender communities.

**Outreach Institute of Gender Studies**  
126 Western Avenue, Suite 246  
Augusta, Maine 04330  
Phone/FAX: 207-621-0858

## Information Packets

Informational packets include a selection of materials on topics of importance to the professional working with gender-conflicted people and the conscious gender community. These publications address significant issues of interest to clients as well as professionals. Currently there are five packets available.

**Packet I**--*The Needs of the Male-to-Female Transsexual*

**Packet II**--*The Female-to-Male Transsexual*

**Packet III**--*Wives/Partners/Significant Others of CD/TV/TS Persons*

**Packet IV**--*Crossdressing and Transvestism for CD's and TV's*

**Packet V**--*The World of Androgyny and Androgynies*

Each packet contains reprints of informative and professional articles as well as a current book. **GAIN** members are entitled to one free packet. Additional packets are \$30 each. Packets are available to nonmembers for \$35.

I want to purchase the following packets without becoming a member of **GAIN** or in addition to the packet that is included in my membership fee. Please circle the packet/s desired and enclose \$35 for each, plus \$4.95 shipping and handling. *Make checks payable to Outreach Institute for Gender Studies.*

I    II    III    IV    V

I am interested only in a subscription to the *Journal of Gender Studies*. Enclose remittance for \$16 payable to *Outreach Institute of Gender Studies* for one year. (A 2-year subscription is \$30.00, plus \$3.00 shipping and handling.)

## GAIN Membership Application

Please complete and return with your \$75 remittance (for membership for one year) made payable to *Outreach Institute of Gender Studies*. (Renewal membership \$50.00 per year)

Name: \_\_\_\_\_ Address \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone:(office) \_\_\_\_\_ (home) \_\_\_\_\_ Best time to reach by phone \_\_\_\_\_

Membership includes one year's subscription to the *Journal of Gender Studies* (JGS), your choice of one information packet, and a free one-hour consultation with the Director of GAIN regarding clients.

Circle the packet you wish to receive as part of your membership:    I    II    III    IV    V

I am interested in participating in the Evaluation and Referral Network

**GAIN** provides referral services and educational resources for health care providers whose clients seek counseling on issues related to gender conflict and gender dysphoria and conscious gender communities (CGC). Members include helping professionals from the fields of education, medicine, guidance and counseling, sex therapy, ministry, law and law enforcement, and other human services. **GAIN** is the professional arm for Outreach Institute of Gender Studies (OIGS). The Institute sponsors educational, personal growth, and social activities for conscious gender communities.

A conscious gender community includes males and females who are addressing issues of gender identity in their lives. This encompasses the changing social attitudes about masculinity and femininity as well as the behavioral and clinical phenomena of transcending conventional gender norms (i.e. cross dressing, cross gender, and transsexuals.)

## Seminars

**GAIN** offers seminars that present an overview of non-normative gender behaviors such as transsexualism, fetish crossdressing, 'gender' blending (androgyny), and medically determined hermaphroditism. Having a clear idea of the gender conflict involved in particular gender behaviors is of help to health care providers in determining appropriate counseling or therapy strategies. Seminars are made available to mental health centers, graduate programs in schools of social work, sexuality clinics, and other professional therapy or counseling groups. Write to **GAIN** to arrange for a seminar in your geographic area.

## Workshops

Workshops are designed to offer health care providers with models of gender role diversity. Gender is viewed as a social construct. Gender "exercises" and "games" are introduced that help a health care provider discern how a gender-conflicted person perceives his or her own gender role. This is especially helpful for the professional when mapping out a program of conflict resolution for a client. Workshops designed to last from half a day to an entire weekend are available.

Presentations on other issues are also available. Recent programs have included "*Gender Issues for the 90s*," "*Cross Dresser, Cross Gender, and Androgyne (CD/CG/AN) Issues and Lifestyles*," "*Social Dynamics of Gender Shift*," "*Counseling Strategies for Helping Professionals Working with the Gender Conflicted*," and *Gender Attitude Reassessment Program (GARP)*.

## Professional Consultation

Professional health care providers working with gender-conflicted people may desire a consultation regarding clients who present complex gender concerns. Telephone consultations with our Director of Clinical Counseling may be obtained by calling the Maine office of OIGS. Members are entitled to a free one-hour consultation.

## Journal of Gender Studies

*Journal of Gender Studies* is the official publication of OIGS. It includes professional articles on gender-related issues received from the clinical and academic communities. The content of a single issue may range from an article on gender in the theater arts to notes on

the feelings and experiences immediately following sex reassignment surgery in a major hospital. Contributions from **GAIN** members are welcome. Reviews of important books on gender issues are also included. A one-year subscription to the journal is included in the **GAIN** membership fee. The annual subscription rate for nonmembers is \$16.00. (The journal is published twice a year.)

## Evaluation and Referral Network

**GAIN** receives requests for professional referrals from persons who are gender conflicted. After a brief but thorough clarification of the issues, the Director of Clinical Counseling will refer the person to a member within a 200-mile radius of the client's home. Clinicians who are **GAIN** members and desire to participate in this referral network should indicate their interest on their membership applications. Interested members will be sent a brief form to complete describing their training and experience in counseling in the area of gender dysphoria. Professional Intake Service (PIS) is done prior to making any referral.

## Educational Resources and Educational Video

**GAIN** works with a book distribution service in making available current titles on gender issues. A list of available books and videos may be obtained from the Institute. We also have a selection of video media that addresses various concerns related to gender.

Write for our current book and video order form and price list.