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NEWSLETTER EDITORS

Helen

and

Wilma Thordsen

Hi. Folks.

It was good to see these girls here after the summer months gone by. It was a small group what I call a Table group. We sat around the table in a group. The girls: Eileen and Pricilla from Poughkeepsie, N.Y., Cynthia & Sonya from Ancromdale, N.Y., Joan from Colonie, N.Y., Alice from Colonie, N.Y., Francis from Rochester, N.Y. and Dee from Rochester, N.Y., and Wilma and I.

The meal for the girls was: Roast Beef, mashed potatoes, green beans, peas, butter nut squash, gravy. rolls and butter, tossed salad, cake and coffee.

Thanks to the girls who helped serve and then clean up. It didn't take long to clean up as the group being small, I cleaned as soon as the pans were emptied.

It seemed rather strange not to see Michelle Ann and Dennie here, but Michelle had to work, and it is very few that Michelle Ann misses ever since she has joined.

Frances was here with an orthopedic shoe on as she had some surgery done on her foot. She still has to go back for some more surgery as her blood pressure was too high for them to do it all at once. Hope you feel better soon.

When we were sitting around the table Eileen was telling the girls all about the T.V. that was on Phil Donahue's program with another T.V. and the ir wives. Then there were other offers from H.B.O. and the different stations that are interested in putting on a similar program. It is a good feeling for the T.V.'s to know that finally they are coming thru to the public. The only warning I have for the girls is be careful in what you say and do as not to damage your own life and happiness. You have to think of what it will do to your future life, in respect to your job, and how your family and friend will take it should they see any of the program and recognize you. If you have young children what will they say and how will effect their future. If their brought up with their father dressing at home all the time give them a chance to live their lives as to how they see other children live. If they come to you with questions on why you are dressed as a woman be ready to give them an honest ans., and yet explain to them that all men do not have the same desires that you do, this way if their friends ask them any questions on why their father dresses they will have an answer that will satisfy the curiosity of their friends.

Today's society today can be cruel unless there is a big break thru for you girls on these programs. Be careful that what you say is what they put over on the program, check it out before going on the program.

In the area of public acceptance of cross dressing and how far a T.V. can and should go, there is a tendency to conclude from reading the T.V.I.C journal that the ultimate goal of every T.V. is to dress fully and go out regularly. Moderation is mentioned but there are very few guide lines on how you achieve it. now in the fancies written by various T.V.'s is made to seem very desirable. The fact is that few T.V.'s have the physical build which makes them very acceptable as women, so their chances are very slim of really passing. Many have gone out, but just because they were not picked up does not mean that they were not read. Lots of people don't care

but it's the 1,000 th. who does care and call the police, and that can cause a very nasty situation. In the average small town or suburb community a husband & father who goes out dressed in women's clothes will be regarded as an odd ball, at best and something much worse, hence of necessity, most of his dressing must be done in the privacy of his home, and preferably without the knowledge of his children. Those who are fortunate enough to live near other cross dressers can meet in each others homes for party get togethers, with the guest room turned into a dressing room for all the ladies. Others may have to settle for occasional evenings when the children are away or in bed. Then again some of them get up early in the morning to have an hour or so of privacy before anyone else is up in the family.

Well it comes to that time again when I must say good night to all the girls who take the time to read my front sheet. I do hope I have been able to keep you all interested in the news that comes to us. Most of what I put on my page is from my own thinking.

God bless you all and keep you healthy for another year.

Love to all

Helen

(CONTINUE ON PAGE 3)

A BRIEF DISCUSSION OF THE NATURE OF TRANSVESTISM:

Transvestism is a form of behaviour and personality expression characterized by a desire to wear the clothing of the opposite sex. The word comes from the latin i.e. trans, meaning across, and vesta, meaning clothing, therefore it literally cross-dressing. The term Eonism is also sometimes used. This is derived from the Chevalier d'Eon, a nobleman of the court of Louis xv of FRANCE who carried out diplomatic missions for his king disguised as a girl.

Although the phenomenon should theoretically be equally evident in both sexes, as a practical thing it is only a problem for the male. Females can and do wear masculine type clothing so openly and without social disapproval that the desire to do so is not frustrated and does not therefore present a problem. Society does not understand the motivations lying behind this type of behaviour-relating it to, and identifying it with, homosexuality, and thus condemning it and forcing its adherent "underground" so to speak.

The desire of certain males to wear the pretty and delicate clothing of the female is not an isolated problem of our culture or period. It has been known from antiquity right up to the present day with adherents in every culture and every walk of life. In many primitive societies the male who chooses to abandon the masculine role as a person of wisdom and unusual ability. In Japan, the famous Kabuki players who take female roles train for them from an early age and frequently live their lives off the stage in the feminine way. Japanese society thinks nothing of this.

In western cultures on the other hand, society operates on the following false logical proposition; (1) All homosexuals are effeminate (in fact only a part of them are); (2) Homosexuality is immoral and bad; and therefore, (3) ANY male who is interested in things feminine is probably a homosexual and immoral and bad. Since both the basic premise and the conclusions are false, great harm has been done to many people by this kind of thinking.

Actually there are at least four distinct ways in which transvestites differ from homosexuals.

- (1) Transvestism is an individual personality expression while homosexual expression requires two people. Homosexuals, therefore, have to reveal themselves to get a partner, transvestites don't have to and they don't.
- (2) Practically no transvestite would advise, permit, or help another to become a transvestite---he knows the price too well and has suffered too much to wish it on another. Homosexuals, however, have no hesitation about indoctrinating and initiating others into practice.
- (3) A homosexual individual is what he is all the time, day and night--his personality is constantly what it is. A transvestite alternates personalities--he is masculine as a male and performs as such, but he is feminine as his "other self" and in large measure forgets his male life.
- (4) Many, though by no means all, homosexuals have a somewhat effeminate manner of behaviour and this is necessary to them, since they are, in effect, taking the female role all the time. The transvestite, on the other hand, shows no effeminacy in his male role. He doesn't need to---he is in fact two personalities, each sufficient unto itself.

These four factors are far more important as differences to distinguish between these two forms of behaviour than is the single thing they have in common, namely that some (by no means all) homosexuals also favor feminine attire. There is also the matter of motive to consider: The transvestite adopts feminine garb as a matter of internal expression--the homosexual does so for external effect---the easing of guilt on the part of himself and/or his partner.

Various things are suggested as causes of this desire. The motivations usually discussed in medical literature involve; parents wanting a girl and bringing up a boy that way; keeping a boy in dresses and curls to an unusually late age; punishing a boy by making him wear girl's clothes; not having an adequate father figure to emulate; or lastly having a father who demanded so much masculinity of an intellectual, sensitive or artistic child that he took refuge in femininity where he felt more at ease.

However, since, on the one hand, neither all boys brought up with any of these experiences become transvestites, nor do all transvestites show these experiences in their histories, there must be deeper reasons. There are several other suggestions that may be mentioned briefly.

- (A) The Need to Acquire Virtue and Experience Beauty: Modern man idealizes womankind and makes her the repository of all that is good, true, and desirable--girls are made of sugar and spice and everything nice the nursery rhyme says. Certain men feel the desire to think as well of themselves and to be thought of by others as they themselves think of women. This "goodness and

(CONTINUED FROM PAGE 2)

virtue" is not obtainable in masculine attire--it is out of place--but in feminine attire it is in order. In such clothing they can experience beauty and its satisfactions.

(B) The Need for Adornment and Personality Expression: The male of most species is prettier than the female. In past times this was true of the human species too, but our present culture severely limits the expression of this natural desire by men. Thus some men learn to fulfill their natural desires in the feminine world of color, fabric, decoration and design.

(c) Relief from the Problems of Masculinity and Social Expectancy: All men are not psychologically or spiritually capable of or interested in being as aggressive, dominant, or forceful or of exhibiting other characteristics of the kind or to the degree that society says they should to be masculine. Men are expected to do and be many things that they may not feel like doing or being. Many aspects of their personalities are enforced by the need to succeed, to get a promotion, make a sale, to impress superiors etc. A man often cannot truly relax and be just as he really wants to be inside. Occasional abandonment of the masculine for the feminine allows them ~~to~~ relaxation from these demands since the feminine role is ideally a passive, accepting, nondemanding one. There is no relaxation comparable to becoming another person, particularly of the opposite sex. Golf, bowling, hunting, bridge, etc., all of which men pursue in the name of relaxation, don't hold a candle to the complete escape from one's daily self to another that is greatly different. It isn't that the transvestites true and complete self is feminine but that many times he cannot express his true self in masculine attire due to the social requirements and limitations placed on the male.

These three factors are present to some degree in all men though they may not be demonstrated. Usually men discover these things in adolescence but sometimes it is not until adulthood upon the occasion of some male burlesque, mock wedding or similar entertainment that he first arrays himself in feminine things. Then, if he is the sensitive type and these drives are near the surface of his personality, he will experience them for the first time and will know the satisfaction involved. From this point on he will wish to repeat the experience and enjoy the satisfactions--he will ~~be~~ be a transvestite--but he will guard this secret most carefully for he will also know guilt and fear.

PARTY DATES :

The next 3 party dates are OCT. 15th, NOV. 19th and DEC. 17th. The December party will be our 12th Christmas party. This is always a grand affair, so make your reservations early. Also this will be the last party that Helen and I will hold in Albany.

SPECIAL THANKS

TOO Patrecia Wells, Cynthia Massey and Joyce Dolan for the news clippings.
TOO Cynthia Massey for the cartoons.
TOO Kathy Havish and Cynthia Massey for the lovely pictures they sent in for the club album.

QUESTION OF THE MONTH :

What was the funnest experience you had while dressed in femme or your most unsuccessful experience?

TVIC

To all present and past members. Just because I have decided to retire as Pres of TVIC (being 74 on Oct. 28 it's time) that does not mean that TVIC will fold up. Michelle Ann Bolis will do as good a job if not even better than I have. The same policy and security measures will be adhered too. The reason I bring this up is that for June July and August I sent out 22 dues notices and only 4 of you have paid up. Over the years we have helped you so why not keep up your support to TVIC. In this way you are helping many others who don't know how to get out of that dark and lonely closet. Think it over and send in your dues.

CHANGE OF ADDRESS :

Steve [REDACTED]

Steve wrote a nice letter seeking correspondence. For this letter see another page in this issue.

Do to my long editorial i did not have room for the Birthdays this month. But Helen and I wish all you girls a H A P P Y B I R T H D A Y.

The UNDISCOVERED WORLD OF CAROL TAYLOR an editorial

Usually my column is dedicated to the beautiful world of feminine underdressing. If you're a regular reader you know I discuss such things as wearing feminine underfashions under male clothing, how to wear a bra, whats new in underfashions and lingerie. I am sort of a self appointed "expert" in the area of underdressing the transvestite. Alas, we need all the help we can get! But as we start a new Feminine year, a year of transition in leadership for our group, I would like to address a subject more important perhaps than breasts and bras or even padded girdles. I am usually given to levity in my writings but tonight, just once, let me be very serious. GUILT... I am 10 years old, me bureau drawers are full of ads for womans underwear... I masterbate GUILT.. I'm 11 and one afternoon put on Moms' panties and bra GUILT... At 12 I begin stealing bras, panties, stockings, girdles from every available source- GUILT... At 13 I sleep EVERY night in bra and panties, GUILT... By 14 when my parents go out I dress in bra, panties, girdle, stockings, skirt and blouse and read fashion magazines, changing moments before they arrive home GUILT... At 15 I'm developing a pretty good feminine woredrobe, hard to hide in fact, now I try some lipstick and a little eye shadow GUILT... At age 16 I have the skills to be a pretty lovely girl, underwear thats right for me, outerwear thats right and some sophistication in basic cosmetics GUILT... At 17 I am a beautiful woman, I have a figure that is as good as half the girls in high school. I understand femininity and appreciate it. I am a WOMAN now... One night I burn every panty, bra, stocking, pants, skirts, girdle, and hundreds of pages of carefully cataloged ads and articles on fashion- GUILT. Tonight it's 24 years later. I am still a woman and (I think) a good and attractive woman. I've never missed an issue of Glamour. I have a full 34B bosom. I am dressed in an attractive and sexy feminine outfit that looks damn good. I am a woman and I LOVE IT..... NO MORE GUILT... Why has the guilt gone away. When did it happen?? Why am I a happy, comfortable and contented woman today and why did I have such GUILT for all those years. Only seven years ago I sat in a motel on a business trip, fully feminine, masterbating and feeling GUILT. What caused the change? We know there are hundreds of thousands, maybe millions, of men(?) in this country that are doing the same things I (we) did. A bra here, a panty there, perfume, skirts.. all the same story, with one common thread GUILT.. awful, horrible, stressfull, crippling-GUILT... When did your guilt go away (or has it)? What was the turning point? When did you accept the WOMAN in you? When did you stop fighting it- and let femininity HAPPEN in your life? When did you start to LOVE it, express it, and BE it? Have you?

I Have!

WHEN?

When I read an ad in Penthouse for Michael Salems Boutique for transvestites. When I went to an adult book store and discovered they had magazines for men who were really woman.. When I learned about TVIC- When I had lunch with another TV.. When I found out how MANY we are, how normal we are and that we are really OK. Lawyers, Bankers, Politicians, Doctors (even shrinks), executives- my goodness this "affliction" knows no bounds. No, nor does womanhood. Femininity is available to man and woman. There are thousands of young people out there tonight, in bras, panties, eye shadow garterbelts, skirts or just perfume: feeling GUILT- WE MUST REACH THEM SOONER THAN WE WERE REACHED. Let them know it's OK. Help them. Not only is it OK to wear panties, but heres a guide on how to wear panties and a garterbelt under your male clothing. Here's how to wear eye shadow. Here's how to be the best woman you can be- no matter you're a male. Let's find a way to reach them EARLY, so they avoid all that GUILT and can relax and achieve a full feminine potential so much sooner than we did. I sure wish I had the figure to work with I did at 16. The potential I had! If only I had known then that it was OK to be a woman. How do we do it? Let's advertise, and write to every magazine we can think of about TVism and its beauty. WRITE Penthouse. WRITE Playboy, Write Glamour. Lets get a fund together and put an ad in Penthouse, they have printed a lot of letters on TVs. Lets DO IT- Reach out and help relieve the GUILT and let these young people know what took us so long to learn: IT'S WONDERFUL TO BE A WOMAN.

Love,

Carol

Dear Wilma;

In reply to the QUESTION of the month; WHAT PART OF WOMANHOOD DO I DESIRE THE MOST??? For this TS to say total womanhood would be easy, and it would be true, but it also would be evasive. Therefore I say PUBLIC ACCEPTANCE is my goal.

QUE: WHAT OTHER INTERESTS DO MEMBERS HAVE BESIDES DRESSING?

ANS: I like writing, acting and public speaking.

Now for a question that was not asked. Will you continue your TVIC membership when the club moves to somerville? ANS: YES.

Another Ques. With the retirement of the club leaders, who will edit the JOURNAL. ANS: Michell Ann & Denni and myself when needed.

Ispray Michelle will do a superb job of carry the torch.

JOYCE

Dear Wilma:

I was rather stunned by the news that you are closing up shop.

That your newsletter will pass into other hands seemed like bad news. I hope that your successor will be as candid and as advisory as you were in your effort to recognize the THIRD estate in humanity (M/Fm & TV) and assist those that entered into it.

Enough can not be said of your efforts and it is regreted that you are taking leave of your magnanimous efforts in the behalf of so many others in need of such effort.

Anyway all hail, but not farewell as it is hoped that we will hear from you from time to time...in your successor newsletter.

I take note that many of your friends would like to correspond or would like correspondence.

If any wish to correspond, I would be most appreciative of their effort to write to me at POBox 354 Stamford, Ct., 06904, no name is necessary. (on the envelope)

I am particularly interested in hearing from one of the younger set able to model size 12/14/or 16 max gowns in velvet, satin, velour or corduroy. A most feminine personality is preferred.

Please send me a directory as my own has become lost.

Again thanks for a good news letter, your correspondence and your effort on the above request.

Valent

Hi,

My name is Sheila, and i live with my brother in a small Oklahoma city. He is a recruiter for the U.S. Armed services and has a second job which at times is quite dangerous. Because of this we have mostly kept to ourselves, but I've grown so lonesome I must have some friends with the same interests. We still wish to remain rather private, but do enjoy letters etc. from others. My main interest is TVing but Steve has many other interests. Being a "dating" brother Steve gives me as much attention as possible. He also spends a good deal on clothing for me, even though I seldom go out. He says he enjoys knowing I'M dressed from the skin out in the most feminine items & brands available, and often sets up his camera for a photo session using me as the only model! I go nearly everywhere with Steve (always in the back ground) remaining behind only when his second job demands it. We would enjoy hearing from others like ourselves especially those in similar occupations etc. Photo exchange, experience letters and how others cope with situations such as Steve and I are in....SHEILA & STEVE... S. PARKS, [REDACTED] [REDACTED] [REDACTED] [REDACTED]

Dear Wilma;

Just to show how much some people are about what you want or do. One day I stopped in front of a Beauty Salon that had a large sign in one of its windows advertising "Machine Permanent Waves" No Appointment Necessary". Looking in the salon I saw only one customer having her hair done, while the operators were standing at the counter talking. On impulse I said to my self "I have always wanted wavy hair so lets give it a try." Going inside one of the operators at the counter asked if she could help me. I replied "yes, I would like to have a machine permanent wave." She said, "Alright, come along with me." Taking me back and seating me at her booth. She started to work on my hair just as if it was an everyday accurance for a man to get a permanent wave. As she rolled my hair on rods and fastened them in brackets, we talked about my hair and the care I should give it with my new permanant wave. She was very pleasant and answered all my questions very willingly. The complete process of a permanent, set, drying and comb out was very pleasant and rewarding experience. I feel this was do to having no fear of apperhensions about what I was doing was wrong in anyway. I just enjoyed and loved every second of it.

DONNA C. HARRISBURG PA.

THINGS TV's DREAD THE MOST:

(1) To inquire at the linguri department about a bra or stockings and have the sales lady say something that, to you sounds like, "is this the size you wear? Or to run into the same saleslady while you are accompanying your wife and hear the saleslady say "Hello, Mrs Smith, did you like the stockings your husband bought for you last week/"?

Dear Wilma:

Do I have interests other than crossdressing? You bet I do. Although my cross-dressing interest has been life-long, only in the last two years have I really explored and "tasted" transvestism. Ever since I can remember I have been interested in trains and airplanes. I am a model railroader of sorts. I don't have an operating layout at this time but I do have 10 very nice brass locomotives in HO scale. I'm also interested in books about trains and railroads and I have a fairly large collection. My interest in airplanes did not get very far due, mainly, to budget limitations. I like flying in any kind of aircraft, but I've never felt strong enough about learning to fly to spend the money on it. I once had an introductory lesson in a sailplane, but the tight, steep turns made me airsick and dizzy. I'm also interested in ships of all kinds. When I'm travelling across country I try to plan on visiting restored warships and maritime museums, of course, I also try to visit railroad museums, preferably those with operating steam locomotives. I like to go bargain hunting and in addition to femme clothes, I like to buy books at ridiculously low prices. Many of the books I have are about the second world war. As far as sports go, I really don't get involved with anything other than swimming, of course, that's a summer activity in this climate. I especially enjoy teaching children to swim. I must have some talent for it because, in the past 3 years I have taught 5 of my neighbors children to swim in our large in-ground pool. It's really a great feeling to see the kids swim, running, diving and frolicking in the water while remembering how, not so many years ago. They were afraid of the water. A few years ago I tried Scuba diving. I liked it, but, again, it will require a commitment of money for lessons and equipment. Maybe this Fall I'll reconsider taking lessons. The hobby that seems to be taking most of my spare time, outside of TV correspondence and reading TV/TS books is my home computer. Last October I bought a TRS-80 Model 3- 16K computer with tape cassette. Last week I bought a printer and the past few nights I've spent time trying it out. I really should say "we" bought the computer equipment because my wife, Marilyn, was enthusiastic about it. I tried to teach her to program the computer using the BASIC language, but she is turned off by anything even remotely mathematical - except for our checking account. Now, with the printer and software to ease the pain, her interest in computers might be revived. At work she has taken a course in word processing and next month she will be taking a course on VISI-CALC. Oh yes, I like to hike, but I don't get much chance to do it. I'm also interested in minerals and, someday - probably after I retire, I'll get more involved with that. There are so many things I'd like to do, but every year it seems I get more and more busy with work. Now at age 55, I should be making retirement plans. I'd like to retire right now and I would if I could afford to. Maybe they'll make me an offer at age 60 or thereabouts....EDITH MARIE.....VALLEY COTTAGE.....N.Y.....

Dear Wilma:

Straight people who have seen me dressed in femme not only accept me, but they have told me that I am an easier person to talk to than when I'm a male. The femme side is more tolerant and understanding. My wife has really taken me in hand in matters of make up and voice. She realizes that I have a strong masculine voice but insists that it be modulated to a softer feminine tone when present as a woman. She is very critical at this point and corrects my projections even when I'm a man and we are alone. It is very gratifying when there is someone who is helping in making one aware of a lapse in her feminine expression. I suppose it is true with most women just as it is with my wife, she likes to have husband around once in a while. This is very difficult for I am 90% TV during my free time and suspect that as time goes by this percentage will rise. JOAN C.....PLATSBURG.....N.Y.....

Dear Wilma:

I am corresponding with a TV in Paris, France who has been working as a domestic and is currently in such work as a housekeeper tells me that, in comparison with the last time he looked (about 5 years ago) he is finding a great deal more acceptance of TVism. Before he explains, he more or less was lucky to find anyone interested in employing him, now he has five or six offers despite being interviewed in dresses. I sure do hope that this is a trend. And I'm sure 90% of all TV's hope so too...VALARIE C.....WAYNE.....N.J.

Dear Wilma:

After a session of dressing I have difficulty in removing my make up. what can I do.... DANA D. SYRACUSE N.Y.

Dear Dana;

Apply cold cream before putting on your make up as actors do. It is a little greasy but powder, and eye shadow and lipstick remove faster.....

Dear Wilma:

I have trouble in learning how to use make up. Is there a simple way? FRANCIS E. BRIDGEPORT N.Y.

Dear Francis:

Womens national magazines give all kinds of hints. All you have to do is practice.

PROSTHESES BREAST FORMS

No. 21-105. \$98.00 pair.

Soft Touch

BREAST FORMS

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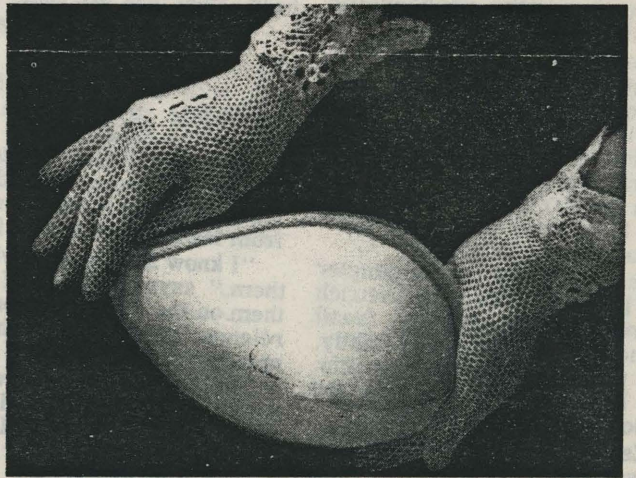


For new curves and comfort, create the shape you want

No. 21-105. \$98.00 pair.

Size Chart (breast forms are sized 1-7)

Bra size	30	32	34	36	38	40	42	44
A-cup	1	1	1	2	3	4	5	6
B-cup	1	1	2	3	4	5	6	6
C-cup	1	2	3	4	5	6	6	7
D-cup	2	3	4	5	6	6	7	7



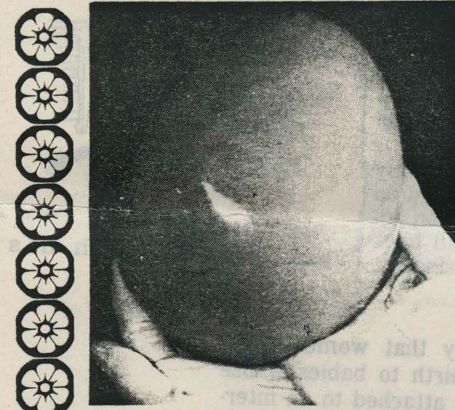
No. 222. Molded silicone breast form feels, looks like real human breast, flesh-colored with molded, realistic nipple. Will not harden or shrink. No ridges, weak points or sharp edges. Comfortable, natural feel. Sizes 1-11. [see chart]. \$198.00 pair.

Size Chart (breast forms are sized 0/2-11)

Bra size	32	34	36	38	40	42	44
A-cup	0/2	3	4	5	6	7	8
B-cup	3	4	5	6	7	8	9
C-cup	4	5	6	7	8	9	10
D-cup	5	6	7	8	9	10	11

No. 5910, A cup No. 5920, B cup
No. 5930, C cup No. 5940, D cup

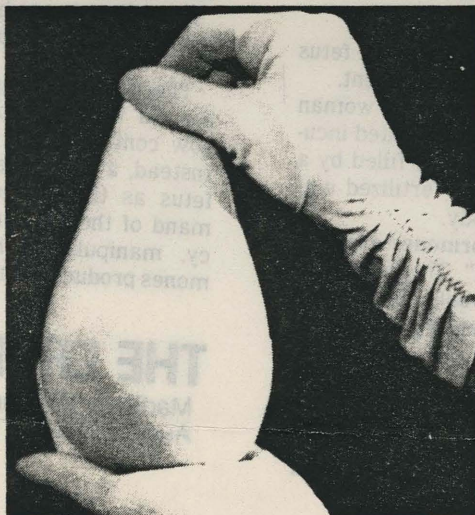
Foam-filled realistically weighted and shaped breast pads, fabric covered. \$27.00 pair.



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Size Chart (breast forms are sized 1-10)

Bra size	30	32	34	36	38	40	42	44
A-cup	1	1	2	3	4	5	6	7
B-cup	1	2	3	4	5	6	7	8
C-cup	2	3	4	5	6	7	8	9
D-cup	3	4	5	6	7	8	9	10



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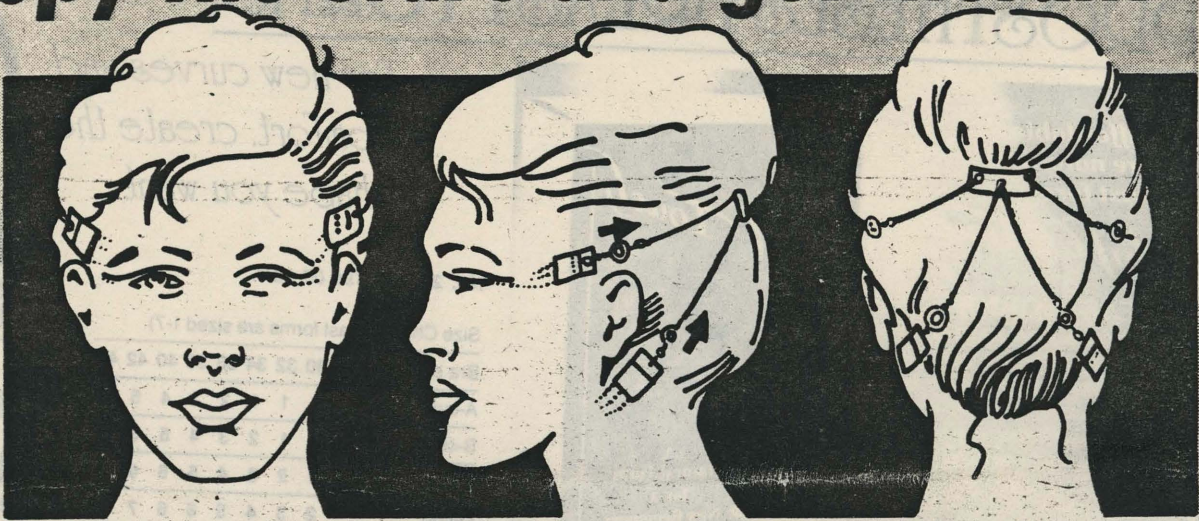
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You can copy the stars and get instant facelifts for \$8



Drawings show how the artificial facelift works. At left, the special tabs are glued onto the side of the head. Then they are connected with strings and tied to the back of the head, right. When the strings are tightened, center, loose skin is pulled taut, making the woman look years younger.

HOLLYWOOD'S most glamorous stars take off years in seconds for special appearances by having "instant" facelifts. And you can do it, too — for as little as \$8.

Stars such as Shelley Winters and Marlene Dietrich routinely have their lifts done by expert makeup artists. But any woman can do it herself just by having some inexpensive materials or purchasing the ready-made facelift kits in a drugstore.

There are two basic types of instant lifts. Artificial lifts use inch-long pieces of net fabric or flexible plastic that are glued to the side of the face and attached by strings to the back of the head. When the strings are tightened, it pulls back loose skin, making the woman look younger.

The second type is the simpler hair lift, which Marlene Dietrich is credited with creating. Small strands of hair are braided tightly, then pulled back to lift loose skin. The braids are then clipped and camouflaged under the hair.

Zsa Zsa Gabor "wore hair lifts for years," says Ralph Gulko, veteran makeup man for the Tonight Show.

Ready-made lift kits cost up to \$30 at the drugstore. With practice, say beauty experts, it takes about a half-hour to apply the kits.

A brand called Beauty Lifts run

about \$8, complete with plastic tabs with self-adhesive backing and elastic strings to tie at the back of the head.

But, says Shelley Winters, one of the few stars who admits to using lifts, "the best ones come from Helen of St. Moritz for \$25."

"I know 20 actresses who wear them," says Shelley. "If I wear them on the Johnny Carson show I release them during the commercials."

How long you should wear the devices is up to you. Shelley Winters says they feel painful after an hour or so.

But makeup artists like Joe Blasco, president of Joe Blasco Makeup Center in Los Angeles, says that, with occasional relaxation periods, lifts can be worn for a whole day.

Most celebrities, including Zsa

Zsa, prefer hair lifts than the artificial lifts, said Gulko of the Tonight Show. For one thing, with the braid-and-pull process, there is no tape or glue that can be affected by heat and perspiration, causing rigged-up lifts to pop.

In fact, Gulko says only about 2 percent of the women celebrities he sees on the Tonight Show use artificial lifts.

Although actresses in their thirties often wear lifts for theatrical roles, public appearances and guest spots on talk shows, they are mainly used by women over 50. Makeup artists say 10 to 20 percent of older female stars wear the device.

And while lifts are used mostly on the face, they can also hold up other areas of the body. When applied to the hands they pull back sagging skin under long sleeves.

Or they can be attached to the breasts and rigged over the shoulder to the back.

Some men go for them, too, experts say. But unless they have longer hair to cover the tabs, they usually require a wig as well.

"Lifts for men have to be smaller and fit between the sideburn and the ear," Blasco explained, "so the artist is limited in how much correction he can achieve."



"How about that, Charlie, Jack is here with his father?"

Australian researchers say men can be mommies

Agence France-Presse

MELBOURNE, Australia — Two prominent Melbourne researchers believe it is possible for men to bear children.

They say there is no biological reason why an embryo fertilized in a laboratory could not be implanted in a man's abdomen, allowed to mature and be delivered by Caesarian section.

Research by Geoffrey Thorburn and Dr. Richard Harding, now based at Melbourne's Monash University,

has shown the central role of the fetus in regulating its own development.

According to Thorburn, the woman can be likened to a sophisticated incubator, a role that could be filled by a man with a laboratory-fertilized embryo planted in his body.

"The necessary hormones are produced by the fetus," Thorburn said Wednesday. "You would expect the man to get breast enlargement and morning sickness and the other changes you see in a woman during pregnancy."

Prof. Carl Wood, director of Monash University's test-tube baby program,

said Wednesday that women occasionally gave birth to babies whose placentas were attached to an internal organ such as the bowel instead of the uterus.

He said embryos had been successfully implanted in male mice.

Thorburn's findings contrast with the old view that the mother somehow controlled the developing fetus. Instead, a picture is emerging of the fetus as the one in chemical command of the mother during pregnancy, manipulating her through hormones produced in the placenta.

THE CAPITALTIMES

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Studies back surgery for transsexuals

New York Times

Two new studies take issue with an earlier conclusion that surgery for transsexuals accomplishes little or nothing at great cost. The new studies suggest that when patients are carefully selected, sex-transforming surgery is probably the best way to treat this vexing problem.

Transsexuals are convinced that they are really persons of the opposite sex trapped in the wrong bodies. Psychotherapy has had notoriously poor results in helping adult transsexuals adjust to the gender into which they were born.

Last year, Johns Hopkins University — the first American university to perform the complex surgery of changing transsexual

men into "women" — stopped doing the operations after a study of 50 patients who had undergone a sex change there showed little improvement in their lives some years later.

However, specialists at several of the 15 to 20 medical centers where similar surgery was being done said the Johns Hopkins study was statistically faulty and based on a biased sample of individuals.

A new follow-up study of 17 men who had transsexual surgery at the University of Washington in Seattle an average of eight years earlier indicated that the patients had improved in their sexual adjustment and family acceptance, though gains in financial status and interpersonal relationships were

only modest. All were satisfied with their surgery and considered it beneficial, Drs. D. Daniel Hunt and John Hampson reported in the *American Journal of Psychiatry*.

A second, still-preliminary study of 22 patients who were operated on at the University of Minnesota an average of eight years ago also found "no regrets." Unlike those in the Seattle study, the Minnesota patients showed "a significant improvement in psychological functioning."

Those with the best surgical results reported the highest life satisfaction, according to Dr. Sharon Satterfield, a psychiatrist who directs the university's program in human sexuality.