



# TGIC, BUTTERFLY, EON

TRANSGENDERIST INDEPENDANCE CLUB-CALL (518)436-4513 OR  
WRITE T.G.I.C. P.O.BOX 13604 ALBANY, N.Y. 12212-3604  
BUTTERFLY and EON-EXPRESSING OUR NATURE A COLLABORATION  
of NEW YORK STATE GROUPS

MAY-JUNE 1989

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CLUB NEWS

As most of you have probably heard through the grapevine, Renee and Karyn will, by the time most of you read this, have moved to California. According to our Constitution and By-Laws I will fill the office of President of T.G.I.C. I will fill all remaining vacant offices by appointment. Anyone having questions about this can contact me through the club p.o. box or at one of the parties or rap sessions. Please don't succumb to the rumor mill. If you have any problems or concerns come get your answers first hand.

Renee has, for the past few years, almost exclusively held T.G.I.C. together. I would like to thank Renee publicly at this time for all she has done to keep our group together. It's been a lot of work for her to keep this show on the road and now it's our turn to keep it running smoothly. The groundwork has been laid. Let's make it work.

Many of you are probably asking what is in store for our group now? As it stands as of now, the loft will be available for our parties, meetings, and rap sessions. The phone and utilities have been switched over to the group and are now OUR responsibility. No more handouts from Renee. For those of you who didn't know, there were quite a few handouts. We will still have our monthly party at the 145 Club. The newsletter will still be published on a bi-monthly basis. The group now has a checking account to help keep better records.

One thing that we all must remember, Renee was not T.G.I.C. and neither am I. We, as all of you people are, are only a small part of the whole. Our group is exactly that, **ours**, not mine, not Renee's. You will get from the group exactly what you put in. Running the group has given Renee a lot of heartaches and headaches. To balance all of those out there was all the good

times. Knowing that you helped someone out of the closet, knowing that what you did really did make a difference. I'm sure that she felt that satisfaction many times running our group. I, for one would probably still be in the closet if not for Renee and Karyn's help. I can certainly do without the headaches but now it's my turn to help out and I intend to do just that. I would hope that most of you will help out also. With all of us working together to keep the group moving forward, T.G.I.C. can and will remain in the mainstream of the gender community. That my friends will be the best going away present we can give Renee and Karyn.

At this point I would like to move on to some other club business. The first item is dues. **DUES ARE DUE!!!** All dues or newsletter fees are due in January. For those of you who haven't paid your membership dues or newsletter fees, this will be your last newsletter until they are paid. It is not fair to the members who pay their fees on time to foot the bill for those who don't. As I stated earlier, we have a rent payment, phone bill, and an electric payment. We have photocopying costs and mailing costs. These costs are our responsibility now. This burden must be shared by everyone not just a few. Remember if it was not for the phone, newsletter, or apartment being available some of you would still be sitting home all dressed up with no place to go.

The wife's and mate support group will still meet with the help of my wife, Tamie. We will be planning some husband and wife activities in the near future.

T.G.I.C. is a Tapestry distributor. I have twenty copies available. If you need them let me know.

The groundwork has been laid for us to have a very large and active group in the gender community. We will attempt to provide a safe way "out" for newcomers and some more advanced activities for our older, bolder experienced sisters. This is **your** group. Help me help you make it work.  
Thanks,  
*Eun*



## Opinion - Forum - Information

### Reality anchors...more thoughts on hormones and TVs, by JoAnn Roberts

In a study performed between 1962 and 1972, Virginia Prince interviewed over 500 transvestites. One interesting result of that survey was that 50% of the people were interested in taking hormones. That is a startling figure. It also seems to be an accurate one based on Richard Docter's latest research with transvestites.

From my own personal experience I know of three close friends who are self proclaimed to be non-transsexual, yet are taking hormones. One of these people is married and one is in a serious relationship with a woman. What gives here?

There is a behavior pattern that I've observed time after time and I've been guilty of it myself. Once out of the closet, many transvestites tend to go overboard with their dressing, especially if a spouse has agreed to "try it." Everything must be done as the femme-self. All of a sudden good things are happening to 'her', and they want to keep it that way, forever if possible. Some may further reason that if they can live as 'her'

full time, then good things will happen to them all the time. Ask any transsexual in a Real Life Test if that makes any sense to them.

I think part of the problem, at least, is that so much of a transvestite's life is made up of fantasy that they lose their grip on reality. They don't have, or they reject, the "reality anchors" that will keep them from making unnecessary mistakes. They are classic over achievers, pursuing every facet of femininity to the exclusion of all else. They know what they want and they want it all, now.

I listen to my "reality anchors"; my wife and children. They are aware of and support my crossdressing activities, but they also keep me reminded that my activities affect them as well as myself. My wife says I take too many chances with public appearances. She may be right at times. I carefully weigh the potential good of each appearance against the risks to myself and family. I then try to make an informed decision; one based on the reality of the situation, and my "anchors" are part of

that decision process.

As Karen said, "I'm not your mother", but I feel I have an ethical obligation to remind you that a transvestite on hormones is at risk for all sorts of physiological and possibly psychological problems. Further, if you are married and your spouse was not made a part of the decision process, then you are being terribly selfish and irresponsible (more on this subject in a later editorial).

Sometimes it requires a smack on the side of the head with a 2X4 to get someone's attention. The facts about estrogen printed below are the cold reality of the risks one takes when ingesting hormones. For transsexuals, there is no choice but to accept these risks if they are ever to achieve their preferred gender role as women. At least most transsexuals will do so under the care of an endocrinologist or gynecologist. A transvestite has a choice and it should not be made lightly.

No matter how you rationalize it, hormones are drugs and drugs are serious business.

### The facts about estrogens...excerpted from the *Physician's Desk Reference*

Estinyl - synthetic estrogen - chemical name 19-Nor-17a-pregna-1,3,5(10)-trien-20-yne-3,17-diol

Premarin - a mixture of estrogens obtained exclusively from natural sources.

#### The dangers are:

- Cancer - Estrogens can cause development of tumors in animals such as tumors of the breast, cervix, vagina or liver. One study raises the possibility that the use of estrogen may increase the risk of breast cancer in later years.

- Gallbladder disease - There is an increased risk of developing

gall bladder disease requiring surgery.

- Abnormal blood clotting - Estrogens increase the risk of blood clotting in various parts of the body. This can result in a stroke (clot in the brain), a heart attack (clot in a blood vessel of the heart), or a pulmonary embolism (a clot that forms in the leg or pelvis, breaks off and travels to the lungs). Any of these can be fatal.

#### General Precautions:

- A complete medical history should be taken with specific reference to blood pressure and breasts.

- Estrogens cause some degree

of fluid retention and conditions such as epilepsy, migraine and cardiac or renal problems may become aggravated.

- Oral contraceptives appear to be associated with an increased incidence of mental depression.

#### Adverse Reactions:

- Tenderness, enlargement and secretion of the breasts

- Nausea, vomiting, and cramps

- Loss of scalp hair, hirsutism

- Steepening of corneal curvature, intolerance of contact lenses

- Headache, migraine, dizziness, mental depression

I have included this article from the Renaissance newsletter because I felt it was important. There isn't a whole lot to add. Joann has said it all very nicely.



CALENDAR OF EVENTS

- 5/06/89 TGIC WIVES/SUPPORT GROUP
- 5/13/89 TGIC PARTY 145 CLUB
- 5/26/89 TGIC SPECIAL MEETING  
TGIC PARTY @ LOFT
- TGIC RAP SESSIONS AVAILABLE EVERY THURS-  
DAY. LET US KNOW IF YOU ARE COMING ON  
THE CLUB PHONE.
- 5/27/89 BUTTERFLY RAP GROUP
- 5/28/89 BUTTERFLY PARTY
- 5/20/89 EON PARTY
- 6/03/89 TGIC WIVES/MATES SUPPORT
- 6/10/89 TGIC PARTY 145 CLUB
- 6/23/89 TGIC PARTY @ LOFT
- 6/27/89 BUTTERFLY RAP GROUP
- 6/28/89 BUTTERFLY PARTY
- 6/20/89 EON PARTY
- 7/01/89 TGIC WIVES/MATES SUPPORT
- 7/08/89 TGIC PARTY 145 CLUB
- 7/28/89 TGIC PARTY @ LOFT
- 7/22/89 BUTTERFLY RAP GROUP
- 7/23/89 BUTTERFLY PARTY
- 7/15/89 EON PARTY

any questions on times or dates of parties or support meetings should be sent to us at: T.G.I.C. P.O.Box 13604 ALBANY, N.Y. 12212-3604 OR call us at: (518) 436-4513

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INTERNATIONAL MARTIAL ARTS  
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See Dawn or call Susan @ 426-9476  
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393 Second Ave Albany, N.Y.

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You do not have to be dressed "En Femme" to participate in the self defense classes. Helen, Tamie, John, and Dave (Dawn's other half) have been going to classes for a little over a month and we are having a ball, getting a workout and learning to defend ourselves. Friday evenings have been set aside for us but please dress accordingly as this is a place of business.

BANK ACCOUNTS IN YOUR FEMME NAME

One dream that a lot of gender people I know have is to have a checking or savings account in their femme name. There is hope. It is very simple and very legal. You don't have to have a legal name change or pay out any expensive lawyers fees.

The first thing you need to do is to get an application for "DBA" papers. Once filled out correctly and filed with the proper agencies you will be legally allowed to Do Business As under any fictitious name you choose. The papers require you to fill out your real name and address and your "business" name. The next step is to go to the notary public and sign the form in his/her presence. They have to notarize your signature, nothing else. After the notary, the next stop is the county clerk's office to file the papers. Two years ago the fee in Rensselaer county was \$25.00 and \$4.00 for each certified copy. The bank or credit card company will want a certified copy. Next stop is the bank. Take your certified copy with you as they will probably have to keep it on file, and open your savings and checking account.

Basically, what the DBA papers say is that you are legally entitled to use your name of choice to conduct business. They do not say that you have to or ever will. Your DBA papers don't ,to my knowledge expire.



"ER-MISS KRINLAP, ACCORDING TO THIS QUESTIONNAIRE YOU FILLED OUT, YOUR LAST FULL TIME JOB WAS A SHORTSTOP WITH THE NEW YORK METS. WOULD YOU EXPLAIN THAT!.



PLAY THE PART

MY LOVE  
by DONNA

When you go out en femme, do you think of yourself as a man dressed in woman's clothes? One of the most important things that we need to forget when we go out is the fact that we are men in dresses. We need to learn to do as actors and actresses do, that is, learn to play the part as if we are exactly what we are pretending to be. Our "stage" is the real world and our audience is everyone else out there.

To do what we need to do, we need more than just a femme name. We need a personality, job, and other things that will help us make the transfer from John to Jane. A good place to start is to sit down and write everything about the person you want to be.

So it was: I'm Brenda and I'm twenty-nine years old, single, sophisticated girl about town, executive in a small cosmetics company making \$60,000.00 a year. I have a very pretty apartment in a good section of town. I've just started a diet and am very confident with myself. We could add much more as time goes on and Brenda gets out and gets more experience under her belt.

The important thing to remember is that our Brenda can be as different from John as night and day. I'm not saying just go out and lie. Just that when you are your femme self forget all about your boynself. Leave John home for the night. Let Brenda have her own life. Play the part as best you can.

It's a bit of fantasy but once created, Brenda will mean a lot more to you and be a real person to you and others. Then when you go out to dinner or to the movies, you go as Brenda not as John in a dress. Feel and be Brenda. Become lost in the part, just as actors and actresses do. Become Brenda for the duration of the play or movie. Your audience will be the hundreds of people you meet on the street in your new "role". If you are a good actor, the "rave revues" you will receive will be in the form that people will only see you as a woman, out shopping, dining, or on her way to an appointment.

My wife accepts me as I am,  
Both as a gal or as a man.  
Our life together is very sweet,  
Her accepting me is a real treat.  
She loves me when,  
I am a man.  
She loves me when,  
I am who I am.  
Together we shall always be  
The one of her and the two of me.



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or

Relax in the lounge to piano tunes  
If it's your first time, introduce  
yourself to Jerry & Eve, your hosts  
They will help you anyway they can, if  
you tell them that your from T.G.I.C.  
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"The only men allowed to wear  
dresses are Scotchmen, judges,  
and priests."



## ELECTROLYSIS UPDATE

If you've always wanted to get rid of excess hair on your face or body, you may be considering electrolysis. It's still the only way to remove hair permanently. But since the procedure is both time consuming and costly, you should know what to expect-and what to watch out for-beforehand.

### HOW EFFECTIVE ?

Eventually, electrolysis can remove all hair in any area. But it will take a series of sessions. And some hairs are more difficult than others to destroy. Here's how it works: To kill a hair root, a fine sterilized probe (some are presterilized and disposable) is inserted into the base of a hair follicle, and a tiny amount of current is released. The hair is then removed with small forceps.

But only **visible** hair can be treated. According to Judi Bryan, a licensed electrologist, "About one third of your hair is on the skin surface at any given time." There are many follicles underneath the skin which are inactive. Because these follicles can't be treated until hair is produced, some amount of new growth in between sessions is inevitable.

Regrowth from treated follicles can also occur if the root was not successfully destroyed the first time (this usually happens when the area has been tweezed or waxed, causing follicle damage). And stray hairs can appear at any time later due to hormonal changes from stress, or illness.

Trudy Brown, president of the International Guild of Professional Electrologists, says to expect at least one hour of weekly visits, depending on the area being treated. Costs differ with each electrologist and geographic location, but usually range between \$12 and \$15 for fifteen minutes; session times vary.

### HOW SAFE?

Under the care of a skilled practitioner, electrolysis is generally safe for all skin types. And though individual pain tolerances vary, it is usually only mildly uncomfortable.

However, since only 25 states require electrologists to be licensed, choosing an electrologist with good training and experience is important. Under the wrong person's hands, you may be in for such problems as scarring, blotting, discoloration-even infection.



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Moreover, if you can feel resistance as the hairs are removed, the root hasn't been destroyed and the job is being done incorrectly.

The best way to find an electrologist-whether licensed or not-is to check with your doctor, dermatologist, and/or friends for referrals.

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### WHERE HAVE YOU BEEN?

We know that crossdressing can take up a lot of your free time. We do understand that some of you can't get out of the house now that the clocks have been set ahead. We want you to know that you are welcome at our functions whether you are dressed "en femme" or not. We like it when you can but we want you to come out anyway. The last few parties have had some real good turnouts and we would like them to continue. Come on out even if the time change and the later sunsets don't permit you to dress.

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BED & BREAKFAST

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### MANNSVIEW INN

RD #1 BOX 431  
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YOUR HOSTS - KELLEY AND BETTE MANN

I DON'T REALLY HAVE THE HEART TO TELL DAD I'M A GIRL



**VOLUNTEERS NEEDED**

The group will be looking for volunteers to fill the position of Librarian, activities chairperson (also activity committee people) and an outreach coordinator to set up educational programs in the community. If interested see Dawn or come to the next business meeting on Friday, May 26, 1989 at the loft. The meeting will start about 9:00 to give you a chance to get there and participate.

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**WIVES/MATE SUPPORT GROUP**

The wife's/mate support group will meet the first Saturday of each month. All wives and mates of crossdressers are encouraged to attend with their significant other NOT crossdressed unless they are now living full time. We will be discussing issues that affect the lives of couples whose life has been affected by crossdressing. We feel that open communication is the first step in keeping your relationship running smoothly. We're looking forward to seeing you on May 6, 1989 and June 3, 1989 at 8:00 p.m. at the loft.

Dawn & Tamie



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 Why is it, when women wear men's clothes it's called 'Dress For Success', but when men wear women's clothes it's called WEIRD???

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