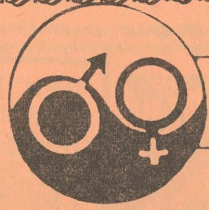


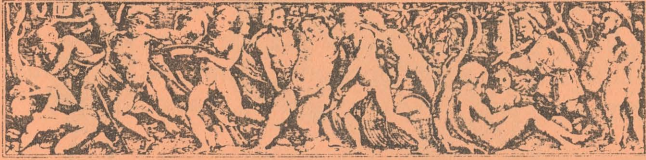
# OUTREACH



## NEWSLETTER

VOL. VII No. 1

WINTER 1983



### BOARD APPROVES 2 MAJOR PROJECTS FOR 1983

At the last meeting of the Board of Directors of the Outreach Institute, approval was given to two major projects for 1983.

1. Fantasia Weekends - After eight years of doing Fantasia Fairs, a nine day living/learning experience for all people exploring alternative gender roles, it was decided that we should offer a similar quality program over a long week-end in selected locations in the United States. Accordingly the Institute has undertaken the necessary steps in implementing this program. A flyer is enclosed with this newsletter with details.

2. A National Paraculture Guide and Directory - Recognizing the needs of the many diverse elements of the paraculture, the major problem is to have access to programs and services throughout the United States. Hence the Board gave approval to the development of the National Guide which would include listings of social contact groups, professional, legal, medical services, practical services and much more. To present such a comprehensive guide will require a carefully developed system of reliable data collection of available resources. We hope that readers of Outreach Newsletter will help by sending us pertinent information for inclusion in this publication. We expect to complete data collecting by June 1983 and hopefully go to press soon thereafter.

### WORKSHOP FOR SPOUSES HELD AT FANTASIA FAIR 1982 by N. Miller

I am a newcomer to Fantasia Fair and to the world of the cross-dresser. Prior to my involvement with this year's Fair, I had had a few crossdressers (CDs) as clients, in therapy. I met Ariadne through a mutual friend at the National Meeting of the Association for Humanistic Psychology. We became friends and she asked if I would be interested in facilitating a workshop for wives and friends of crossdressers. I learned much about this paraculture and about myself through relating to Ari. As a practicing psychotherapist and a person very interested in other life patterns, I can be tolerant of those who are different from myself. I feel good about myself with all my faults. Therefore, I'm not threatened by a wide range of behaviors and characteristics which, I realize, are all expressions of my potential self whether I choose to exercise them or not.

I entered this world with a mixture of curiosity, apprehension about whether I would be accepted, excitement, shyness and a desire to be open. I left five days later changed in some profound way which it will take me some time to articulate. I recall the lines from a poem:

'I feel that my vessel has struck  
Down in the depths  
Upon some huge thing.

-Juan Ramon Jiminez

It has something to do with taboo. The taboo in this society against men dressing like women is enormous. The taboo against women dressing like men doesn't exist. What an imbalance! No wonder there is so much guilt, secrecy, anguish, mistrust and desperate need for support, not just on the part of the men, but also with the wives.

cont'd on pg.4



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The Human Outreach and Achievement Institute is a not for profit, educational corporation of the Commonwealth of Massachusetts. It serves as a resource for helping professionals, crossdressers, androgynes, and transsexuals.

The OUTREACH NEWSLETTER is edited by A. Kane and all inquiries should be addressed to the Outreach Institute, Box 368 Kenmore Station, Boston, MA 02215



**NEW BOOK ACQUISITION**  
*The Male, From Infancy to Old Age*  
 by S. J. Silber, M. D.

reviewed by A. Kane

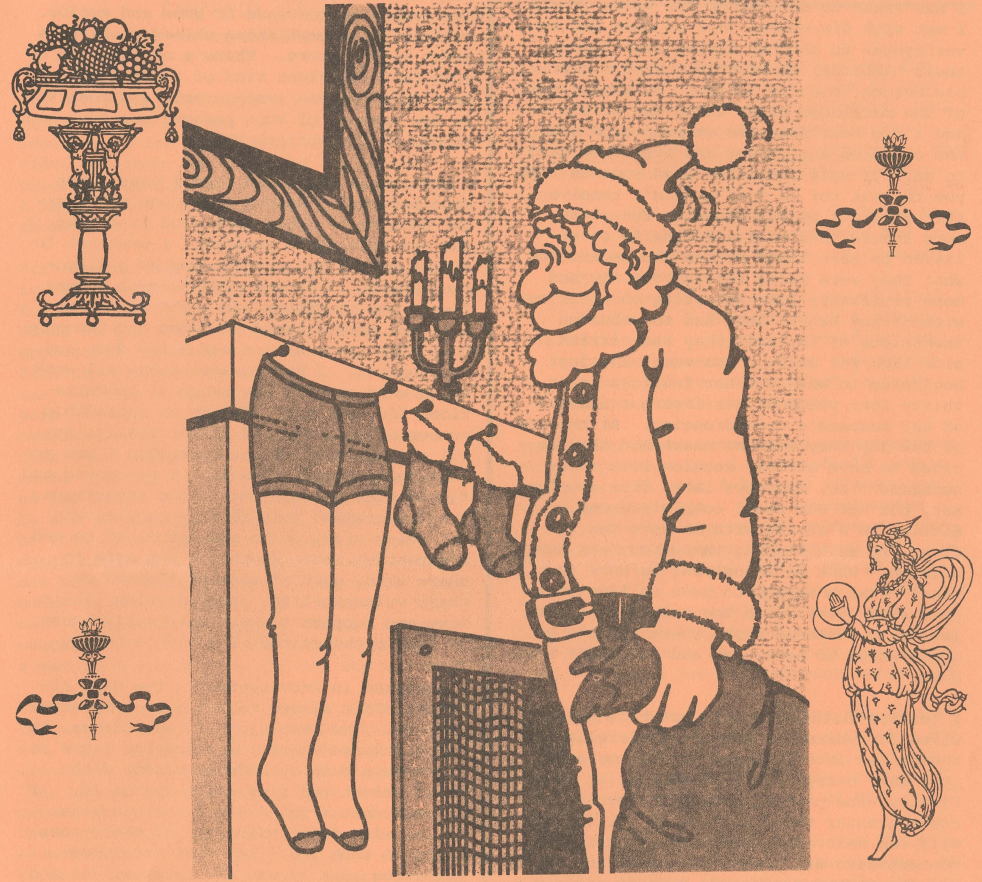
In a clear and well written style, *The Male* by S. J. Silber, M. D. dispels several myths and misconceptions about male sexuality and the development of masculinity.

According to Dr. Silber, the male sexual system and apparatus is highly complex and involves a subtle interplay of both hormonal and body development from fetal differentiation to mature adult. His discussion of the role of testosterone in the development of the human sex drive (for both males and females) is cogent and enlightening. Testosterone serves as a catalyst in the development of this basic urge in humans. However, the differences in sexual desire, gender choice, and sexual preference is the result of complex interaction between early child social development and individual biology.

Of interest to this reviewer is the author's treatment of gender identity. Dr. Silber defines various behavior such as Transvestism, Transsexualism, Homosexuality and discusses what predisposes a male toward different sexual preferences and gender roles. He cites a variety of viewpoints, many still hotly debated, about the origins of these behaviors. His observation, based on a variety of case histories, is that sexual preference and gender role/identity are determined by the manner in which a child is treated during the first two years of life. He talks about imprinting and also sex reversal phenomenon in the animal world.

The book is a milestone in producing sound, basic understanding about the human male. It is highly recommended for helping professionals, parents and all who seek a better awareness about themselves.

This Title is available from the Institute. (Cost \$ 12.95 plus \$ 2.00 for postage and handling.)



May all your Christmas  
 Dreams Come True



## WORKSHOP from pg.1

I was asked to do a group for wives of CDs. I met with six women, four of whom had never spoken to another living soul (except their husbands) about this. What a terrible burden to carry inside! No wonder many of the marriages crack under the strain -- and I did hear some sad stories from some, the divorced men. Over and over they said to me, "If only there had been someone like you to talk to; we just couldn't resolve the conflicts by ourselves." The wives were scared, cautious and finally so relieved to have found others who understood what they were going through. A few had done remarkable jobs adjusting on their own without any help. Most had to unburden themselves of the pain they had carried inside them for years. One woman was just beginning to work out her feelings after thirty four years of marriage but unaware of her husband's crossdressing. At the end of the day they were so heartened they decided to have another session with their husbands. So, two days later five couples met, but not our usual couple's group. Sitting in a circle with me were ten ladies. My main feeling throughout was compassion. What an adjustment to have to make! What a secret to have to live with year after year, with the only viable outlet being Fantasia Fair, where there's an opportunity to be social and let their hair down.

I learned that many men do not tell their wives for years because they initially kid themselves into thinking it will go away once they marry. But, of course, it won't. Finally, the pain of hiding it from her becomes greater than the risk of telling her. Will she walk out? Some do. Will she be contemptuous and resentful? Many are. Will she accept begrudgingly? Many do and can't do more. Will she share in his behavioral desires (the femme is there to stay)? A few are capable of this -- if they have a very solid relationship despite this factor, and if he is self-assured about her femininity and sexual desirability and if they communicate well. That's a lot of ifs.

It was clear to me that there were some issues of coupledness such as self-worth, trust, acceptance, competition, self-image, priorities, conflicts and needs, lifestyle, which get forced to the surface by the acknowledgement of the cross-dressing. It is like a catalyst so that any inherent weak-

nesses that already exist in that relationship have to get dealt with in order for the couple to continue to grow and evolve. Success in accomplishing this depends on a great many factors. There's no doubt in my mind that the right kind of counselor could help this process immeasurably and that very few members of this paraculture have had access to appropriate help.

I did things this week that I have never done before. I helped shave one man's upper back so he could look good in a gown. I put eye make-up on someone. I went out to dinner with a big man dressed as a glamorous woman. I danced with several femmes. I went out to dinner one night with four CDs; two were dressed en femme and two were not. The conversation was wild, deep and fascinating. I had conversations all week which were outside the range of conversations I'd ever had. I felt an incredible number of feelings and didn't realize until the night of the banquet when I was accepting my surprise award. I was moved and filled with tears by the whole experience. I was impressed that so many people, who had every right to be suspicious of me and mistrustful about whether I was safe to share with, gave so much of themselves, their vulnerability, their anguish, their love and support to me, their willingness to take a chance that I wouldn't betray them.

I remained in Provincetown a few days after the Fair closed to reflect on my experiences. The last night I had a dream. At Hargood House where I was staying there is a rose-hip bush outside my window with great bright red ripe rose-hips on it. I dreamed that I found a miniature camera filled with film inside one of these rose-hips. I took the film to be developed realizing that it was spy material and I'd have to watch my step. Indeed, there was a tall man following me. I managed to get the prints of the negatives and shake my pursuer. The photos revealed large groups of men who appeared to be members of a secret society who would be in danger if their identity was revealed. I wasn't sure what to do with all this. Should I destroy the evidence? Keep it to myself? Try to sell it? That's how the drama ended. I've gotten a glimpse into a hidden world which creates a paradox of responsibility for me: I must protect and I must reveal. Your secrets are safe with me, but society must take notice and face what you represent.

## FAN/FAIR 1982

The 8th Annual Fantasia Fair was held in Provincetown, October 15 - 24, 1982. In addition to the Pool Party, Swim Suit Review, and numerous practical and social programs, we introduced two new activities; A Whale Watch and a Kite Flying Extravaganza.

Fifteen Fair goers boarded the Dolphin III in Provincetown Harbor and set out to look for whales. Under the management and guidance of the Coastal Studies Center, we approached the feeding grounds of the Hump Back and Finback Whales. After an hour at sea, several miles off shore, we spotted a pair of Humpback Whales. They were an incredible sight to see. Then as we came near these behemoths of the sea, another whale appeared within 20 feet of the bow of the ship. And so it went for two hours. In all we sighted 12 whales. The highlight of this experience was to see a mother whale with her calf. Most of these whales can be identified and have been given names by the Coastal Studies Center. The calf we spotted was as yet unnamed so we suggested the name "Fanny Fair". It was a marvelous experience for all who went.

Twelve adventurous Fair people signed up for the Kite Flying Extravaganza and Picnic. Sponsored by Outermost Kites of Provincetown, they provided the kites and other necessary items for flying kites. Together we selected a section of beach on the Cape Cod National Sea Shore and launched about a dozen of the most diverse kites imaginable. The weather was sunny and the wind was just right for flying. For our picnic we had pizza and beverages and a good time was had by all.

Other highlights of the Fair included our own Fan/Fair Pollies which played to a packed audience of 250 local people and visitors, and there was our incomparable Awards Banquet. Fantasia Fair 1983 will take place October 14 - 23, 1983 in Provincetown. For details write to the Institute.

## KANE PRESENTS AT THE QUAD 'S' MEETING

The National Meeting for the Society for the Scientific Study of Sex (Quad S) was held in San Francisco November 12-14, 1982. Ariadne Kane presented a paper entitled Crossdressing Behaviors and Androgyny. The three basic points made at this presentation were:

- . A gender role preference is being expressed through crossdressing and it is dependent on a choice of time and environment.
- . Crossdressing behaviors are cyclical within the life pattern of a person
- . Particular aspects of crossdressing are the expression of an androgynic nature and become manifest in a positive growth environment.

Among many other interesting presentations two stand out. Dr. S. Satterfield gave a paper on a 14 year follow up of post operative transsexuals. In a comprehensive study comparing the sexual enjoyment, psychological adjustment and general well being of 37 'new women'. Over 80% of these indicated that they: a) enjoyed a more gratifying sexual life, b) have made a healthy psycho-social adjustment to their new life pattern, and, c) felt good about their decision for reassignment surgery.

She stated that these findings can be interpreted as the result of a carefully monitored pre-operative gender role program developed at the Gender Clinic of the University of Minnesota, School of Medicine.

Dr. V. Prince talked on the basis for determining who are 'true' transsexuals. Her survey indicated that those people who are asexual in preference and who feel very comfortable in a femme/gender role are truly transsexual. These persons are good candidates for reassignment surgery. She also talked about the 'pseudo' transsexual and what are the indications for recognizing such individuals.

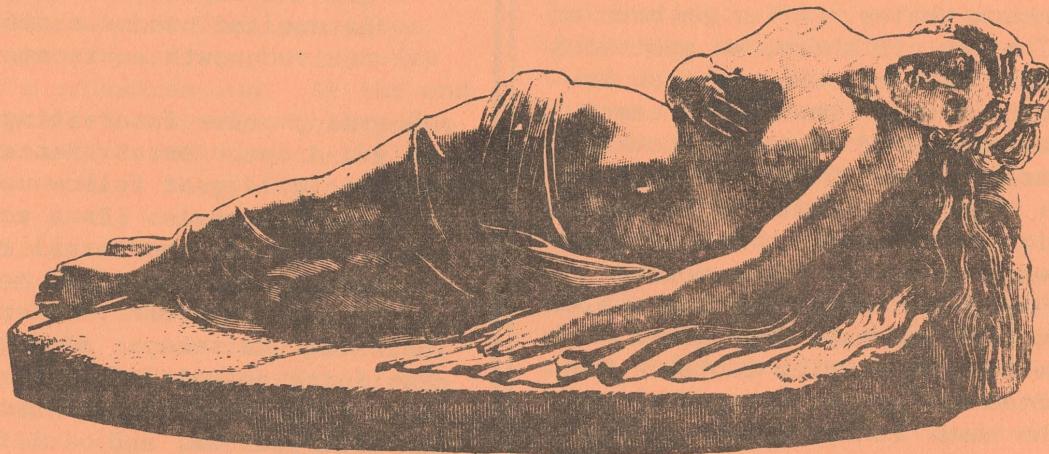
For copies of Kane's paper send \$ 1.50 (made payable to the Outreach Institute) to the Institute.

A CALL FOR ARTICLES

We invite the readership to submit articles, either professional or personal, about some aspect of their experience with the paraculture, to the editors. The articles should be at least two (2) 8½ x 11 double spaced, typewritten pages. They should be received by us at least one month prior to the date of publication of the Outreach Newsletter. Deadlines for receipt of material are November 30, February 27, April 30 and July 31.

BOOK AND REPRINT CATALOG

The Outreach Book and Reprint catalog, previously announced, is printed and available. Those of you who have previously ordered the Catalog but, have not yet received it, please let us know and we will send one out to you. Those who would like to order the Catalog, please write to us with your request. The cost for the Catalog is \$5.00 postage and handling included.



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RENEWAL TIME  
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All subscribers to the Outreach Newsletter who would like to renew their subscriptions to our quarterly publication for 1983 are asked to send their \$10.00 remittance to the Institute. Please complete the form below and return it with your money order or check (U.S. funds only) to our office. NOTE: For 1983, all who subscribe to the newsletter before February 1st for 2 years will receive a special discount of \$2.50, i.e. 2 year's subscription will only cost \$17.50.

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FUN

GAIN  
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## 1983 SCHEDULE

Washington, DC Area  
March 18 - 20

Chicago Area  
May 6 - 8

San Francisco Area  
July 8 - 10

Los Angeles Area  
Aug. 5 - 7



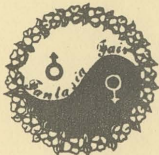
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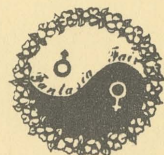
You Owe It To Yourself

9 Full Days

# 9th ANNUAL FANTASIA FAIR PROVINCETOWN, MASS. OCT. 14 - 23



for information, write to: Eve Goodwin, Box 368  
Kenmore Station, Boston, MA 02215



an unexamined life has no meaning

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