Birthday

FJC

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ALBANY, N. Y.

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[redacted]
Albany, New York
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Newsletter Editors
Helen
and
Wilma T[redacted]

*******[redacted]*******[redacted]*

"What d[redacted] we did it again".

Well gals another year gone by and the T[redacted] welcome mat is still out for all you gals to come and visit with all your sisters. We have spent two successful years with all you gals who have one goal, that is to dress and relax and enjoy a good evening, just talking, maybe a few jokes, a little entertainment . I am happy to say that in the two years we have had 451 members attend our gatherings. Oh, there must be many, more of you gals out there who would like to meet some of your sisters.

Last night Wilma showed some slides of the gals that we took about 10 years ago. It sure brought back some sweet memories. Elayne, Jody, Caroline, Jo & Dennie, and Rita from Yonkers. Caroline showed some improvement in dress & weight, Elayn held her weight, and improved her dressing, Rita and Jody we havent seen lately so cant say much about them(would like to see you Rita and Jody), Jo stayed about the same slim & trim, but Dennie, well she's in the same category as Wilma and I we love our food and we show it." We'll start dieting tomorrow and catch up with all the others.

Seems the gas shortage don't bother the gals that came to the gathering last night. Conn. gave us Laura, Louise, Evelyn Utica gave Elayne, Glens Falls gave Michelle, Schenectady gave Winnie, Altamont gave Pam & Joel, Colonie gave Joan, Menands gave Crystal, Troy gave Caroline, Voorheesville, Gave Pauline, Platsburg gave Jean, Albany was Michelle, Helen, Wilma.

Say June, is something wrong, give a call, we all miss you. Maybe we can help.

For all of you who have been asking about Billie, she has called me and said that with her mother being ill, she had to take care of her motel business and then his own work, so he was pretty well wore out, so he will have to wait a little while before he can make a trip down to see all you gals.

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Prepared a nice menu for the girls last night. Had some Roast Beef, Corned Beef, Baked Mac., Turnip, pickles, olives, home made bread, coffee and cookies. While their drinking we have chips, pretzels, peanuts so all in all we give the girls enough food to get fat on. I'm only kidding girls stay slim.

this before

this after

Some of our Girls are going to the Ball in New York next month, to you who are going, have a beautiful time and come back the next month and tell us all about it.

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Had some letters after last months newsletter and it seems you all want to read some more jokes and humorous quips so will try to oblige.

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Gertie Glotz was a dizzy blonde college co-ed who got around. All the boys liked her and claimed her. Joe said, "It's obvious who Gertie loves best... I am wearing her slave bracelet." Bill said, "That's nothing... I'm wearing her sorority pin on my undershirt." Ted said, "Well, I'm not sure just which of us guys she loves the best, but I've got Gerties ring.....in my bathtub.

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Do you know the difference between a middle-aged wife's excess weight problem and the problem of her aging husband? She's trying to get hers down nad he's trying to get his up!

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Wilma walked into the barber shop... The sign was very queer... It said: "During Alterations .. We will shave you in the rear."

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"You'd better Run," Joel said, "because I'm going to chase you around the house and lay one on you! " Pam answered, "Fine... where shall I plan to be caught?

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Laura oh Laura you once told me all about yourself, and how sometime in your young life when you are dressed as a nurse you would like to have some nice young Doctor chase you down the hall and make love to you. But now I see your running in the wrong direction... or. Oh! I see . the Doctor chasing you is not young and handsome. Well Laura better luck the next time.

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"All the world's a chess board, and baby you're my favorite piece."

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Here's a switch: The man was boasting about his sister, who disguised herself as a man and joined the Army. "But wait a minute. " a listener interrupted. "She will have to dress with the boys and shower with the boys, won't she?" "Sure," the man admitted. "Well, won't they find out?" The man shrugged elaborately, "Who'll tell?"

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Elayne from Utica made an appearance on channel 10 on television.

Elayne as you can see was dressed to kill, fancy hose , fur piece, and a lovely hair do.

The commentator asked her one question. "Are all TV's as confident as you are, Elayne?"

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"Why don't women have hair on their chests?" "Did you ever see grass grow on a playground?"

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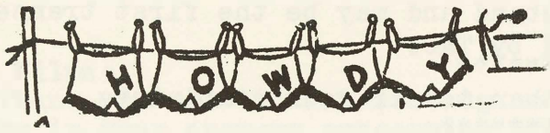
I would like to take this opportunity to tell all the Girls how much I enjoyed being able to help them come out of the closet and be able to join in with all their sisters. I have opened my doors to all the TV's who wanted to enjoy their desires of dressing. I only hope I can continue to make them happy in a small way of letting them come to the home.

Some day I hope to be able to have the wives of those of you who are married but dont quite understand why you have to dress come here and just sit and chat and just maybe be able to get them to understand a little better, I know it is a hard thing for them to bring themselves to think of you as a women, but really you are still a man, you only have the desire to dress in some soft dainty clothing of a women. Only God knows why you must dress. Some day I would like to put a book together about all my experiences with all you girls going back twenty years when I first found out about my Husband. I was scared just as some of the wives are today, now a little smarter, I will try to help others. Here's hoping we have a successful and happy third year. MYbest to all out there.

HELEN



Well my friends our January gathering closed out our second successful year. Happily I can report that we are growing bigger and getting stronger. Suprisingly enough we have money in out treasury and we're staying in the black. But pay your dues if you haven' done so and we can continue to work for our common good. One big contribution this chapter can make to newer members is help with make-up, padding, voice training, clothes selection, advantages and disadvantages of hormones and electrolysis, pros and cons of going out and all the other problems we face---- Your stories, opinions, comments, and items are always welcome to help keep your paper fresh and interesting. Anyone may enter material to be printed, and always state how you want your material signed in print.

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NEW MEMBERS WELCOMED: I am pleased to announce the enrollment of three new members.
L.P., Montreal, Canada.-- L.P., Syosset,L.I., N.Y. -- A.P., Porchester, N.Y.

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QUESTION OF THE MONTH: Do we find ourselves becoming more or less envious of the female race, as time goes on and women continue to be equal to men in dress, and habits??? Tell us your opinion and share it in your paper.

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GIRL MIMICS RELEASED: Four males who were charged with appearing inappropriate attire ~~after~~ after having been picked up dressed in the latest ladies fashions were released unconditionally by Judge M.V.Tepedino in police court. The four had changed their chic mini-skirts, wigs, highh[redacted]oes, and make-[redacted]regular mal[redacted]e for their ap[redacted]e.... C.M.[redacted],31., L.R. [redacted],21., R.P. [redacted] 18, And E.W.[redacted],22, had a [redacted]ed gulity at [redacted]rraignment. [redacted]y were picked [redacted]he Albany police detectives at Central Arms Tavern, 109 Central Ave. (Reported by Albany Times Union.)

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Dear Wilma:.... I know you think it is crazy but I have fallen in love with my new ice box. Joel B.... ANS. It's not wrong if the filler of the box is better.

Dear Wilma:,... I feel I am Going to be 125 yrs. old next month. I attribute my long life to avoiding men, cigarettes, whisky and General Sin. How about that?....ELLEN, CONN.... Ans. I've heard stories about General Sin.

Dear Wilma: My wife has charge accounts all over the city. We are in debt to $14,345. I only make $40 a week. What shall I do. MICHELL,Glens Falls.
ANS:.... Pay the bills and be quiet about it.

Dear Wilma:.... I like life to be raw and exciting and all that jass. How about you. CRYSTAL,MENANDS.... ANS.... Get off my back: I'm not your type.

Dear Wilma:.... My husband is always reading the middle page of Play Boy magazine. That's all he reads. What's with him?.... Elizabeth P, Syracuse.
ANS. What's wrong with that? I always read the middle page in Play Girl, WOWEE.

Dear Wilma:.... I like to take a bath in a tub full of beer, my friends think I8m Nuts, how about you?.... CARALINE,TROY.... ANS:.... I think you are drunk, but move over. WHOOPEE!

Dear Wilma:.... My wife stays up all night watching Les Crane, on ABC-TV. What's he got that I ain'T got? SUE B., ROCHESTER.... ANS:.... A contract of $10,ooo per week.

Dear Wilma:.... I use to think your colum was phony. Now, I suspect you are writing about real people in our chapter.. PAMLE N., ALBANY.... ANS:.. This is an impossible column; some people just have a guilt complexes.

Dear Wilma:.... I married A Chick I met in the cemetary. Something is wrong with her, all she want's to do is suck the blood out of my neck all night What shall I do??
JO D. PEEKSKILL.... ANS:.... Give a little.

Dear Wilma:.... What do people do with Pajamas/..LAURA M., CONN.. ANS:.. Its an item that honeymonners keep near the bed in case of fire.

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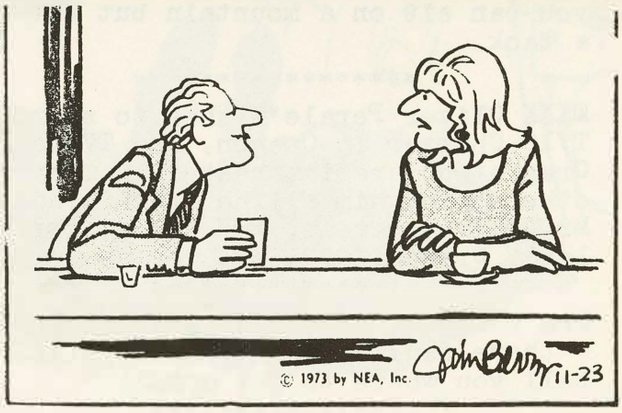
NEXT GATHERING FEB. 16th,&MAR.16th.
LET US KNOW OF YOUR COMING 4 DAYS IN ADVANC



"Try your line on somebody else, buster. I'm a policeman in disguise!"

BITS AND PIECES

Jennifer Fox, a past-operative who has become a top burlesque stripper,was featured in a Miami News article last month. Fox says she is divorcing her present husband and may be the first transexual to seek a divoece. Reported by TAO.

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IT'S much more fun to count your blessings than to air your complaints.

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VAEXJOE, SWEDEN: Post-operative transexual Mikael Hersegard, a female-to-male, wants to change back to female. Mikael says a car accident shocked him out of his new life, and that he would not advise antone to change sex. Reported by Prag Magazine.

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LIVING in the past has one thing in its favor - it's cheaper.

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KIDDERMINSTER, ENGLAND: Poat-operative transexual Carol Crowther, 28, wants to change back to a male again. Carol is calling herself by her old name--Albert--and is wearing male attire. She says "I lost my friends quickly as a woman. Reported by TAO.

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SYMPATHY is never wasted except when you give it to yourself.

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HE'S SHE and SHE'S HE and THAT'S THAT:

San Jose: Jason Heckman.33, is a man and Tonnea Vance,24 is a woman-and their physical appearance and mental attitudes cast no doubt on their genders. But until each underwent trans-sexual operations at Stanford University Medical Center he was a she and she was a he. They are in love, they say, and want to get married. But the State of California says they can't because it does not permit a change in sex on birth certificates and does not permit the marriage of two persons of the same sex. The hangup-or at least one of them-is that Jason, who was born Neva Joy Heckman, was legally able to change his sex on his Nevada birth certificate because that state recognizes trans-sexual changes. But not so with Tonnea, born Gary Paul Townsend in Glendale. The two met at the Stanford medical facility in a counseling session. Jason, a cheif who had worked in Europe and throughout the U.S., underwent the operation last May. Tonnea changed sex in April, 1972. Two are living together in a room in a boarding house here. "He asked me to marry him" said Tonnea, "and I said yes", California authorities, however, said no when they applied for a marriage licence. They said it was a legislative matter and one that will have to be decided by the State Legisture, if and when it is presented with a bill to enact a law on the subject. Each spent about $5000. for the series of operations over a six month period. Sex, they said,is only a small part of being a trans-sexual. "What we're doing now," said Jason, "is to finally adjust our bodies to what our minds have been for so long." He said they were both embarrassed about living together without the benefit of marriage. They have not yet decided, he added, whether to file suit to overturn the California law barring their marriage. Reported by The Examiner, S.F. Calif.

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GOVERNMENT spending gives you an idea why laws are called bills.

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PHILADELPHIA, PA:

Two young men, both dressed as women, were arrested here and charged with robbing a man of $300 in South philadelphia. Police said the two identified as Bruce Brown,21 and Jackie Gennerett, 25 were apprehended when Jose Aragon, 27, of nearby surburban, Lansdown, Pa., yelled for help from his car. According to the police report, Aragon had let the two young men in his car "thinking they were women" and was then robbed of $300 in cash.

REPORTED BY DRAG.

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Its the little things that bother us; you can sit on a mountain but not on a tack.

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Mr. Oliver [redacted] wishes to start a TVIC Chapter in Oregon. You TVs around Oregon who are interested in meeting others drop [redacted] line at this add. Mr. Oliver [redacted], BOB 13173, Portland, Oregon. 97213

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Don't worry about your station in life - there's always someone who will tell you where to get off.

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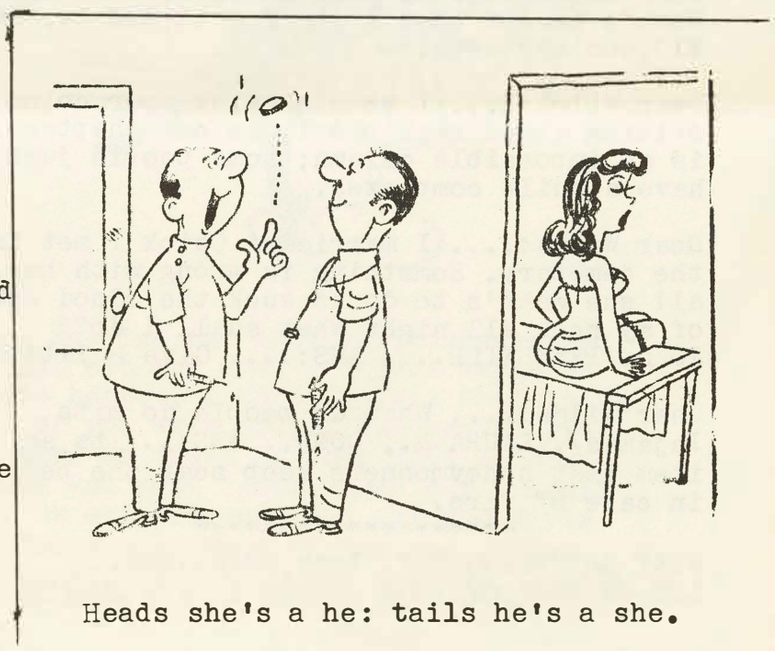

Heads she's a he: tails he's a she.

letters to the editor

Dear Wilma:

Thank you for the interesting newaletter. However, we noted a few minor errors in your answers concerning transexualism and felt you might appreciate some additional information. Sex change surgery for the male-to-female presently consists of redisigning the male genitalia, through plastic surgery, into a fully functioning vagina. It does not consist of removal of the male organs as stated, nor did earlier operations of this type. That statement was an error due to ignorance on the writer of the various articles you reprinted.

The TAO has the names/addresses of many surgeons and clinics who perform sex change surgery. We make this information available to anyone, free of charge. These doctors and clinics make no secret about who they are or where they are, thus I do not see why you would consider it "impossible" to refer anyone to them. The TAO is presently estabolishing its own clinic in San Francisco, by the way, where such surgery will be performed by experienced surgeons at a cost of around $5000. Regarding hormones: estrogenic (not "estrgenie") hormones cost very little. The average cost for a shot, office visit and a months supply of DES, Premarin or Prevera cost no more than $20. They can be obtained from thousands of doctors, They can also be obtained free of charge at the Center of Special Problems, 2107 Van Ness, San Francisco. They have differing effects on verious people as each person has a different amount of male and female hormones. Perhaps it would be helpful if you would refer questions about transexualism to us or to the Transexual Conseling Service in San Francisco, Since we are , of course, transexuals, and it is our primary concern, whereas yours is transvestism.

Sincerly, Angela K. Douglas, President, TAO
Transexual Action Organization, Box 1708, Miami Beach, Fl. 33139

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A towns welcome sign on the highway reads: Thirty days hath September, April, June and November, and anyone exceeding our speed limit.

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Dear Wilma:

I recently had an unsual weekend, I am a Catholic and I went on a "retreat", thats prayer and meditation and I spent three days at a Trappist Monastary, The order of Monks is a very cloistered group and has been for centuries. I went in as Jim of course but the "Phyllis" withen me was screaming for reconition and understanding, I had a 2PM appointment for a gab session with one of the Monks and before I met him I was in the library and found a book written by a MD and one chapter was about TV and TSs! So, when I went in the room to talk to him I began By refering to the chapter and simply said "thats me". He only smiled and said "lets talk about it". We did for about two hours. One may think a TV would be as welcome in a monastary as a case of smaapox in an orphanage but such wasn't the case at all. I think we are all inclineded to think people in religious life dont know what the score is about lif but they are constantly studing all phases og life and its problems. I told him about my early days, problems, sense of guilt and sin etc. and he put me at ease by reminding me that clothing is nothing but cloth and can in no way be sinfull unless used to decieve or lure one into an immoral act. He said wearing fem clothes isnt sinfull and should be legally accepted as being ones own preference, I told him about TVIC and how groups meet etc and he again stressed the point that crossing is not wrong if TVs have no illegal or immoral purpose in mind. He reminded me that for years the Irish and Scots have worn kilts because they like them and have never been considered by society as being wrong. But as we know our society is slow in accepting anything different. I came home with quite a different out look. Phyllis
J. [redacted], BOX F, MIDDLEPORT, N.Y. 14105

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If you have news fit for print send it in.

"Other than that, he's your complete football player."

Transexuals air their needs in group therapy

By KAY BRADLEY

Wearing jeans and a snug green T-shirt to show off her curves, Elizabeth rolled her eyes and sighed about how understanding her boy friend is.

She seems to be a typical college coed, but then slowly you notice a dark fuzz on her cheeks, and later a slight Adam's apple and you remember. Elizabeth is a transexual.

Born male 20 years ago, Elizabeth sits at a group therapy session with others like herself who are physically one sex, but psychologically the other.

"I knew I was accepted as a woman when I told my boy friend I was a transexual. and he said he didn't care," she tells the group. "Some nights I go home and cry because I can't believe God has been so good to me."

The circle includes Teresa, a musician from Delaware in brown slacks and a white blouse. Her white hair is swept up on her head and she has a rope of pearls at the neck, yet her voice, walk and frame are not a woman's.

She made the trip to Brooklyn with her legal wife, who irritated Teresa by warning her not to wear women's clothes in case they had an accident.

There is also Glenda in a simple gray dress with harlequin-framed glasses perched on her nose and chin-length hair tucked behind her ears. Quiet and kindly, she could be a school teacher.

Across from her sits Roger leaning forward. A short young man with an inquisitive expression, he looks 20 but is nine years older. Unlike the others, Roger has had a sex change operation.

Contemplated suicide

Today, the group is "directed at," or concentrating on Bob, a tall well-scrubbed newcomer of 24. Responding to Elizabeth's remarks, he reveals, "I have never loved anyone. I thought I must be asexual, although I've always envied girls because of their clothes. Many times I've thought I should commit suicide." Teresa admits she has felt the same way.

One Sunday a month these patients come to discuss their problems at the 2802 Mermaid Ave. office of Dr. Leo Wollman in a deteriorating section of Coney Island. The doctor, 59, is a general practitioner, psychiatrist, and gynecologist who favors sportshirts. Short and jovial. he creates a warm and supportive atmosphere for his patients by constantly teasing them. In the middle of the session. which his assistant led, Dr. Wollman posted a sign above the door. It read, "Make Bombs, Not Babies. Help Population Control."

"This is for those of you having reproductive problems," he deadpanned. The group, sitting on wooden church pews that are his office furniture, laughed softly.

Photo by Kay Bradley

Before a sex-change operation, Dr. Leo Wollman advocates at least two and a half years of therapy, so that the patient is prepared psychologically. In his once-a-month group sessions with transexuals, he is warm, supportive and humorous.

Learning a reporter was among them, they were eager to explain their condition. "Transexuals are not like homosexuals who are glad they are men and want men for their sexual partners, and they aren't transvestites who just want to wear the clothes of the other sex," Roger said, adding, "Transexuals are physically either male or female, but psychologically feel they are the opposite sex. We want to live the role we feel."

While homosexuals and transvestites can hide their abnormalities, transexuals who strongly need to play the role of the "opposite" sex, often look out of place. they conceded.

This often condemns them to poverty and welfare rolls because they can't get jobs. Roger explained, "Transexuals can't get jobs that require physical examinations, and most jobs do. Housing is another major problem since landlords won't rent to 'strange' looking people."

Cause not certain

As the session ended, Dr. Wollman estimated that 4,000 transexuals live in New York, with 40,000 more across the nation. The cause is not certain, but he subscribes to the theory that transexuality can result when a fetus is overexposed to a female hormone causing sex organs to develop abnormally, and to be misdiagnosed by a doctor at birth.

Besides private and group psychological conuseling, treatment can include hormone injections and sex conversion therapy.

"Over 2000 people in the U.S. have had sex changes since Christine Jorgensen in 1952," he said. "I know of only two people who regretted the operation, and that was because they were not prepared psychologically."

Because the physical change is radical, he advocates at least two and a half years of therapy before the operation, which costs $5000 including post-operative care.

Although Wollman no longer does this surgery himself, he introduced Carmine, 38, a Puerto Rican redhead who arrived for her weekly hormone shot, as his most successful operation. In the privacy of his office, she removed her plaid pants and fur jacket to show her body was indeed female.

Her story revealed how she swapped the problems of being a transexual for those of being a single woman. "It was harder for me to tell my boy friend my age than to tell him I was physically a man. He stood by me though and even lent me money for the operation. But afterward, things were not the same, and he finally admitted he had found someone else.

(Editor's note: All names, except for Dr. Wollman's, have been changed.)

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Marijuana Causes Male Breast Growth

Good news for transsexuals!!! Now, for only the price of an ounce of grass-a paltry twenty dollars-you too can have luscious breasts just like thoese worn by Raquel Welch. It's a bit of an exaggeration - all right, a big exaggeration - but, according to two doctors from Cambridge Hospital in Boston, Excessive marijuana use has been linked to ~~gin~~ gynecomastia - the growth of breasts in men. The Bostons physicians have encountered five cases of this rare disorder in five pot - smoking men. According to hospital specialists, the condition cannot be linked to hormonal imbalance. Since the active chemical in marijuana, THC is remarkably similar to the female hormone, estrogen, doctors reason that THC could have the same effects on men as the female hormone.

THATS ALL: SEE YOU NEXT MONTH.

WILMA