



Metamorphosis

Vol.1, No.1

"The Newsletter Exclusively For F-M Men"

FEBRUARY 1982

Introducing...

METAMORPHOSIS: a bi-monthly newsletter, edited/published by Rupert Raj, exclusively for female-to-male transsexual MEN (and their families wives/girlfriends) as well as for professionals and para-professionals interested in female TSism.

The annual subscription rate is \$12 for six issues. The current introductory issue is complimentary (a one-time limited offer), so you pay only \$10 for the five remaining issues. Please make cheque or money order payable to: METAMORPHOSIS, P.O. Box 5963, Station A, Toronto, Ontario, Canada M5W 1P4.

Three ad inserts (business card-size or 40-word maximum) per year are permitted free-of-charge to paid-up subscribers. Non-subscriber rates are: full page: \$20, half-page: \$10, quarter-page: \$5, eighth page/business card-size: \$3. Personal ad rates (40-word maximum) are free to subscribers, \$3 for non-subscribers.

The initial issue has less content than (hopefully) future issues will have. Tentative features for upcoming issues will be: original articles on FTSism (written by myself and others); clinical research on FTSism (and TSism, in general) by sex researchers specializing in gender dysphoria; information on: hormones, surgery, passing, legal reform; book reviews; referrals; poetry; cartoons; jokes; letters to the editor; success stories/personal profiles/mini autobiographies on F-M men; anecdotes; personal and commercial advertisement.

Please submit your letters, questions, comments, suggestions, per-

(cont'd on p.8)

F-M TS DEFINED

A female-to-male transsexual (F-M) is a biological female who assumes at a very early age (1½-3 years) a 'core gender identity' that is masculine and identifies with the male gender-role (as represented by the father, older brother or other male model). "She" acts the rough and tumble tomboy throughout childhood often playing sports and games and fighting with boys the same age. "She" bitterly resents female pubescence (breast development, menstruation) as unbearably humiliating and frustratingly unfair inasmuch as "she" is "turned off" by boys (since "she" believes "she" should have been born one "herself") and is sexually "turned on" to girls. As an adult, "she" is classically diagnosed as suffering from "gender dysphoria syndrome" (transsexualism) and is generally recommended for hormonal and surgical sex reassignment to that of a male (after a two year "Real Life Test" of dressing, working and living full-time as a man). Postoperatively, he typically assumes the social gender-roles of man, boyfriend, husband, breadwinner and (sometimes even) father.

The ratio of females reassigning as male as compared to males changing sex to female is currently estimated by some sources as one (female) to two (males) and even as high as one to one by others.

The female transsexual has it better than "her" male counterpart as far as the endocrinological changes go (cessation of the menses, beard growth, deepened voice, heightened libido, muscular development, redistribution of bodily fat) but "she" is not as fortunate as the male transsexual as far as surgery

(cont'd on p.2)

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F-M TS DEFINED (cont'd)

goes (the breasts, uterus and ovaries can be surgically removed but the surgical construction of a penis is still experimental in nature, fraught with complications and subsequent surgical repair, very painful, time-consuming, prohibitively expensive and without guarantee as to its functional success). Therefore, there is a very great need for the production of a nonsurgical, functional, penile prosthesis!

Five Fine Fabulous Famous F-M Fellows (by alphabetical order)

STEVE DAIN, M.A., Therapist, Consultant, Sexologist, Box 684, Union City, CA 94587. Formerly, a female physical education teacher--fired because of the "sex-change" but was awarded compensation by the courts.

NICHOLAS C. GHOSH, B.A., Co-Founder of the FOUNDATION FOR THE ADVANCEMENT OF CANADIAN TRANSSEXUALS; Ex-Editor of GENDER REVIEW, Toronto, Ontario. Psychology major.

MARIO MARTINO, Ph.D., Director of the LABYRINTH FOUNDATION COUNSELING GENDER SERVICES, 122 Windsor Terrace, Yonkers, NY 10701. Co-author of EMERGENCE. Formerly a Catholic nun. Also has degrees in nursing and law.

JUDE PATTON, Marriage, Family and Child Therapist, COMPREHENSIVE HEALTH CARE CENTER, Laguna Hills, CA; Co-Director of RENAISSANCE: Gender Identity Services, Box 11341, Santa Ana, CA 92711; Editor of RENAISSANCE Newsletter; Member of the Founding Committee of the HARRY BENJAMIN INTERNATIONAL GENDER DYSPHORIA ASSOCIATION.

ERIK SCHINEGGER. Formerly a world champion female skier (Austrian). Made medical history by "changing sex" to male and fathering a baby!

I am sending a complimentary copy of METAMORPHOSIS to all of the above (except for Erik Schinegger) hoping that they will submit their photos and profiles for publication.

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A 'Short' Treatise

I used to have an inferiority complex about being short (I'm 5'4") especially in relation to a taller dancing partner or female companion. Most of you F-M men can empathize with my feelings of self-consciousness and statural inadequacy inasmuch as the probable height range of F-Ms would approximate 4'9" to 5'9". (I know two F-Ms who attain these two statures respectively).

In fact, many of you have probably echoed the sentiments of MASH's TV star 'Radar', upon purchasing a pair of elevator shoes: "You don't know what it's like being short--always the last one to be picked for the team, looking girls in the throat, people always making fun of me." However, it would be well worth our while to take note of co-star 'Hawkeye's reply to Radar's expression of frustration: "There's height that some people never see. Some people's minds are ten feet tall but their bodies don't know it." A truly eloquent, perceptive response! 'Right on!'

Notwithstanding Hawkeye's reassuring observation, however, there is one other problem--that of social prejudice against short men, particularly on the part of potential employers. This unfortunate fact was clearly stated in a recent news paper article, observing that--particularly in employment fields where one is working with the public (sales, reception, waiting, advertising) and also, in such specialized careers as: law enforcement, fire fighting, security, public transportation (requiring strict height criteria)--the job position would almost invariably go to the taller man.

Thus, in effect, the short--or shorter--male is frequently bypassed or rejected not because of any lack in his aptitude or skill for the job or in his personal qualifications, but rather, on account of his physical character("defect"):

shortness ("not-tall-enough-ness"). This form of discrimination in hiring is, sadly enough, widely prevalent--though not commonly known or publicized--and of course, almost impossible to prove in court.

It is hardly to be expected that the Ontario Human Rights Commission will, unsolicited, see fit to include "physical stature" as one more characteristic not to be discriminated against. Therefore, it is up to each and everyone of us who falls victim to such "short-sighted" prejudice to report it at once to the Ontario Human Rights Hotline: (416) 965-2216.

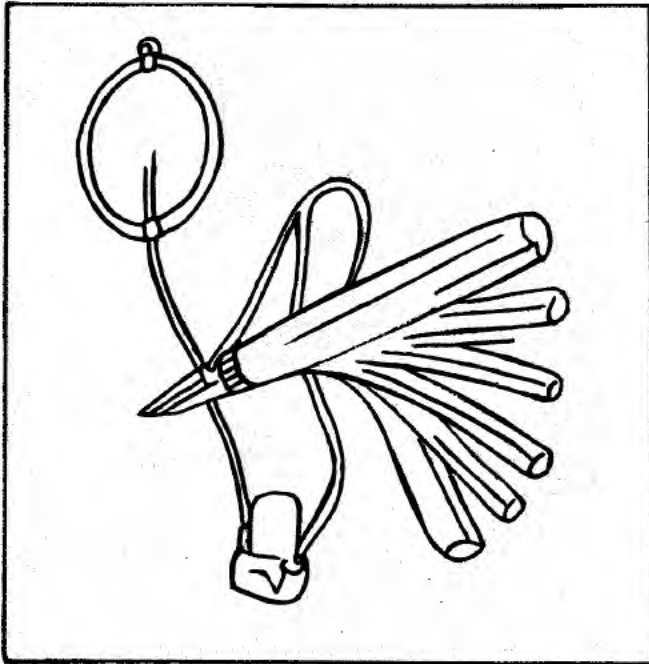
But, subjectively speaking, I think I have more or less resolved my "short complex" for even though all my three brothers are taller than me, I'm the hairiest of the lot, being the only one able to grow chest hair as well as a thick beard. So, I'm short--but hairy! And, as a buddy of mine once remarked, "You're small but mighty!" And this applies to all short men if they also possess: a big heart, a broad mind, a deep soul, a strong spirit, a great insight, and, most importantly, a wide consciousness.

In the final analysis, one's degree of consciousness (including one's ability to love) is the only real measure of stature.

--RUPERT RAJ



PHALLOPLASTY



drawn by Katherine Johnson from a photo by American Medical Systems

The above "Controllable Erection" (inflatable penile prosthesis) was developed in 1973 by American Medical Systems in collaboration with researchers at the University of Minnesota Medical School in Minneapolis and with Dr. F. Brantley

Scott at the Baylor College in Houston, Texas. It was primarily designed to restore erectile ability in impotent males but has also been used on a limited number of female-to-male transsexual men.

In a recent letter, Dr. Joseph Lamberti (Associate Professor of Psychiatry at the University of Missouri School of Medicine in Columbia) states that their surgeons have performed less than a dozen of these operations and that they don't know the success rate because they don't have completed follow-up as to the use of the phallus. There is no urinary function in the penis but it is capable of sexual intercourse. There are many complications as to healing and/or non-functioning of the hydraulic device. The cost is worked out between the parties involved.

Garrett [REDACTED] reported in No.6 of TRANSITION: A Confide Publication, October 1978, that an impotent male patient who had had the Scott prosthesis implanted, then flew across the U.S.A. and after performing sexual intercourse superbly, could not get his phallus down when he pressed the "deflator" button. So, hiding his erect penis underneath a raincoat, he flew back to the operating surgeon who discovered the problem to be a defective valve. So, beware--there are problems with this penile prosthesis!

Erectible Penis Possible



KANSAS CITY, Mo. — Surgeons at the University of Missouri have reported that they have performed the first female to male transsexual operation in which the patient was given a penis capable of erection. (in April 1978)

The doctors said the penis contains a tiny hydraulic system that permitted a fluid to be pumped from a reservoir in the abdomen into the penis to cause erection. The patient is sterile.

Drag Magazine, Vol.7, No.26, 1978, published by Lee's Mardi Gras Enterprises, Inc. Used by permission.

PENIS ENVY

There once was a man named Rick
who, alas, alack, had no 'prick'.
He wanted so badly a 'dick'
that he almost made himself sick.

He would wish for a 'cock' night
and day
so that he could use it for sex-play
(in intercourse during a lay)
And thus, be a man in every way.

Then, at last, he got a penis
or rather, a penile prosthesis.
Oh, how he loved his new phallus
for now he was one of the fellas.



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City _____ State _____ Zip _____

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InterBank Exp. Date

HOW ARE YOUR HORMONES?

Fine, thanks.
Hormones — contrary to popular belief — are little naked creatures who turn up in the darndest places.

The cartoon critters used to creep into the corners of Sun comic strips like The Rimmer and Fuddy and Lardette. Sometimes the pudgy little people would decorate newspaper ads for record stores.

They've haunted artist Karl Mueller's life, both as a cartoonist and ad agency art director. He's now at Hopwood Advertising where they're making new commercials for Leon's Furniture Stores (thank goodness!).

But Mueller's hormones have finally taken over completely: Out in a few weeks comes *Living in Hormony*, a new paperback of the most peculiar hormonal activities.

There's the annual Smurf Hunt, where hormones on horseback chase and shoot a winsome little blue troll.

Or the Bombing of Pearl Hormone, a massive tableau of hormones bombing, sinking, buzzing and blowing up a charming Disney-esque landscape.

Or Hormone Hefner (all HH's companions have bunny ears and big bazoobies). Or Atilla the Hormone (an odd balloon-like barbarian).

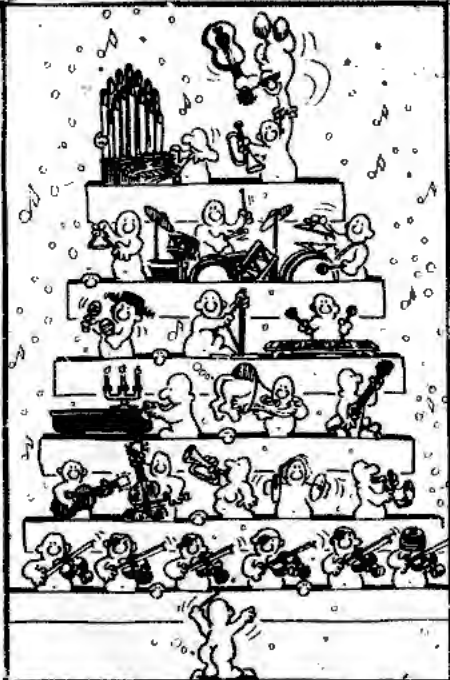
Like all the best silly things, by the fourth or fifth awful hormonal pun you find yourself giggling and feeling very foolish indeed. And just look what the little figures are doing!

Some hot young hype artist asks on *Living in Hormony's* back cover:

"Folks often ask if Mueller is in an altered state when he draws hormones, or if readers would find it helpful to attain a similar altitude? The answer to both questions is no. Or yes. Or maybe. Just like life."

Uh huh. Being crazy helps.

The Best Sellers paperback should be in bookstores in December.



KARL Mueller's Philhormonic Orchestra

by Gary Dunford, Page Six, THE TORONTO SUN, 333 King Street East, Toronto, Ontario, Nov. 27, 1981.
Used by permission. LIVING IN HORMONY, BestSellers, 17 Queen Street East, Suite 439, Toronto, Ont.

F-M MEN AND LESBIANS

Are female-to-male transsexual men identical or similar to lesbian women? No, they are not! In fact, these two classes of people are miles apart insofar as the former concerns gender identity and the latter sexual orientation. The sole factor common to the two groups is the sexual attraction toward women.

Julie [REDACTED], a lesbian peer counselor clarifies the situation succinctly: "A lesbian is a woman who loves women. She is a totally woman-oriented woman who loves her own gender, who loves her own body as she loves the bodies of other women. The woman who wishes to be a man is a female-to-male transsexual. There really are no similarities and there is very little overlapping between the two phenomena. To the lesbian, femaleness is the essence and the only reality--in life." (EMERGENCE, Mario Martino, New York Crown Publishers, 1977, p. 245-6).

In direct contrast to this last statement is Dr. Richard Green's clinical observation that F-M TSs "do feel that they are essentially male, wish to become male in the eyes of society, and seek medical help." (SEXUAL IDENTITY CONFLICT IN CHILDREN AND ADULTS, New York: Basic Books, 1974, p. 102).

However, Green goes on to say that because of "the technical limitations inherent in surgical procedures designed to metamorphose females into males (the surgical construction of a penis) fewer females will seek a surgical solution." (Idem)

Notwithstanding this obstacle of obtaining a functional phallus, the F-M man always acts the male aggressor in sexual relations with his female partner (who is generally heterosexual). He may employ a dildo or vibrator to penetrate his lover's vagina or orally or digitally manipulate her clitoris in order to produce orgasm. Often, the penis-less F-M man will not permit his wife or girlfriend to touch his genitals. Those who do allow their female mates to stroke the (hormonally-

enlarged) clitoris do so on the mutual assumption that this is a "mini-penis" or "little phallus".

Mario Martino, Ph.D. (an F-M TS man with a penis) has this to say about the matter: "I am often asked whether, if lesbianism had been as publicly accepted in my youth as it is today, I would have continued my quest for sex reassignment. Yes. No qualifications. Unlike the lesbain, I did not want to be a woman and felt I should never have been one, that I could be content only in the male gender. The lesbians we know have no wish to change their sex. They want only to be women, and the idea of changing anything that may interfere with their woman-to-woman relationship is unthinkable to them. This is in complete contrast to my feelings: I have always wanted, will always want, only the male-to-female relationship" (EMERGENCE, 246).

Dr. Martino hits the nail on the head: "I think transsexuality is in the heterosexual spectrum of human sexuality....The transsexual and lover or spouse fondle and caress each other's bodies--doing all the arousing, loving, explorative physical things that humans have always done. Limited by their vanities and vulnerabilities, by their fantasies, their depth of trust in the mate, transsexuals have free or inhibited sex. They make strong or weak love. It is a matter of individuality and preference. And sexual activities will always differ between partners, whether heterosexual, homosexual, transsexual. Because my kind of transsexual has gone through sex-change surgery--and because his partner is female--these couples think of their relationships as heterosexual." (Idem).

Dr. Ira Pauly states: "...female transsexuals have...an attraction for other females. Seeing themselves as men, they consider these relationships heterosexual." (PROCEEDINGS OF THE SECOND INTERDISCIPLINARY SYMPOSIUM ON GENDER DYSPHORIA SYNDROME, Donald Laub & Patrick Gandy, Stanford University Medical Center, Stanford, California, 1973, p. 51).

--RUPERT RAJ

INTRODUCING... (cont'd from p.1)

sonal anecdotes, articles, poetry, cartoons, jokes, book reviews, ads, research reprints, news, information, referrals, etc. And also, your success stories/personal profiles/mini-auto-biographies (photo optional) for publication in the newsletter in order to demonstrate to professionals that F-M MEN are, for the most part, highly intelligent/well-educated, emotionally stable, financially successful, socially accepted, self-fulfilled, happy (often, family) men, who contribute to society and are respectable, upstanding members of the community.

Please help to improve the largely negative image of transsexuals that the public and many professionals have of us. Come on and do your part to set the story straight by telling "how it really is". So, please, let's hear from each and everyone of you--and from your girl friends/wives, family members.

Remember, this is your newsletter, the sole publication that caters exclusively to F-M MEN, their 'significant others', and to professionals conducting research on the female gender dysphoria syndrome.

I am eagerly awaiting the support and participation of each and every one of you. Please subscribe today (and pass the word along to others who may also be interested). Your subscriptions and your submissions are both desperately needed in order to make this newsletter a success. So, don't let me down, my 'soul brothers' as I'm counting on you! Keep the faith and be of good cheer!

--RUPERT RAJ, EDITOR

Next Issue: "WHAT IS A MAN?"
(April) "F-Ms AND FEMALE LOVERS"
"FORUM", "BOOK NOOK"
"LETTERS TO THE EDITOR"
"POETRY", "CARTOONS"
"F-M PROFILE", ETC.

Don't miss it!

CANADIAN
GAY ARCHIVES

* * * * *
* GENDER CODE by Rupert Raj *
* * * * *
* F-Ms: *
* * * * *
* We are MEN, not boys! *
* We should be gallant gentlemen *
* not obnoxious boors. *
* We will act like SUPER-MEN *
* not as "diesel dykes". *
* * * * *
* M-Fs: *
* * * * *
* We are WOMEN, not girls! *
* We should be lovely ladies *
* not sleazy sluts. *
* We will act as WONDER-WOMEN *
* not as "drag queens". *
* * * * *
* TSs: *
* * * * *
* We are HUMANS, not animals! *
* We should be brothers & sisters *
* not sexist rivals. *
* We will act as GOOD NEIGHBOURS *
* not as feuding enemies. *
* * * * *

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("IT TAKES ONE TO KNOW ONE")



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*BI-MONTHLY NEWSLETTER FOR F-Ms &
PROFESSIONALS: \$12 for 6 issues

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Artist: Katherine A. Johnson