

Monthly newsletter of The Adam Society, a non-profit support group for female-to-male crossdressers, transsexuals and their significant others.

Greetings Brothers,

Fall is here and as temperatures cool down, now is the time to stir up our energies and take action. Do what? Go to a football game or soccer game (take a friend along); join a barbershop quartet; write a letter (to your parents, to a gender clinic or support group, to someone just coming out and who needs some support, to Adam's Word); volunteer an hour to a good cause (Senior Citizens, etc); attend an F2M Social; take a new step and be your best. Dan Riley, Co-Founder

*** MEETING NEWS ***

The Adam Society holds monthly meetings in a safe supportive atmosphere for the purpose of providing peer support, friendship and opportunities for networking. Newsletters from other support groups are available after meetings for reading, etc. Adam Society has also received some literature from a few gender clinics (in Detroit MI, Norfolk VA, and Hartford CT). Most clinics will send basic information out upon request. Anyone interested in requesting info for our group's benefit, PLEASE do so.

UPCOMING MEETINGS: TUESDAY 7PM

NOV 21 (need a program)

DEC 12 (need a program)

Sat Nov 4 at 12 Noon; Potluck & 'Maleing' Party. Call Dan for details; eves. (617) 894-8340.

? Is the book, "Information for the Female-to-Male" worth buying? Rupert Raj-Gauthier, F-M TS specialist, states: "This book is highly recommended not only to the female crossdresser and transsexual, but also to the gender clinician." Review on PG 3.

INFORMATION FOR
THE FEMALE-TO-MALE

Crossdresser and Transsexual

The first handbook to address the needs of the female-to-male

- Crossdressing
- Passing as a Man
- Male Hormones
- Sex Reassignment
- Dozens of True Stories of Females Who Crossed Over



2nd edition
48 pages, illus.

Send \$6 to:
L. Sullivan, 1827 Haight St. #164
San Francisco, Calif. 94117

FEMALE TO MALE TRANSEXUAL GROUP: FTM, 1827 Haight Street #164, San Francisco, CA 94117;

Nature: Support group for female-to-male crossdressers and transsexuals and their "significant others" only.

Services: Get-togethers held, and FTM Newsletter published quarterly.

****THE BOOKIE**** (Books/audio tapes/VCR tapes) AND [places to get them]

Rudolf M. Dekker and Lotte C. van de Pol, The TRADITION of FEMALE TRANSVESTISM in EARLY MODERN EUROPE (St. Martin's Press, New York) 1989. [\$29.95: Glad Day Books, address listed below]

GENDER DYSPHORIA: Development, Research, Management, Edited by Betty W. Steiner, (Plenum Press, New York) 1985. [\$55 + \$2.50 shipping and handling: IFGE, address listed below]

Holly Devor, GENDER BLENDING, Confronting the Limits of Duality (Indiana University Press) 1989. [\$13.00 + \$1.50 shipping and handling, paperback (clothbound also available): IFGE, address listed below]

Kim Stuart, THE UNINVITED DILEMMA; A Question of Gender. [\$15.00 in US funds: Gender Consultants, address listed below]

Peter Stirling, So Different: An extraordinary autobiography. [Simon and Schuster, 1989, \$14.95, 256 pages, paperback]

Carol Fleming's cassette "The Sound of Your Voice". [Book and record stores; or write Audio Partners, P.O. Box 998, Burlingame, CA 94011]

Audio cassette: "B-1, Female-to-Male". [\$14.95 + \$1.50 shipping and handling: Tomeye Kelley, 8972 Oberon Rd, Arvada, CO 80004]

Sources for other Books:

XX Club, POB 80690, Forest Park Station, Springfield, MA 01138.

Gender Consultants, Box 1224, Station A, Toronto, Ontario, Canada M5W 1G7.

IFGE (International Foundation for Gender Education), P.O. Box 367, Wayland, MA 01778.

Outreach Book Service LTD, 126 Wester Av, #222, August, ME 04330.

DO YOU KNOW OF OTHER SOURCES? PLEASE, SEND THEM IN.

BY APPOINTMENT ONLY

(212) 243-1224

C. P. SCHOOLER, M. D.

GENERAL PRACTITIONER

OFFICE HOURS

MON. WED. FRI., SAT. 8:30-2:30
TUE. & THUR. 3-7

425 W. 23 ST.
N. Y., N. Y. 10011

The XX Club's "F-M SUPPORT
"GROUP" will meet on the
2nd and 4th Saturdays of
month at Christ Church
Cathedral, 45 Church Street,
Hartford, CT, 2 PM sharp. For
more information call Steve:
413-737-5032.

New Book: Gender Blending (by
Holly Devor). Examines the
social construction of gender;
its implications for the lives
of gender blending females.

Book Review by Rupert Raj-Gauthier

INFORMATION FOR THE FEMALE-TO-MALE CROSSDRESS AND TRANSSEXUAL
(2nd Ed), Lou Sullivan, 1985, (\$6)

The first handbook ever to address the needs of the female-to-male transsexual and crossdresser, Lou Sullivan has done a remarkable job within the 48 pages of his slick little book. This book is chock full of practical hints on passing as a man and contains information on male hormones and sexreassignment surgery. However, what most interests this reviewer about this well put-together compendium is the author's unique collection of true stories of women who have lived and worked, and in some cases, even married, as men - many undetected until after their deaths - during the 18th, 19th, and early 20th centuries.

The book also examines such topics as the difference between sexual identity and gender role preference, feelings, possible biological and psychological causes, and psychological treatment. In addition, sections on family relationships, the transsexual's sex life, contacts, referrals, and a bibliography of readings and films are included. There is also a two-page spread illustrating the parallels between evolving male and female urogenital anatomy.

Some of the females Sullivan tells us about were probably just women who adopted male attire and mannerisms in order to infiltrate what was then "a man's world", so as to give expression to their androgynous inclinations. These would number such people as: Deborah Sampson (1760-1827), a

Continental soldier who served 1 1/2 years as Robert Shurtlieff in the American Revolutionary War, and won an honorable discharge after discovery in a hospital; Dr. Mary Edwards Walker (1832-1919), a surgeon in the Union Army who was awarded the Congressional Medal of Honor for meritorious service, and who, though she never tried to pass as a man, regularly wore male clothing and a top hat during the last 52 years of her life; and, Mrs. Lillian Arkel-Smith, who lived 6 years as Colonel Sir Victor Barker, serving in the British Army, and marrying a woman, and who was sentenced to prison in 1929 for making a false entry in the marriage register.

Other women mentioned in this book were possibly, judging by modern-day standards, female-to-male transsexuals who had to pass without the benefit of androgens and sexreassignment surgery. Characters such as the following would fit this category: Charley Wilson (born Catherine Coombes in England in 2834), who lived and worked as a man for over 40 years, and lived with his niece for 7 years as man and wife until she died, who at 63 went into a poorhouse where "his" true sex was detected; Dr. Alan L. Hart (born Alberta Lucille Hart in 1892), who, at 27, began living permanently as a man in Portland, and who wrote a semiautobiographical novel, The Undaunted, published in 1936, and other books with gay male themes; and Jack Bee Garland, who was arrested in 1897 in Stockton, California for masquerading in men's clothes, and who was made an honorary member of the Naomi Bachelor Club, and who, after spending the last 40 years of "his" life as a man, died in San Francisco General Hospital in 1936.

SPECIAL THANKS go to Lou Sullivan for his continuing support of The Adam Society; to B.W. for his love and support and poetry (which we will see more of in the future); to John A. (F2M organizer) for his support; to Rupert Raj-Gauthier; and Dr. Chris Schooler.

For those in the New York area, The Gathering is a non-profit, non-sexual support group for transsexuals. For more info write to: The Gathering, P.O. Box 29, New York, NY 10021.

IFGE announces a change in the dates of their 4th Annual "Coming Together" Convention. New dates are March 27 - April 1, 1990. The Convention will be held at the Crowne Plaza in Natick (near Boston). An F-M program is being planned. If you are interested in participating in the Convention please contact Dan Riley.

Do you know of referrals (doctors, therapists, gender clinics, surgeons, etc.) that will help others find help and support? Please share the name(s) of any professional who has helped you (or who has not helped you). Send in referrals to Adam's Word. The names will not all be published, yet they will be available on request. We all will benefit.

B.W. writes "Since my last letter to you, my life has been a little crazy." He indicates his wife's history of childhood sexual abuse coupled with the reality of the masculinizing effects of his forthcoming hormone therapy as stress in their lives. He shared several touching poems.

CLGA
BOX 639, STATION 445
TORONTO, ONTARIO
CANADA M5H 1A7
(B.W. 10/16/87)

GUILTY AS CHARGED

I WENT TO PRISON THE DAY I WAS BORN

THAT WAS AUGUST 9th, 1964

IT'S BEEN 23 YEARS-LIFE WITHOUT PAROLE

FOR POSSESSION OF A WOMAN'S BODY BY A MAN'S SOUL

I'VE PLEADED WITH GOD TO GRANT ME A PARDON

FOR BEING A MAN WHO CAN'T GET A HARD-ON

IT WASN'T ME WHO COMMITTED THE CRIME

I WAS JUST IN THE WRONG BODY AT THE WRONG TIME

SO HE IMPRISONED MY SOUL IN THIS BODY AT BIRTH

YET ALLOWED ME MY FREEDOM TO ROAM THIS EARTH

HE SAID UPON DEATH, HEAVEN WOULD BE MINE

THEN HE PUT ME IN HELL UNTIL THAT TIME

I'D MUCH RATHER BE A MAN BEHIND BARS

THAN SENTENCED TO LIFE IN THIS BODY OF "OURS"

SO I SUFFER EACH DAY AND PRAY DEATH WILL COME QUICK

WHO EVER THOUGHT HE COULD MAKE THOSE CHARGES STICK?

HE'S HAD THE LAST LAUGH-AND HE ALWAYS WILL

GUILTY AS CHARGED-THE FATE OF A TRANSSEXUAL