

OFF THE COUCH!

Dear Dr. Hi,

Please help! I'm male 2 yrs old and desperately confused. I've been seeing this girl whom I'm very fond of and am falling in love with her gay next door neighbor (who lives with another guy). I think I've had strong gay feelings for a couple of years but am afraid to face them. I want to be with another guy but fear being found out. I really don't want the girl or anyone else to find out. But I don't know what to do. Please print this and any advice you can give. I will be most grateful. Thank you. Peace.

Anonymous

Dear A.

Congratulations. The feelings you express are constructive, sensitive human feelings. They are also very common and universal. You have good, positive feelings about another human being. That is praiseworthy in my book!

Maybe you can discuss them in confidence with this fellow you speak about. If you feel shy or awkward about doing that, write me again and let me know a about yourself and what kind of

guy this other fellow is. Then, I will give you some concrete points to follow. I'll be glad to then suggest several plans of action, okay? Again, I want you to feel proud of attempting to be honest with your feelings. My Best Wishes, Doc Hi.

Dear Dr. Hi,

I am a 30-yr-old Jewish male with a college education. Maybe that will tell you something about my personality.

I don't know what my problem is, maybe guilt or something. But in essence what I am is a pervert. I masturbate 2 or 3 times daily, I enjoy sex with any type of woman, and I even enjoy sex with men. Mostly transsexuals and transvestites but even feminine looking men or boys. All this has been going on while I was growing up, while I was married (my wife left me), and now too. Only now I don't know what to do anymore.

Well, with such a wide and varied sex life, what's the problem? The problem is that I'm not having any fun, I don't have sex with these people, I only want to. They all turn me down. Young and be-

autiful women as well as old, fat, homely ones turn me down. So do transsexuals and transvestites, who are just as bad as women. And those that do want me, I have no desire for. While I was married and now too, I enjoy sex with prostitutes more than with my wife. With my wife, sex was always a chore. But even prostitutes turn me down. And I'm not bad looking. I think I'm even good looking.

So I usually masturbate 2 or 3 times a day. Only it's not what I want. It's the best sex I have but it's not enough. It isn't a true, real orgasm, even though I always manage to ejaculate.

All this is not a new problem with me. It has been going on all my life. And so the obvious solution: Counselling!

I saw my first psychiatrist when I was 5 years old, and I've been hooked ever since. Only it does not work anymore. At best it only worked for a little while, and then it was back to the same old shit again.

All my life I saw psychiatrists and psychologists, social workers and counsellors. My parents sent

me and until I was 18 and left home I saw somebody almost all the time. Then when I was 25 or something, I spent 18 months with another one. I thought it was helping but it did not last. Then I spent 3 years at Synanon playing games (I never used though) and earlier this year I tried seeing a psychologist again.

Only the trouble is now that I have gotten to know too much. I had all the answers. Nothing the psychologist said made sense. It was all so logical, so simple, so plain and easy, just like black and white. It bored me to sit with him. Once I fell s him. Once I fell asleep. After two months I cut the guy loose, it was a waste of money.

I have read about sexual perversion and I know I should not feel guilty about masturbating. I also know I should not resist a counsellor, I know there is nothing wrong with wanting transsexuals or transvestites or whatever, I know that it is childish to want a prostitute instead of one's wife, I even know it's not fair to a wife for the husband to masturbate...and I could go on. So be-

for you recommend counselling know that I've been there before and it did no good. And I earn too much money to qualify for some program for the needy, but not enough to pay for it on my own.

And so I don't know what to do. My wife has left me, I have no friends, and I'm a miserable bastard. I feel sure that a decent sex life would make me feel better, but it's just a dream, and I don't know where to turn anymore. Suicide I don't have the guts for, but still I manage to function, but only because I'm my own boss. What should I do?????

Name withheld without request.

My Good Fellow,

Don't worry about me suggesting that you seek therapy. You going for psychotherapy at this point I consider pure nonsense. You must know by now that you are psychologically a profoundly hostile human being who gets his jollies from criticism, bitching, and complaining. You would boycott any therapy whicy would take your freedom away to be angry

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at others as well as yourself.

I think that this whole issue about your sexlife is pure bullshit. I don't agree that a "decent sexlife" would make you feel better. You feel that you are far above others and this kind of

grandoise superiority will simply not allow you to "lower" yourself to the level of us commoners. Even calling yourself a poor "pervert" does not prevent you from downgrading everybody else (prostitutes, transsexuals, psychiatrists, etc.).

Why you feel so much superior to others I do not know. That kind of knowledge would be purely academic at this point since I do not think that any amount of diagnostic insight into your own behavior would offset the reinforcement power of your superior-

ity trip.

So the only decent advice I can give is to stop your "bitching behavior." If this means giving up your "non-perversions" so be it. In my judgement, the downgrading bitching you are doing is much more damaging to any potential decent interaction with other members of the human race than the pieces of sexual behavior you described. You need to get your ass off your own couch, man!

Dr. Hi is a specialist in the

study of normal and abnormal human behavior. He is on the staff of a psychiatric service of a large Bay Area hospital.

The purpose of this column is to help BARB readers cope with personal psychological problems involving a clash between their subculture or institutions and society-at-large.

For personal answers enclose self-addressed, stamped envelope. Direct inquiries to Doctor Hi in care of BARB, P.O. Box 1247, Berkeley, CA 94701.